

2018 Jack Long Invitational Results

FLAC, Hillhouse HS, New Haven, CT

EZ Meet Services & Knight Timing

12/27/18 - 12/27/18

12/30/2018

TEAM SUMMARY

AVON	SEED	PRELIM	FINAL	IMPROVEMENT
ALAMAR, MAY				
GIRLS 600m Dash	2:10.84		2:16.19	
GIRLS 1000m Run	4:02.22		3:56.07	6.15
				6.15 Improve. seconds
BEAUDIN, TUCKER				
BOYS 800m Run	2:25.00		2:25.78	
BOYS 1600m Run	5:20.00		5:32.75	
BLAHA, MIKAYLA				
GIRLS 600m Dash	2:16.30		2:19.54	
GIRLS 800m Run	2:55.00		3:13.94	
BOOS, DEREK				
BOYS 55m Dash	8.08		7.89	.19
BOYS 55m Hurdles	10.85		10.67	.18
				.18 Improve. seconds
BUTH, EMMA				
GIRLS 1600m Run	6:15.74		6:18.97	
GIRLS 3200m Run	13:25.00		13:22.11	2.89
				2.89 Improve. seconds
CALMA, AVA				
GIRLS 55m Dash	8.10		8.24	
GIRLS 200m Dash	29.50		29.84	
CARVALHO, DANIEL				
BOYS 1600m Run	4:58.64		5:07.99	
CENTOFANTI, MICHALINA				
GIRLS 600m Dash	2:23.40		2:27.12	
GIRLS 800m Run	3:00.00		3:34.90	
DOUGELA, KAITLYN				
GIRLS 55m Hurdles	12.95		11.99	.96
GIRLS Long Jump	13'02.00"		12'09.00"	
GRADY, JACK				
BOYS 55m Dash	7.90		7.69	.21
BOYS Long Jump	18'00.50"		17'03.00"	
HINRICHS, TYLER				
BOYS 300m Dash	40.60		40.52	.08
BOYS 600m Dash	1:31.10		1:30.32	.78
				.78 Improve. seconds
ITH, CAITLIN				
GIRLS 55m Dash	8.63		SCR	
GIRLS 200m Dash	30.30		SCR	
KO, THOMAS				
BOYS 55m Dash	6.90		7.12	
BOYS 55m Hurdles	9.61		9.12	.49
				.49 Improve. seconds
LANCASTER, SARAH				
GIRLS 1600m Run	5:47.13		SCR	

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MARTIN, JACK				
BOYS 1600m Run	4:45.72		4:41.70	4.02
BOYS 3200m Run	10:24.40		10:34.43	4.02 Improve. seconds
NUNZIATA, MARK				
BOYS 1000m Run	2:54.00		2:52.40	1.60
BOYS 1600m Run	4:58.89		5:02.07	1.60 Improve. seconds
PATCHIGOLLA, HARI				
BOYS 300m Dash	41.31		40.39	.92
BOYS 600m Dash	1:32.57		1:30.91	1.66
				1.66 Improve. seconds
PIAO, MADISON				
BOYS 55m Dash	7.98		8.03	
BOYS 300m Dash	44.58		43.67	.91
				.91 Improve. seconds
PURCELL, ALEC				
BOYS 600m Dash	1:40.00		1:39.75	.25
BOYS 1000m Run	2:55.00		2:58.33	
RAHA, MAX				
BOYS 55m Dash	6.90		7.17	
BOYS Long Jump	19'02.50"		19'01.50"	
RAJAMANICKAM, ANISH				
BOYS Triple Jump	NM		40'03.00"	
BOYS 200m Dash	23.40		24.51	
BOYS 800m Run	2:04.00		2:09.06	
RICHMOND, GABRIELLE				
GIRLS 1000m Run	3:34.83		3:28.89	5.94
GIRLS 1600m Run	6:04.26		5:58.54	5.72
				11.66 Improve. seconds
RICHMOND, RHIANNON				
GIRLS 1000m Run	3:11.45		3:12.09	
GIRLS 1600m Run	5:13.24		5:31.07	
UMANSKY, MITCHELL				
BOYS 800m Run	2:45.00		SCR	
BOYS 1600m Run	6:11.19		6:02.23	8.96
				8.96 Improve. seconds
WANG, DANIEL				
BOYS 55m Dash	7.70		8.08	
BOYS 200m Dash	26.70		29.66	
WORTH, WREN				
GIRLS 55m Hurdles	11.12		10.48	.64
GIRLS Long Jump	13'11.50"		14'02.00"	'02.50"
YOUNG, BRANDON				
BOYS 800m Run	2:28.00		2:34.14	
BOYS 1000m Run	3:33.89		3:31.54	2.35
				2.35 Improve. seconds

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AVON	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	44	4	0	20	45.45%	44.90	1.02	2.25
INDIV FLD EVENTS	5		0	1	20%			
RELAY EVENTS	0	0	0	0	0%			

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BACON ACADEMY	SEED	PRELIM	FINAL	IMPROVEMENT
ADAMS, PEYTON				
BOYS 300m Dash	46.67		42.69	3.98
BOYS Long Jump	17'02.00"		16'10.50"	
BACON ACADEMY, A				
BOYS 1600m Sprint Medley RELAY	4:15.22		SCR	
GIRLS 1600m Sprint Medley RELAY	4:52.00		5:03.46	
CHESNES, THEODORE				
BOYS 600m Dash	1:48.76		1:46.89	1.87
BOYS Shot Put	29'00.00"		23'04.00"	
CROWELL, BELLA				
GIRLS 1600m Run	6:21.59		SCR	
DAVIDS, CAYLIN				
GIRLS 1000m Run	3:50.00		3:44.08	5.92
GIRLS 1600m Run	6:40.00		SCR	
				5.92 Improve. seconds
DELMASTRO, REED				
BOYS 200m Dash	29.71		SCR	
DOWD, WILL				
BOYS 300m Dash	47.77		44.73	3.04
				3.04 Improve. seconds
EMMA, MALLET				
GIRLS 55m Dash	8.74		8.95	
GIRLS 200m Dash	31.19		32.35	
GREENE, JAMIE				
GIRLS 300m Dash	57.13		57.13	
GIRLS Long Jump	12'02.00"		13'01.00"	'11.00"
HAGEMAN, ANNE				
GIRLS 1600m Run	5:39.60		6:26.32	
JANUS, ANDREW				
BOYS 1600m Run	4:45.02		4:44.28	.74
				.74 Improve. seconds
KARDYS, SCOTT				
BOYS 55m Hurdles	10.31		10.36	
BOYS Long Jump	14'05.00"		14'07.00"	'02.00"
KONON, RYAN				
BOYS 1000m Run	2:59.47		3:00.20	
KRYSTOFIK, VERONICA				
GIRLS 600m Dash	2:13.81		SCR	
GIRLS 1000m Run	4:01.72		SCR	
LALIBERTE, MATTHEW				
BOYS 800m Run	2:06.55		2:06.27	.28
				.28 Improve. seconds
LORENZEN, ASTRID				
GIRLS 1000m Run	3:40.78		3:40.39	.39
				.39 Improve. seconds
MALLOY, JORDAN				
GIRLS 800m Run	2:40.00		SCR	

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BACON ACADEMY	SEED	PRELIM	FINAL	IMPROVEMENT
MANCINI, NICHOLAS				
BOYS 55m Dash	8.13		SCR	
BOYS 200m Dash	29.55		30.08	
MCLLDUFF, JACK				
BOYS 600m Dash	1:50.25		SCR	
BOYS Shot Put	27'00.00"		SCR	
MOCKSFIELD, NOAH				
BOYS Shot Put	38'05.00"		SCR	
MOORES, ETHAN				
BOYS 1000m Run	3:00.57		3:00.18	.39 .39 Improve. seconds
MYERS, JULES				
GIRLS 800m Run	2:54.67		SCR	
GIRLS 1600m Run	6:50.10		SCR	
NONIEWICZ, BRADY				
BOYS 55m Dash	7.20		7.41	
BOYS 300m Dash	39.12		39.14	
PRAISNER, SARAH				
GIRLS 800m Run	2:55.00		2:51.32	3.68
GIRLS 1600m Run	6:02.00		6:13.94	3.68 Improve. seconds
REYNOLDS, LUKE				
BOYS 200m Dash	31.16		28.74	2.42 2.42 Improve. seconds
RICCI, DOMINICK				
BOYS 55m Dash	8.48		SCR	
ROLON-ISSA, NATALIE				
GIRLS 55m Dash	9.20		SCR	
GIRLS Shot Put	36'07.50"		39'01.00"	2'05.50"
ROWLINS, CATHERINE				
GIRLS 200m Dash	27.89		29.72	
SAVAGE, JESSICA				
GIRLS 55m Hurdles	9.88		10.14	
SMITH, ANDREW				
BOYS 1600m Run	5:50.13		SCR	
TRUSZ, JONATHAN				
BOYS 200m Dash	28.32		28.10	.22 .22 Improve. seconds
WHITE, CLEONDRA				
GIRLS 55m Dash	7.87		7.77	.10 .10 Improve. seconds
WILSON, JASMINE				
GIRLS 800m Run	2:42.76		SCR	
GIRLS 1000m Run	3:48.93		SCR	

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BACON ACADEMY	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	24	15	0	12	50.00%	23.03	.96	1.92
INDIV FLD EVENTS	5		0	3	60%			
RELAY EVENTS	1	1	0	0	0%			

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CANTON	SEED	PRELIM	FINAL	IMPROVEMENT
BABBITT, MEG				
GIRLS 600m Dash	2:20.70		2:30.52	
GIRLS Shot Put	24'01.50"		22'04.00"	
BAILEY, KAYLIA				
GIRLS 55m Dash	8.13		8.30	
GIRLS 300m Dash	48.46		48.11	.35
				.35 Improve. seconds
BALAVENDER, MAEVE				
GIRLS 600m Dash	1:53.00		1:52.82	.18
				.18 Improve. seconds
BARTON, MATT				
BOYS 1600m Run	5:10.00		5:25.63	
BONETTI, DAVID				
BOYS Shot Put	33'04.50"		31'08.50"	
CANTON, A				
BOYS 1600m Relay	4:12.00		4:17.41	
GIRLS 1600m Relay	4:39.00		4:38.17	.83
				.83 Improve. seconds
CAPUTO, JULIA				
GIRLS 1000m Run	3:28.00		3:30.14	
GIRLS 1600m Run	5:44.00		5:49.99	
CONFORTI, JUSTIN				
BOYS 800m Run	2:36.00		2:31.46	4.54
BOYS 1000m Run	3:33.60		SCR	
				4.54 Improve. seconds
FULLER, PETER				
BOYS High Jump	6'03.00"		6'00.00"	
BOYS Long Jump	19'10.00"		18'09.00"	
GALLANT, EMMA				
GIRLS 1000m Run	3:37.93		3:32.46	5.47
GIRLS 3200m Run	12:24.26		12:44.17	
				5.47 Improve. seconds
GIBBONS, MOLLY				
GIRLS 200m Dash	34.20		35.46	
GIRLS 600m Dash	2:17.60		2:17.31	.29
				.29 Improve. seconds
HUNT, LILA				
GIRLS 600m Dash	1:58.00		1:56.08	1.92
				1.92 Improve. seconds
LACLAIR, BRANDON				
BOYS Triple Jump	NM		40'02.50"	
BOYS Pole Vault	9'00.00"		8'06.00"	
BOYS Long Jump	19'06.50"		17'11.50"	
LASHGARI, CHASE				
BOYS 300m Dash	41.90		41.62	.28
BOYS 600m Dash	1:36.70		1:38.26	

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LAU, JULIA				
GIRLS 55m Dash	8.84		SCR	
GIRLS Shot Put	21'00.00"		22'03.00"	1'03.00"
MASON, NOAH				
BOYS Shot Put	28'06.50"		SCR	
MCCLAIN, THERESA				
GIRLS 55m Dash	8.96		8.77	.19
GIRLS 200m Dash	32.50		32.89	
MISCIKOSKI, SEAN				
BOYS 800m Run	2:35.94		2:33.72	2.22
BOYS 1600m Run	5:30.00		5:38.40	
				2.22 Improve. seconds
MITCHELL, CHELSEA				
GIRLS Triple Jump	NM		33'07.50"	
GIRLS 300m Dash	42.25		42.75	
GIRLS Long Jump	17'08.00"		16'09.00"	
MOWER, GABE				
BOYS 1000m Run	3:10.03		3:09.63	.40
BOYS 1600m Run	5:39.00		5:32.02	6.98
				7.38 Improve. seconds
NEELEY, ETHAN				
BOYS 1000m Run	3:22.52		3:18.98	3.54
BOYS 1600m Run	5:49.00		5:47.71	1.29
				4.83 Improve. seconds
NICKERSON, RYAN				
BOYS 600m Dash	1:41.00		1:41.70	
OBRZUT, ADAM				
BOYS Shot Put	34'06.50"		SCR	
OBRZUT, AIDAN				
BOYS 200m Dash	29.00		29.58	
BOYS 600m Dash	1:53.65		1:53.52	.13
				.13 Improve. seconds
OBRZUT, ANDREW				
BOYS 300m Dash	39.55		39.40	.15
BOYS 600m Dash	1:31.13		1:30.07	1.06
				1.06 Improve. seconds
O'DONNELL, LIAM				
BOYS 800m Run	2:34.00		2:33.73	.27
BOYS 1600m Run	5:52.00		5:51.61	.39
				.66 Improve. seconds
RICHARD, SEAN				
BOYS 1600m Run	5:10.00		5:16.32	
SHEPARD, BROOKE				
GIRLS 300m Dash	48.00		46.70	1.30
				1.30 Improve. seconds
SUTTON-HALL, MAYA				
GIRLS 300m Dash	45.65		DNS	

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CANTON		SEED	PRELIM	FINAL	IMPROVEMENT			
TAIWO, OLUWAFEMI								
BOYS 55m Dash		7.50		7.53				
BOYS 300m Dash		44.52		46.52				
THOMAS, KEITH								
BOYS 1600m Run		5:49.43		5:38.22	11.21			
					11.21 Improve. seconds			
WILHELM, KYLE								
BOYS 55m Dash		8.31		8.64				
BOYS 200m Dash		29.50		30.04				
WINKLER, HELENA								
GIRLS 1000m Run		3:23.71		3:23.78				
GIRLS 3200m Run		12:12.83		12:45.46				
CANTON			Percent	Total	Average Improvement			
	# Events	# SCR	# DQ	# Improve	Improvement	Improvement	Per Run...	Per Improved
INDIV TR EVENTS	40	2	0	20	50.00%	42.16	1.05	2.11
INDIV FLD EVENTS	10		0	1	10%			
RELAY EVENTS	2	0	0	1	50.00%	.83	.42	.83

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CONARD	SEED	PRELIM	FINAL	IMPROVEMENT
BRAGA, MATTEO				
BOYS 600m Dash	1:37.59		SCR	
CONARD, A				
BOYS 1600m Relay	3:50.97		3:48.70	2.27
				2.27 Improve. seconds
CONARD, B				
BOYS 1600m Relay	4:15.00		4:22.37	
CRONIN, GRACE				
GIRLS Pole Vault	7'00.00"		SCR	
DALTON, JOHN				
BOYS 1600m Run	4:55.00		4:56.18	
DIRES, SOPHONIAS				
BOYS 1600m Run	4:47.69		4:42.62	5.07
				5.07 Improve. seconds
DYNOWSKI, DAVID				
BOYS 1600m Run	5:37.15		5:52.31	
FERRER, DANIEL				
BOYS 800m Run	2:50.00		2:45.70	4.30
				4.30 Improve. seconds
GOLDSTEIN, JUSTIN				
BOYS 600m Dash	1:45.00		SCR	
BOYS 800m Run	2:20.16		2:21.68	
ITTLESON, CLAIRE				
GIRLS Pole Vault	9'00.00"		9'00.00"	
LAROSA, JEFF				
BOYS Long Jump	NM		18'03.00"	
BOYS High Jump	5'08.00"		5'08.00"	
MOZONSKI, JOHN				
BOYS High Jump	5'00.00"		5'00.00"	
OLECHNA, CASSIDY				
GIRLS Pole Vault	7'00.00"		SCR	
REMIGINO, TYLER				
BOYS 1600m Run	4:40.00		4:33.48	6.52
				6.52 Improve. seconds
ROACH, BENJAMIN				
BOYS 1000m Run	3:10.00		3:07.86	2.14
				2.14 Improve. seconds
ROLLER, RYAN				
BOYS High Jump	5'02.00"		4'10.00"	
RYAN, MAX				
BOYS High Jump	5'08.00"		5'04.00"	
BOYS Long Jump	16'04.75"		12'10.00"	
SAGERS, IAN				
BOYS 1000m Run	2:47.00		2:48.68	
SAMPT, MATTHEW				
BOYS 1000m Run	3:05.00		3:01.38	3.62
				3.62 Improve. seconds

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CONARD		SEED	PRELIM	FINAL	IMPROVEMENT				
SHERRY, CALLUM									
BOYS 1000m Run		2:50.00		2:46.33	3.67				
					3.67 Improve. seconds				
SIRMAN, JOSHUA									
BOYS Pole Vault		8'06.00"		SCR					
WRIGHT, EMMA									
GIRLS Pole Vault		6'00.00"		SCR					
CONARD		# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
								Per Run...	Per Improved
INDIV TR EVENTS		10	2	0	6	60.00%	25.32	2.53	4.22
INDIV FLD EVENTS		7		0	0	0%			
RELAY EVENTS		2	0	0	1	50.00%	2.27	1.14	2.27

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COVENTRY	SEED	PRELIM	FINAL	IMPROVEMENT
BUSKE, MADELINE				
GIRLS 200m Dash	33.14		32.72	.42
GIRLS 600m Dash	2:08.50		2:10.71	
				.42 Improve. seconds
CANNON, BENJAMIN				
BOYS 55m Dash	8.74		9.50	
BOYS Shot Put	25'10.00"		26'04.00"	'06.00"
COUGHLIN, JACOB				
BOYS 300m Dash	55.74		52.59	3.15
BOYS 1600m Run	6:51.32		6:03.08	48.24
				48.24 Improve. seconds
DUTTON, BROOKE				
GIRLS 55m Dash	10.14		10.15	
GIRLS Shot Put	26'06.00"		24'05.00"	
EATON, CADENCE				
GIRLS 200m Dash	29.64		30.41	
GIRLS 300m Dash	50.24		49.92	.32
				.32 Improve. seconds
FARNO, GLENN				
BOYS 55m Dash	8.18		8.05	.13
BOYS Shot Put	29'11.00"		28'08.00"	
FRESCHLIN, NIKOLAJ				
BOYS 55m Dash	7.24		7.02	.22
BOYS Long Jump	16'11.00"		17'10.00"	'11.00"
GILBERT, LOGAN				
BOYS 1600m Run	5:05.00		4:59.56	5.44
				5.44 Improve. seconds
KRAUSE, ALEX				
BOYS 300m Dash	50.00		50.58	
BOYS Shot Put	32'06.00"		34'00.00"	1'06.00"
KRAUSE, JACOB				
BOYS Triple Jump	NM		37'11.00"	
BOYS High Jump	5'08.00"		5'06.00"	
BOYS Long Jump	19'01.00"		19'03.50"	'02.50"
LABELLA, GRACE				
GIRLS 600m Dash	2:27.74		2:20.62	7.12
GIRLS 800m Run	3:20.00		3:32.34	
LANHAM, JOSEPH				
BOYS 55m Dash	8.38		8.38	
BOYS Shot Put	39'01.00"		39'03.50"	'02.50"
LUNG, MEGAN				
GIRLS 1600m Run	6:05.00		6:06.00	
GIRLS 3200m Run	13:10.00		14:21.37	
MARTIN, JOE				
BOYS 200m Dash	26.34		SCR	
BOYS 600m Dash	1:48.44		SCR	

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PATRICK, DYLAN				
BOYS 200m Dash	28.64		30.47	
BOYS Shot Put	29'07.00"		31'02.00"	1'07.00"
POLAND, JACK				
BOYS 300m Dash	41.00		40.28	.72
BOYS 1600m Run	4:52.84		5:11.90	
PRENTISS, CHASE				
BOYS 55m Dash	7.10		7.29	
BOYS 200m Dash	24.24		25.73	
SEFNER, TAYLOR				
GIRLS 55m Dash	8.96		8.87	.09
GIRLS 300m Dash	50.96		51.76	
				.09 Improve. seconds
THOMPSON, ELLIS				
BOYS 55m Dash	8.64		8.38	.26
BOYS Shot Put	30'07.00"		29'03.00"	
TIBERIO, ELENA				
GIRLS 55m Dash	8.78		8.83	
GIRLS Shot Put	22'11.00"		SCR	
WOODS, ANNELIESE				
GIRLS 300m Dash	1:01.60		56.79	4.81
GIRLS Shot Put	27'02.00"		26'04.50"	

COVENTRY	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	27	2	0	12	44.44%	70.92	2.63	5.91
INDIV FLD EVENTS	12		0	6	50%			
RELAY EVENTS	0	0	0	0	0%			

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CROSBY	SEED	PRELIM	FINAL	IMPROVEMENT
AGBA, LAZARUS				
BOYS 200m Dash	26.00		SCR	
BOYS High Jump	5'00.00"		SCR	
BIERCE, ERIC				
BOYS 200m Dash	27.00		SCR	
BOONE, ZAMYA				
GIRLS 55m Dash	8.60		SCR	
BROWN, ZYLISHA				
GIRLS 55m Dash	10.00		10.11	
BURKE, JEFFREY				
BOYS 300m Dash	42.50		40.97	1.53
				1.53 Improve. seconds
CABRERA, DIEGO				
BOYS 600m Dash	1:48.00		1:43.25	4.75
				4.75 Improve. seconds
CAMPBELL, MARK				
BOYS 55m Hurdles	10.50		DNS	
CANALES-GAUTIER, LUIS				
BOYS Long Jump	16'00.00"		SCR	
CASTRO, YOSMEIRIS				
GIRLS 55m Dash	9.80		SCR	
CROSBY, A				
BOYS 1600m Sprint Medley RELAY	3:50.00		3:51.99	
BOYS 1600m Relay	3:55.00		4:01.31	
CROSBY, B				
BOYS 1600m Relay	4:10.00		4:27.68	
DELBUONO, BROOKE				
GIRLS 300m Dash	1:00.00		1:07.41	
DIGGS, STEPHEN				
BOYS 55m Hurdles	10.90		12.02	
BOYS 200m Dash	28.00		28.10	
DIPIETRO, ETHAN				
BOYS 200m Dash	26.00		SCR	
BOYS Long Jump	16'00.00"		SCR	
DOUCETTE, NICHOLAS				
BOYS 600m Dash	1:52.00		1:52.46	
ELLISON, DEJANEA				
GIRLS 200m Dash	33.10		33.07	.03
				.03 Improve. seconds
EVANS, JATAYA				
GIRLS 55m Dash	8.00		8.13	
GIRLS Long Jump	15'02.00"		15'00.00"	
FREDERIC, JAY				
BOYS Shot Put	28'00.00"		SCR	
HUERTA, AZUCENA				
GIRLS 55m Dash	9.50		SCR	

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CROSBY	SEED	PRELIM	FINAL	IMPROVEMENT
ILJAZI, MEVLANA				
GIRLS 300m Dash	57.00		55.94	1.06 1.06 Improve. seconds
KINSELLA, DYLAN				
BOYS High Jump	5'00.00"		SCR	
BOYS Long Jump	16'00.00"		SCR	
LEON, JOSE				
BOYS 300m Dash	41.00		40.97	.03 .03 Improve. seconds
LEWIS, ELIJAH				
BOYS 600m Dash	1:27.00		1:25.67	1.33 1.33 Improve. seconds
LORMILIEN, JORDINIOR (JORD)				
BOYS 55m Dash	7.40		7.65	
BOYS 300m Dash	42.00		46.80	
MAGHFOUR, DINA				
GIRLS High Jump	4'00.00"		SCR	
GIRLS Long Jump	12'00.00"		SCR	
MATHEWS, MAURICE				
BOYS 55m Dash	7.06		6.93	.13 .13 Improve. seconds
MEDINA, DANNY				
BOYS 800m Run	2:20.00		2:20.64	
MICHEL, REMY				
GIRLS 200m Dash	33.00		SCR	
GIRLS 300m Dash	57.00		SCR	
MULLINGS, ANDREW				
BOYS High Jump	5'02.00"		5'00.00"	
BOYS Pole Vault	9'00.00"		8'00.00"	
PAREDES, AMANDA				
GIRLS 55m Dash	8.20		SCR	
GIRLS Long Jump	14'03.00"		SCR	
PATRICK, MALIK				
BOYS 300m Dash	39.40		39.61	
ROBERTS, ALEEYAH				
GIRLS Shot Put	22'00.00"		21'08.00"	
RUDOLPH, TAJIERRE				
BOYS High Jump	5'02.00"		SCR	
SAUNDERS, AALIYAH				
GIRLS 300m Dash	1:03.00		SCR	
SAUNDERS, MAKAELE				
GIRLS 200m Dash	33.00		SCR	
WILLIAMS, EVALYON				
GIRLS Shot Put	20'00.00"		SCR	

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CROSBY	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	17	11	0	7	41.18%	8.86	.52	1.27
INDIV FLD EVENTS	4	1	0	0	0%			
RELAY EVENTS	3	0	0	0	0%			

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DARIEN	SEED	PRELIM	FINAL	IMPROVEMENT
ARMSTRONG, ALEC				
BOYS Pole Vault	9'06.00"		SCR	
BOYS Long Jump	18'07.00"		17'00.75"	
BALENZANO, NICK				
BOYS 55m Dash	7.00		7.25	
BOYS Long Jump	19'07.50"		18'07.00"	
CHIAPETTA, DEREK				
BOYS 800m Run	2:45.00		2:31.08	13.92
				13.92 Improve. seconds
DEHMEL, AUSTIN				
BOYS 55m Dash	7.24		7.12	.12
BOYS 300m Dash	41.00		38.60	2.40
				2.52 Improve. seconds
DEPP, CARSON				
BOYS Long Jump	17'04.00"		17'02.00"	
DONOVAN, ANDREW				
BOYS 300m Dash	40.86		39.46	1.40
BOYS Shot Put	34'08.00"		32'07.50"	
FIRMIN, MATT				
BOYS 200m Dash	26.00		SCR	
GRIMM, JACOB				
BOYS 1000m Run	2:50.00		2:52.97	
HENRY, BEN				
BOYS 55m Dash	7.25		7.45	
BOYS Long Jump	17'09.50"		17'01.50"	
HOLLY, JACK				
BOYS 300m Dash	38.54		37.73	.81
				.81 Improve. seconds
HOYDA, PIERCE				
BOYS 200m Dash	25.00		25.09	
BOYS 300m Dash	41.05		40.41	.64
				.64 Improve. seconds
JACHINO, JACK				
BOYS 55m Dash	8.00		9.71	
BOYS Shot Put	23'06.50"		23'00.00"	
JOHNSON, PHILIP				
BOYS 1000m Run	3:02.00		3:03.84	
JONES, ALEXANDER				
BOYS 200m Dash	31.00		30.38	.62
BOYS Pole Vault	8'00.00"		7'06.00"	
JONES, DYLAN				
BOYS 800m Run	2:35.00		2:35.97	
LIU, NICHOLAS				
BOYS 1600m Run	5:32.74		5:29.08	3.66
				3.66 Improve. seconds
O'KEEFFE, MIKE				
BOYS 800m Run	2:39.80		2:44.50	

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DARIEN		SEED	PRELIM	FINAL	IMPROVEMENT			
O'ROURKE, AIDAN								
BOYS 600m Dash		1:43.00		1:43.83				
O'ROURKE, EVAN								
BOYS 1600m Run		5:20.00		5:19.82	.18 .18 Improve. seconds			
OWAINATI, DANNY								
BOYS 1000m Run		3:05.00		3:07.37				
POWERS, COLBY								
BOYS 200m Dash		28.42		SCR				
BOYS Pole Vault		7'00.00"		SCR				
RIORDAN, LUKE								
BOYS 1600m Run		5:20.00		5:12.79	7.21 7.21 Improve. seconds			
SMITH, COLIN								
BOYS 55m Dash		7.34		7.50				
BOYS Shot Put		30'06.00"		31'09.00"	1'03.00"			
SMITH, IAN								
BOYS 600m Dash		1:41.00		1:43.55				
SMITH, JOSHUA								
BOYS 1000m Run		3:05.00		3:06.50				
STEADMAN, LEVI								
BOYS Shot Put		25'00.00"		25'01.00"	'01.00"			
WALSH, JACK								
BOYS 1600m Run		5:25.00		5:26.12				
XU, VINCENT								
BOYS 600m Dash		1:43.00		SCR				
BOYS Long Jump		16'03.00"		SCR				
DARIEN								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	24	3	0	10	41.67%	30.96	1.29	3.10
INDIV FLD EVENTS	9		0	2	22.22%			
RELAY EVENTS	0	0	0	0	0%			

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ELLINGTON	SEED	PRELIM	FINAL	IMPROVEMENT
ALDRICH, PRESTON				
BOYS 55m Dash	7.25		7.22	.03
BOYS 300m Dash	40.79		38.64	2.15
				2.18 Improve. seconds
ARMONIO, JEHU ANGELO				
BOYS 300m Dash	46.20		43.93	2.27
BOYS Shot Put	28'00.00"		28'02.00"	'02.00"
BERUBE, KATELIN				
GIRLS Shot Put	24'04.00"		23'09.00"	
BONANNO, KATHRYN				
GIRLS 3200m Run	12:15.00		12:37.97	
BRODING, DANIEL				
BOYS 600m Dash	1:34.43		1:36.12	
CAHILL, CONNOR				
BOYS 55m Hurdles	8.70		8.76	
BOYS Pole Vault	10'06.00"		9'06.00"	
CHAMBERLIN, ANTHONY				
BOYS 1000m Run	3:02.00		3:09.28	
COUZENS, BRENDAN				
BOYS 800m Run	2:30.00		2:28.07	1.93
BOYS 1600m Run	5:13.00		5:09.88	3.12
				5.05 Improve. seconds
DISCENZA, MITCHELL				
BOYS 200m Dash	32.30		SCR	
DOBROWOLSKI, PATRICK				
BOYS Shot Put	27'06.75"		25'08.00"	
ELLINGTON, A				
BOYS 1600m Sprint Medley RELAY	4:10.00		4:24.98	
ESSIG, ALLISON				
GIRLS 300m Dash	51.07		51.24	
GIRLS High Jump	4'08.00"		4'08.00"	
GIACALONE, DANIELLE				
GIRLS 55m Dash	10.39		11.05	
GIRLS 200m Dash	37.00		42.33	
GIORDANO, RILEY				
BOYS 600m Dash	1:56.30		1:52.70	3.60
				3.60 Improve. seconds
HOLDEN, MADISON				
GIRLS 300m Dash	45.95		45.83	.12
GIRLS Long Jump	15'03.50"		15'02.00"	
HOUGHTALING, GAVIN				
BOYS 1000m Run	3:10.27		3:05.72	4.55
BOYS 3200m Run	10:58.00		11:03.41	
				4.55 Improve. seconds
JOHNSON, LAUREN				
GIRLS 800m Run	2:53.00		2:55.77	
GIRLS 1600m Run	6:25.00		6:38.20	

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ELLINGTON	SEED	PRELIM	FINAL	IMPROVEMENT
JOHNSON, NATHAN				
BOYS 200m Dash	31.80		SCR	
KOS, IAN				
BOYS 800m Run	2:26.00		2:31.90	
BOYS 1600m Run	5:20.00		SCR	
LAFORGE, MITCHELL				
BOYS 55m Dash	8.40		8.19	.21
BOYS 200m Dash	28.50		28.44	.06
				.06 Improve. seconds
LONGO, ZACHARY				
BOYS Shot Put	25'11.50"		24'08.00"	
MACGILLIS, JOHN				
BOYS 800m Run	2:16.00		2:16.33	
BOYS 1600m Run	5:05.00		4:59.85	5.15
				5.15 Improve. seconds
MARTINO, LAUREN				
GIRLS 55m Hurdles	11.50		11.51	
GIRLS 600m Dash	1:59.45		1:56.46	2.99
				2.99 Improve. seconds
MASSARO, ANTHONY				
BOYS 300m Dash	41.20		40.88	.32
BOYS Long Jump	18'07.00"		17'05.00"	
MATTSON, CLARA				
GIRLS 300m Dash	46.13		46.66	
GIRLS 1000m Run	3:22.00		3:17.58	4.42
				4.42 Improve. seconds
MATTSON, EVE				
GIRLS 55m Dash	9.63		9.70	
GIRLS Shot Put	15'03.00"		16'00.00"	'09.00"
MEAD, KAITLYN				
GIRLS 1000m Run	3:38.00		3:34.53	3.47
GIRLS 3200m Run	13:29.00		13:29.21	
				3.47 Improve. seconds
MINICH, CAROLINE				
GIRLS 300m Dash	50.78		50.90	
GIRLS 600m Dash	2:06.00		1:59.86	6.14
				6.14 Improve. seconds
O'CONNELL, KATHERINE				
GIRLS 1000m Run	3:26.88		3:26.22	.66
GIRLS 3200m Run	12:19.00		12:18.22	.78
				1.44 Improve. seconds
OLENDER, JACK				
BOYS 800m Run	2:08.00		2:03.18	4.82
BOYS 3200m Run	10:15.00		9:58.75	16.25
				21.07 Improve. seconds

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ELLINGTON		SEED	PRELIM	FINAL	IMPROVEMENT			
PATEL, ASHKA								
GIRLS 1600m Run		6:40.00		6:32.68	7.32			
GIRLS Pole Vault		6'00.00"		NM				
PATEL, EASHA								
GIRLS 800m Run		2:52.00		2:55.98				
GIRLS 1600m Run		6:32.95		6:24.68	8.27			
					8.27 Improve. seconds			
ROBIN, KYLE								
BOYS Shot Put		25'07.25"		26'07.00"	'11.75"			
SCHULTZ, SYDNEY								
GIRLS 200m Dash		28.60		29.86				
GIRLS 600m Dash		1:48.00		1:45.48	2.52			
					2.52 Improve. seconds			
SEGAL, JOSHUA								
BOYS 55m Dash		8.85		8.83	.02			
BOYS 600m Dash		1:55.00		2:00.42				
					.02 Improve. seconds			
SEGAL, SPENCER								
BOYS 200m Dash		27.10		26.77	.33			
					.33 Improve. seconds			
SIVO, NICHOLAS								
BOYS 300m Dash		38.09		38.41				
BOYS High Jump		5'04.00"		5'08.00"	'04.00"			
SIVO, VINCENT								
BOYS 600m Dash		1:43.00		1:44.59				
BOYS High Jump		4'10.00"		NM				
STONE, JOSHUA								
BOYS 1000m Run		2:46.00		2:45.86	.14			
BOYS 3200m Run		10:20.00		10:44.89				
					.14 Improve. seconds			
WEBBER, JASON								
BOYS 55m Hurdles		9.57		9.48	.09			
					.09 Improve. seconds			
WILKIE, ETHAN								
BOYS 55m Dash		8.17		8.19				
BOYS Shot Put		38'11.00"		40'11.00"	2'00.00"			
WILLETT, MADELEINE								
GIRLS Shot Put		16'10.50"		SCR				
ELLINGTON								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	51	3	0	27	52.94%	81.73	1.60	3.03
INDIV FLD EVENTS	12		0	5	41.67%			
RELAY EVENTS	1	0	0	0	0%			

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GLASTONBURY	SEED	PRELIM	FINAL	IMPROVEMENT
AGYEMAN, NANA YAW				
BOYS Shot Put	49'04.00"		47'05.00"	
BADEY, TANNER				
BOYS Pole Vault	12'00.00"		11'06.00"	
BALATBAT, KYLE				
BOYS 3200m Run	10:56.41		11:29.09	
BENGTSON, KATIE				
GIRLS 3200m Run	14:05.91		14:26.56	
BOOTH, ZACH				
BOYS 1600m Run	4:58.50		5:06.72	
BRAGA, ANGELA				
GIRLS 1000m Run	3:08.96		3:11.75	
BRIDGEFORD, MAYA				
GIRLS 55m Dash	8.10		8.03	.07
GIRLS 300m Dash	45.51		44.61	.90
				.97 Improve. seconds
BRUNEAU, ERIC				
BOYS Long Jump	15'00.00"		SCR	
CARTER, ALLY				
GIRLS Shot Put	23'05.00"		SCR	
COSENTINO, MATTHEW				
BOYS 800m Run	2:01.57		2:06.58	
COUNSILMAN, LIXING				
GIRLS High Jump	4'10.00"		4'10.00"	
GIRLS Long Jump	16'10.00"		16'07.50"	
CREAN, MATT				
BOYS Shot Put	31'03.50"		32'01.00"	'09.50"
DICKSON, OLIVIA				
GIRLS 1600m Run	6:08.11		6:08.02	.09
				.09 Improve. seconds
DINATALE, ANABELLA				
GIRLS Shot Put	23'02.00"		24'10.00"	1'08.00"
FORGIONE, AMANDA				
GIRLS Triple Jump	NM		29'11.50"	
GIRLS Long Jump	15'08.00"		15'05.00"	
FURLONG, AIDAN				
BOYS 600m Dash	1:30.58		1:30.14	.44
				.44 Improve. seconds
GIANNI, NICK				
BOYS Shot Put	42'11.50"		42'01.00"	
GLASTONBURY, A				
BOYS 1600m Relay	3:40.00		3:48.68	
BOYS 1600m Sprint Medley RELAY	3:55.00		3:57.19	
GUASTA, MATT				
BOYS 600m Dash	1:37.44		1:35.18	2.26
				2.26 Improve. seconds

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GLASTONBURY	SEED	PRELIM	FINAL	IMPROVEMENT
GUY, ALISON				
GIRLS 300m Dash	47.24		47.85	
HARDING, MOLLY				
GIRLS 300m Dash	43.18		42.54	.64
GIRLS 600m Dash	1:44.05		1:43.66	.39
				.39 Improve. seconds
HARRINGTON, TOMAS				
BOYS 1600m Run	5:01.00		4:53.93	7.07
				7.07 Improve. seconds
HETTIARACHCHI, INESHKA				
GIRLS 1600m Run	6:41.00		6:41.17	
HILLIARD, KYLIE				
GIRLS 1000m Run	3:19.22		3:17.10	2.12
				2.12 Improve. seconds
KEFOR, AUDREY				
GIRLS 300m Dash	49.27		49.80	
KUZMAK-CARLSON, MAREN				
GIRLS Pole Vault	7'00.00"		SCR	
LAVALETTE, JAKE				
BOYS Pole Vault	12'00.00"		11'00.00"	
LEAHY, PAUL				
BOYS 3200m Run	10:31.57		DNS	
LECLAIR, BRITTANY				
GIRLS 1600m Run	6:06.21		6:06.60	
LIU, EMMA				
GIRLS 3200m Run	13:40.37		13:12.38	27.99
				27.99 Improve. seconds
LOPRESTI, LOGAN				
BOYS High Jump	5'02.00"		5'02.00"	
MACELHINEY, CASEY				
GIRLS 1000m Run	3:14.66		3:16.90	
MACIOLEK, JOE				
BOYS 55m Dash	7.19		7.13	.06
				.06 Improve. seconds
MALZ, MALLORY				
GIRLS Triple Jump	NM		32'04.00"	
GIRLS Pole Vault	9'06.00"		10'00.00"	'06.00"
MORAN, LIAM				
BOYS Long Jump	15'00.00"		SCR	
MULREADY, DEVIN				
GIRLS 1600m Run	6:32.18		6:31.65	.53
				.53 Improve. seconds
MURPHY, JENNA				
GIRLS 1600m Run	6:11.06		SCR	
MURPHY, JORDAN				
BOYS 300m Dash	39.87		39.71	.16
				.16 Improve. seconds

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GLASTONBURY		SEED	PRELIM	FINAL	IMPROVEMENT			
MUSALL, RICHARD								
BOYS 1000m Run		2:54.04		2:51.58	2.46	2.46 Improve. seconds		
NORMAN, MARY								
GIRLS 600m Dash		1:48.62		1:53.20				
PAVANO, SETH								
BOYS 600m Dash		1:32.02		1:29.65	2.37	2.37 Improve. seconds		
RAFFERTY, DELANEY								
GIRLS 55m Hurdles		10.61		10.66				
SCOTT, CHAYSE								
GIRLS Shot Put		23'07.00"		SCR				
SCOTT, ELEANOR								
GIRLS Pole Vault		8'00.00"		NM				
SEVIGNY, JACK								
BOYS Pole Vault		12'06.00"		12'00.00"				
BOYS Long Jump		20'03.25"		17'10.00"				
SMITH, JACOB								
BOYS 1600m Run		4:28.90		4:31.82				
SMITH, RYAN								
BOYS 1000m Run		2:47.26		2:46.36	.90	.90 Improve. seconds		
SMITH, ZACHARY								
BOYS 3200m Run		9:57.62		9:57.30	.32	.32 Improve. seconds		
SOISSON, CONNOR								
BOYS High Jump		5'08.00"		5'08.00"				
SOULE, SELINA								
GIRLS 55m Dash		7.67		7.64	.03			
GIRLS Long Jump		17'03.00"		17'02.50"				
SPARROW, GRACE								
GIRLS 1000m Run		3:08.28		3:03.49	4.79	4.79 Improve. seconds		
STONE, THOMAS								
BOYS 1600m Run		4:55.24		4:53.22	2.02	2.02 Improve. seconds		
TAUBER, KRISTINA								
GIRLS Pole Vault		7'00.00"		7'06.00"	'06.00"			
WEIDEMER, ERIC								
BOYS Pole Vault		NM		8'00.00"				
WOOD, MORGAN								
GIRLS High Jump		4'08.00"		4'02.00"				
GLASTONBURY								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	33	1	0	20	60.61%	55.61	1.69	2.78
INDIV FLD EVENTS	20		0	4	20%			
RELAY EVENTS	2	0	0	0	0%			

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GRANBY MEMORIAL	SEED	PRELIM	FINAL	IMPROVEMENT
BARROW, NAVIAH				
GIRLS 200m Dash	29.50		30.18	
GIRLS 300m Dash	47.55		48.28	
BROOKE, EVELYN				
GIRLS 600m Dash	2:02.06		2:05.44	
GIRLS Pole Vault	7'00.00"		NM	
CRAMER, SARAH				
GIRLS 55m Dash	9.20		SCR	
GIRLS Long Jump	14'00.00"		SCR	
CRONIN, HANNAH				
GIRLS Shot Put	27'00.00"		26'04.00"	
DYER, MARY-ALICE				
GIRLS 55m Dash	9.72		SCR	
GIRLS Long Jump	11'07.00"		SCR	
FULWIDER, PETER				
BOYS 1000m Run	3:38.73		3:35.45	3.28 3.28 Improve. seconds
GALUSKA, DEVIN				
BOYS 1000m Run	3:42.19		SCR	
GOTTSCHKE, BENJAMIN				
BOYS 600m Dash	1:42.38		1:43.62	
BOYS 800m Run	2:30.00		2:25.07	4.93 4.93 Improve. seconds
GRANBY MEMORIAL, A				
BOYS 1600m Sprint Medley RELAY	4:35.00		5:07.96	
HAUGABOOK, TRISTIAN				
GIRLS 55m Dash	9.50		9.03	.47
GIRLS Shot Put	27'08.75"		25'06.00"	
HENNESSY, AIDAN				
BOYS 300m Dash	44.96		43.06	1.90
BOYS High Jump	5'04.00"		5'04.00"	
HENNESSY, CONOR				
BOYS Triple Jump	NM		36'11.50"	
BOYS 200m Dash	27.00		27.00	
BOYS Long Jump	18'00.00"		17'05.00"	
JANSKI, CAELUM				
BOYS 1600m Run	7:05.28		6:28.62	36.66 36.66 Improve. seconds
JENNINGS, DEVYN				
GIRLS 1600m Run	8:30.00		8:02.41	27.59
GIRLS Long Jump	11'08.00"		11'04.50"	
JENNINGS, LUKE				
BOYS 800m Run	2:25.00		2:15.61	9.39
BOYS 1600m Run	5:01.02		5:06.54	9.39 Improve. seconds

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GRANBY MEMORIAL	SEED	PRELIM	FINAL	IMPROVEMENT
JENNINGS, TIMOTHY				
BOYS 55m Dash	8.26		8.12	.14
				.14 Improve. seconds
JONES, KEVIN				
BOYS 300m Dash	44.90		44.58	.32
BOYS Long Jump	16'06.00"		16'02.00"	
JONES, MARK				
BOYS High Jump	5'08.00"		5'02.00"	
BOYS Long Jump	17'00.00"		16'11.50"	
LAWRENCE, KEON				
BOYS 200m Dash	26.00		25.62	.38
BOYS Long Jump	22'01.00"		17'00.00"	
MALLEY, SPENCER				
BOYS 1600m Run	6:06.70		5:50.33	16.37
				16.37 Improve. seconds
MIGLIACCIO, DAVID				
BOYS 55m Dash	8.65		8.52	.13
BOYS Shot Put	28'00.00"		24'01.00"	
MOWRY, SETH				
BOYS 55m Dash	8.75		8.51	.24
				.24 Improve. seconds
NOLAN, MARIA				
GIRLS 55m Dash	7.87		8.25	
GIRLS 200m Dash	30.00		29.22	.78
				.78 Improve. seconds
PAPILE, VERONICA				
GIRLS Shot Put	17'06.50"		SCR	
RATHKE, CAMERON				
BOYS 600m Dash	1:48.00		1:43.82	4.18
BOYS 800m Run	2:30.00		2:22.27	7.73
				7.73 Improve. seconds
ROMAN, JOCELYN				
GIRLS High Jump	4'02.00"		4'02.00"	
GIRLS Long Jump	14'10.00"		14'04.50"	
ROY, LAUREN				
GIRLS Triple Jump	NM		30'01.50"	
GIRLS 200m Dash	29.50		30.04	
GIRLS High Jump	5'00.00"		4'08.00"	
SMITH JR, ANDEL				
BOYS 200m Dash	24.13		24.82	
BOYS Long Jump	21'11.00"		19'06.75"	
STEWART, DAVID				
BOYS 200m Dash	26.50		25.51	.99
BOYS Long Jump	19'07.00"		17'04.00"	

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GRANBY MEMORIAL		SEED	PRELIM	FINAL	IMPROVEMENT			
TANGUAY, LOGAN								
BOYS 55m Hurdles		9.88		9.85	.03			
BOYS 300m Dash		41.82		42.09				
					.03 Improve. seconds			
THOMAS, ABIGAIL								
GIRLS 55m Dash		8.84		8.98				
GIRLS Shot Put		27'05.00"		28'05.50"	1'00.50"			
THOMPSON, GARRETT								
BOYS 1600m Run		7:31.27		7:29.55	1.72			
					1.72 Improve. seconds			
THOMPSON, JORDAN								
BOYS 55m Dash		8.25		SCR				
BOYS High Jump		5'02.00"		SCR				
THOMPSON, KRISJIN								
BOYS Shot Put		28'05.00"		NM				
WASSICK, MEGAN								
GIRLS 200m Dash		29.50		30.82				
GIRLS Long Jump		15'06.00"		15'10.00"	'04.00"			
GRANBY MEMORIAL								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	31	4	0	19	61.29%	117.23	3.78	6.17
INDIV FLD EVENTS	19	0	0	2	10.53%			
RELAY EVENTS	1	0	0	0	0%			

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BODAK, MEARA				
GIRLS 1600m Run	5:53.00		6:20.98	
BRAREN, CAL				
BOYS 200m Dash	26.20		26.75	
BOYS Long Jump	17'06.00"		17'10.50"	'04.50"
CARTER, TIMOTHY				
BOYS 800m Run	2:23.00		2:25.69	
CHAMPAGNE, DYLAN				
BOYS Shot Put	35'10.00"		33'02.50"	
COADY, AUTUMN				
GIRLS 55m Hurdles	9.76		9.88	
GIRLS 200m Dash	28.50		30.22	
COLEMAN, AIDEN				
BOYS High Jump	4'10.00"		NM	
BOYS Long Jump	15'05.00"		16'01.00"	'08.00"
COLEMAN, MICHAEL				
BOYS 1000m Run	3:18.00		3:07.89	10.11 10.11 Improve. seconds
COZEAN, MAX				
BOYS 1600m Run	5:15.00		4:59.32	15.68 15.68 Improve. seconds
CRISCUOLO, LY-LINH				
GIRLS 200m Dash	32.00		31.30	.70
GIRLS Long Jump	10'06.00"		12'00.00"	1'06.00"
CRISCUOLO, MAI-LY				
GIRLS 200m Dash	34.30		31.93	2.37
GIRLS High Jump	4'04.00"		4'02.00"	
D'AMBRA, WILLIAM				
BOYS Shot Put	29'03.00"		31'06.00"	2'03.00"
D'AMICO, LAUREN				
GIRLS 1000m Run	3:30.00		3:31.80	
DIMATTEO, AVA				
GIRLS 800m Run	3:09.00		3:09.00	
DUNCANSON, ASHLEY				
GIRLS 200m Dash	28.20		29.27	
GIRLS 300m Dash	49.00		46.16	2.84 2.84 Improve. seconds
FERGUSON, TRENT				
BOYS 55m Dash	7.30		7.72	
HOWES, OWEN				
BOYS 200m Dash	25.60		26.03	
BOYS Pole Vault	9'06.00"		NM	
KAMOEN, LUCAS				
BOYS 1000m Run	3:42.00		3:05.98	36.02 36.02 Improve. seconds

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KOWAL, JOHN				
BOYS 200m Dash	26.20		25.90	.30
BOYS Long Jump	17'01.50"		17'08.50"	'07.00"
MACK, CHASE				
BOYS Shot Put	34'07.00"		35'05.00"	'10.00"
MALLON, DMYTRI				
BOYS 200m Dash	25.30		24.59	.71
BOYS 300m Dash	41.00		39.67	1.33
				2.04 Improve. seconds
MARTINO, JAMES				
BOYS Shot Put	30'00.00"		32'03.00"	2'03.00"
MELGAR, KATHERINE				
GIRLS 1000m Run	3:45.00		3:48.37	
MEROLA, GREYSON				
BOYS 1000m Run	3:38.00		3:03.97	34.03
				34.03 Improve. seconds
MINERVINO, AMANDA				
GIRLS Shot Put	15'10.00"		SCR	
MINERVINO, BRIANNA				
GIRLS 1600m Run	6:35.00		6:22.56	12.44
				12.44 Improve. seconds
MURRAY, CARTER				
BOYS 800m Run	2:17.38		2:20.16	
PASCUCCI, MICHAEL				
BOYS 1600m Run	5:30.00		5:53.51	
PIZZUTO, SALLY				
GIRLS Pole Vault	6'06.00"		NM	
REGAN, SETH				
BOYS 55m Dash	6.70		6.76	
BOYS Long Jump	17'03.00"		18'08.50"	1'05.50"
RUTLEDGE, SEAN				
BOYS 1600m Run	4:48.00		4:57.35	
SCHULTZ, MORGAN				
GIRLS Pole Vault	6'06.00"		NM	
SODERGREN, LUKE				
BOYS 55m Hurdles	9.70		8.88	.82
BOYS 600m Dash	1:39.00		1:33.51	5.49
				6.31 Improve. seconds
SPECTOR, JULIAN				
BOYS 1000m Run	3:30.00		3:10.84	19.16
				19.16 Improve. seconds
SWEENEY, EAMON				
BOYS 800m Run	2:20.50		2:29.66	
BOYS High Jump	5'06.00"		5'02.00"	
TASSMER, AVA				
GIRLS 1000m Run	4:00.00		4:02.54	

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HADDAM-KILLINGWORTH		SEED	PRELIM	FINAL	IMPROVEMENT				
UZWIAK, CHRISTIAN									
BOYS 1600m Run		4:53.00		4:51.98	1.02				
					1.02 Improve. seconds				
HADDAM-KILLINGWORTH		# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
								Per Run...	Per Improved
INDIV TR EVENTS	32	0	0	15	46.88%	143.02	4.47	9.53	
INDIV FLD EVENTS	11		0	8	72.73%				
RELAY EVENTS	0	0	0	0	0%				

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HALL	SEED	PRELIM	FINAL	IMPROVEMENT
ALI, MUHAMMAD				
BOYS 800m Run	1:57.68		2:02.68	
ANTONY, JOHN				
BOYS Shot Put	34'00.50"		SCR	
AZIA, SAMANTHA				
GIRLS 1000m Run	3:54.00		SCR	
BAKER, JULIAN				
BOYS 55m Dash	7.37		SCR	
BOYS 200m Dash	25.00		26.04	
BHATTI, AMMAN				
GIRLS Long Jump	14'02.50"		SCR	
BIRBARA, OLIVIA				
GIRLS 800m Run	2:51.00		2:58.49	
BLODGETT, AUSTIN				
BOYS 1000m Run	2:48.00		2:48.97	
BOWES, OLIVIA				
GIRLS Long Jump	18'02.00"		SCR	
BRUDZ, OWEN				
BOYS 1000m Run	3:09.00		3:07.45	1.55 1.55 Improve. seconds
BURR, JOSHUA				
BOYS 600m Dash	1:43.19		1:41.90	1.29 1.29 Improve. seconds
BUSH, ALEXA				
GIRLS High Jump	4'02.00"		SCR	
BUSH, LUCAS				
BOYS High Jump	5'02.00"		5'02.00"	
BOYS Long Jump	16'05.00"		17'08.50"	1'03.50"
CANARIE, BRENDAN				
BOYS 200m Dash	26.50		26.68	
CAPLAN, LUNA LAILA				
GIRLS 600m Dash	2:10.58		2:06.95	3.63 3.63 Improve. seconds
CAPLAN, NOE				
BOYS 1000m Run	2:58.48		2:53.95	4.53 4.53 Improve. seconds
CARUK, AMELIA				
GIRLS 55m Dash	8.89		8.88	.01
GIRLS Long Jump	12'02.00"		11'10.00"	
CATTELAN, AIDAN				
BOYS 1600m Run	5:09.00		5:16.18	
CHENG, ANDREW				
BOYS High Jump	5'02.00"		4'10.00"	
CIANFLONE, JULIA				
GIRLS Pole Vault	8'00.00"		SCR	
CISTULLI, SCARLETT				
GIRLS 1000m Run	3:40.00		3:34.94	5.06 5.06 Improve. seconds

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HALL	SEED	PRELIM	FINAL	IMPROVEMENT
CLERMONT, FLAVIO				
BOYS 300m Dash	40.85		DNS	
CORREA, KORAIMA				
GIRLS 55m Dash	9.08		SCR	
DAI, LUKE				
BOYS 1000m Run	2:50.41		2:51.94	
DEASE, ANABEL				
GIRLS 200m Dash	31.00		SCR	
DICKSON, MINA				
GIRLS 55m Hurdles	11.14		SCR	
DUNN, ABRAHAM				
BOYS Long Jump	17'03.00"		15'09.50"	
DUONG, TIFFANY				
GIRLS 800m Run	3:01.80		SCR	
DUZY, HANNAH				
GIRLS Shot Put	25'09.00"		SCR	
ECHEVARRIA, CECILIA				
GIRLS 55m Dash	8.50		8.15	.35
GIRLS 300m Dash	49.00		49.03	
				.35 Improve. seconds
ELLAVSKY, MAYA				
GIRLS 300m Dash	50.44		47.35	3.09
				3.09 Improve. seconds
FAGAN, NOEL				
BOYS 800m Run	2:35.30		2:32.68	2.62
				2.62 Improve. seconds
FERNANDES, JOSH				
BOYS 1600m Run	4:35.00		4:36.22	
FRANCOIS, CRIZAULD				
BOYS Long Jump	19'06.50"		SCR	
GARDNER, LEANN				
GIRLS High Jump	4'10.00"		SCR	
GIRLS Long Jump	15'02.50"		SCR	
GEORGE, KATHERINE				
GIRLS Shot Put	36'00.00"		35'02.50"	
GRADY, JACKSON				
BOYS 3200m Run	10:07.00		9:53.11	13.89
				13.89 Improve. seconds
GRIFFIN-PRADO, MALEEA				
GIRLS 200m Dash	29.92		33.63	
HALL, A				
BOYS 1600m Sprint Medley RELAY	3:43.00		3:46.09	
BOYS 1600m Relay	4:30.00		DQ	
GIRLS 1600m Relay	5:00.00		4:38.66	21.34
GIRLS 1600m Sprint Medley RELAY	5:21.00		5:11.50	9.50
				9.50 Improve. seconds

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HALL, B				
BOYS 1600m Relay	3:50.00		3:46.00	4.00
GIRLS 1600m Relay	5:20.00		5:26.73	
HANLON, ADAM				
BOYS 3200m Run	10:35.00		10:32.29	2.71
				2.71 Improve. seconds
HENRIQUES, ISRAEL				
BOYS High Jump	5'06.00"		5'04.00"	
HODKINSON, JACOB				
BOYS 1600m Run	5:18.55		5:14.55	4.00
				4.00 Improve. seconds
HOSEY, WILLIAM				
BOYS 200m Dash	28.00		SCR	
INNOCENT-PERAITE, BEATRICE				
GIRLS Shot Put	19'04.00"		SCR	
JOPECK, RACHAEL				
GIRLS 55m Hurdles	11.86		13.06	
KITZ, ROSE				
GIRLS 1600m Run	5:15.39		5:27.93	
KOBELSKI, JUJLIA				
GIRLS 200m Dash	30.10		30.82	
LASPADA, JOSEPH				
BOYS Shot Put	29'11.00"		SCR	
LYNCH, FRANCESCA				
GIRLS 3200m Run	11:50.47		12:04.70	
LYTLE, NATALIE				
GIRLS 3200m Run	12:30.00		13:36.47	
MAIDMAN, HANNAH				
GIRLS 1600m Run	6:06.12		SCR	
MARGOLIS, BRENNAN				
BOYS 55m Dash	7.99		7.92	.07
				.07 Improve. seconds
MARKS, JAMES				
BOYS 1600m Run	4:48.00		4:44.11	3.89
				3.89 Improve. seconds
MARTINDALE, SPENCER				
BOYS High Jump	5'04.00"		SCR	
MASON, JESSICA				
GIRLS 55m Dash	8.41		7.94	.47
GIRLS 300m Dash	46.50		44.68	1.82
				2.29 Improve. seconds
MCDANIEL, SEAN				
BOYS 600m Dash	1:44.00		1:41.77	2.23
				2.23 Improve. seconds
MILLER, NATHAN				
BOYS 600m Dash	1:38.92		1:34.01	4.91
				4.91 Improve. seconds

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HALL	SEED	PRELIM	FINAL	IMPROVEMENT
MOHLER, MIRA				
GIRLS Shot Put	31'02.50"		31'07.00"	'04.50"
NAVIN, JACK				
BOYS 600m Dash	1:40.87		1:40.66	.21
				.21 Improve. seconds
NIEVES, LEXI				
GIRLS 55m Dash	8.20		7.88	.32
GIRLS 300m Dash	46.00		45.17	.83
				1.15 Improve. seconds
ONOH, DINAKA				
GIRLS Shot Put	33'03.50"		30'01.00"	
PILLOW, ELIZABETH				
GIRLS 1000m Run	3:32.34		3:30.79	1.55
				1.55 Improve. seconds
REGAN, ALLISON				
GIRLS 1600m Run	6:15.00		6:22.37	
RENDON, DYLAN				
BOYS 800m Run	1:59.00		2:02.67	
ROCHELEAU, GRACE				
GIRLS 55m Dash	8.62		8.52	.10
GIRLS 200m Dash	30.50		30.64	
RUFFO, TOBIAS				
BOYS 800m Run	2:08.00		2:08.96	
SANDERSON, KATHERINE				
GIRLS 3200m Run	12:20.00		11:48.72	31.28
				31.28 Improve. seconds
SCULLY, MIRANDA				
GIRLS 800m Run	2:45.00		2:41.21	3.79
				3.79 Improve. seconds
STRIFF-CAVE, MEGAN				
GIRLS 600m Dash	2:03.00		SCR	
SULLIVAN, FIONNUALA				
GIRLS High Jump	4'02.00"		SCR	
TAFRATE, SAMANTHA				
GIRLS High Jump	4'08.00"		SCR	
TAYLOR, DREW				
BOYS 1600m Run	5:09.00		5:09.58	
WALKER, JAMALI				
BOYS 200m Dash	26.00		SCR	
BOYS Shot Put	30'06.50"		SCR	
WILLIS-CARD, ELVIONNAE				
GIRLS Shot Put	20'04.00"		SCR	
WISDOM, JORDAINE				
BOYS 300m Dash	40.60		39.68	.92
				.92 Improve. seconds
WISIALOWSKI, JACK				
BOYS 1600m Run	4:45.00		SCR	

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HALL	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	46	11	0	26	56.52%	95.12	2.07	3.66
INDIV FLD EVENTS	9	5	0	2	22.22%			
RELAY EVENTS	5	0	1	3	60.00%	34.84	6.97	11.61

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LEDYARD	SEED	PRELIM	FINAL	IMPROVEMENT
AHLBORN, MITCHELL				
BOYS 55m Dash	7.75		7.86	
BOYS Long Jump	17'00.00"		15'03.00"	
BARNETT, CHACE				
BOYS Shot Put	30'00.00"		29'05.00"	
BAUMAN, GEORGE				
BOYS 55m Dash	8.09		8.08	.01
				.01 Improve. seconds
BICKHAM, MASON				
BOYS Shot Put	35'07.00"		36'02.00"	'07.00"
BURKHOLDER, GRACE				
GIRLS 55m Dash	9.20		8.91	.29
GIRLS 300m Dash	55.11		56.23	
				.29 Improve. seconds
CAMPBELL, ABBY				
GIRLS 55m Hurdles	11.80		11.78	.02
GIRLS 200m Dash	31.55		31.49	.06
				.06 Improve. seconds
CARROLL, CASSIDY				
GIRLS 600m Dash	2:07.71		2:10.74	
GIRLS 800m Run	3:05.00		3:06.10	
CARROLL, CODEE				
GIRLS 55m Dash	8.95		8.93	.02
				.02 Improve. seconds
CHOWDHURY, SOLAIMAN				
BOYS 200m Dash	30.54		27.57	2.97
BOYS 300m Dash	44.35		43.99	.36
				3.33 Improve. seconds
CHRZANOWSKI, TYSON				
BOYS 600m Dash	1:40.87		1:42.24	
BOYS 800m Run	2:16.50		2:24.18	
CRAWFORD, OLIVIA				
GIRLS 55m Hurdles	9.31		10.07	
GIRLS 300m Dash	46.59		46.83	
DENIGRIS, KARISSA				
GIRLS Long Jump	14'00.00"		SCR	
DESSAINT, JADE				
GIRLS 800m Run	2:56.15		2:52.88	3.27
GIRLS 1000m Run	3:40.36		3:41.67	
				3.27 Improve. seconds
ENGLISH, KATELYN				
GIRLS 800m Run	2:50.00		2:59.94	
GIRLS 1600m Run	6:08.78		6:08.10	.68
				.68 Improve. seconds
EPPELSON, MICHAEL				
BOYS 200m Dash	31.31		SCR	
BOYS 300m Dash	48.33		49.04	

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LEDYARD	SEED	PRELIM	FINAL	IMPROVEMENT
EVANS, CHRIS				
BOYS 600m Dash	1:53.94		1:49.07	4.87
BOYS Pole Vault	8'00.00"		8'06.00"	'06.00"
EVANS, EMILY				
GIRLS 55m Hurdles	12.48		13.67	
GIRLS Long Jump	11'00.00"		SCR	
EVANS, WILLIAM				
BOYS Shot Put	27'08.00"		28'08.00"	1'00.00"
FAIN, CHRISTINA				
GIRLS 55m Hurdles	12.07		11.60	.47
GIRLS 300m Dash	54.45		53.76	.69
				1.16 Improve. seconds
FARQUHAR, AILISH				
GIRLS 55m Hurdles	12.48		12.64	
GIRLS Long Jump	11'00.00"		SCR	
FINKELSTEIN, MCKAYLA				
GIRLS 55m Dash	8.73		SCR	
GIRLS Long Jump	13'00.00"		SCR	
GREELEY, AIDAN				
BOYS Pole Vault	8'06.00"		9'00.00"	'06.00"
GREEN, DELAINEE				
GIRLS Shot Put	19'06.00"		SCR	
HARREN, KATHERINE				
GIRLS 800m Run	2:45.50		2:48.88	
GIRLS 1600m Run	6:14.54		6:14.93	
HARRIS, ANDREW				
BOYS 200m Dash	30.52		30.30	.22
BOYS Long Jump	16'06.00"		9'08.50"	
HELME, NADIA				
GIRLS 55m Dash	8.03		7.96	.07
GIRLS 200m Dash	27.31		30.10	
HOUESHELL, CHRIS				
BOYS 200m Dash	32.14		31.70	.44
BOYS Pole Vault	6'00.00"		NM	
HOWE, LONDON				
BOYS 55m Dash	8.12		7.83	.29
				.29 Improve. seconds
HUGHES, WESLEY				
BOYS 55m Hurdles	10.99		10.62	.37
BOYS Pole Vault	9'06.00"		10'00.00"	'06.00"
JACKSON, GABRIEL				
BOYS 300m Dash	47.58		DNS	
KINNEY, RYAN				
BOYS Pole Vault	10'00.00"		9'06.00"	
KULTERMAN, EVAN				
BOYS Shot Put	31'01.00"		30'04.00"	

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LEDYARD	SEED	PRELIM	FINAL	IMPROVEMENT
LENZ, WALKER				
BOYS 55m Dash	7.84		7.94	
BOYS Long Jump	16'06.00"		15'07.00"	
LESSING, OWEN				
BOYS 1600m Run	5:40.66		SCR	
LEYKO, MADISON				
GIRLS 55m Dash	8.86		SCR	
GIRLS 200m Dash	31.50		33.23	
MARTINEZ, DOMINIQUE				
GIRLS 200m Dash	33.51		37.32	
GIRLS Pole Vault	5'00.00"		NM	
MCFERRIN, ELIJAH				
BOYS Shot Put	35'04.00"		35'05.00"	'01.00"
MULLIN, LIAM				
BOYS Shot Put	25'05.00"		30'02.00"	4'09.00"
OPALENIK, TEGAN				
GIRLS 300m Dash	55.71		52.14	3.57
				3.57 Improve. seconds
PETRIEL, ROBBIE				
BOYS 55m Dash	6.81		6.97	
BOYS Long Jump	20'02.25"		19'00.00"	
PHILLIPS, HAROLD				
BOYS 55m Hurdles	8.64		8.83	
BOYS Long Jump	19'04.00"		18'03.00"	
POST, OLIVIA				
GIRLS Long Jump	10'00.00"		SCR	
ROBINSON-KIRVAN, IYANA				
GIRLS 55m Dash	8.55		8.48	.07
GIRLS 55m Hurdles	12.00		11.68	.32
				.32 Improve. seconds
ROEDIGER, JACOB				
BOYS 1000m Run	3:26.78		3:27.90	
BOYS 1600m Run	5:42.66		SCR	
SMITH, JAMES				
BOYS 55m Dash	6.69		6.66	.03
BOYS Long Jump	20'07.25"		19'02.00"	
SORMRUDE, PAYLYNN				
GIRLS High Jump	4'02.00"		4'04.00"	'02.00"
GIRLS Long Jump	13'06.00"		13'08.00"	'02.00"
WARMUS, ALEX				
BOYS 300m Dash	40.50		41.52	
BOYS 800m Run	2:15.50		SCR	

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LEDYARD	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	44	6	0	21	47.73%	19.09	.43	.91
INDIV FLD EVENTS	18		0	9	50%			
RELAY EVENTS	0	0	0	0	0%			

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LEWIS MILLS	SEED	PRELIM	FINAL	IMPROVEMENT
ANDROS, EMMA				
GIRLS Pole Vault	NM		NM	
GIRLS 55m Dash	9.60		9.35	.25
				.25 Improve. seconds
BENVENUTO, NICHOLAS				
BOYS 55m Hurdles	11.80		11.00	.80
				.80 Improve. seconds
BONINI, AVA				
GIRLS Pole Vault	NM		NM	
GIRLS 200m Dash	35.00		32.51	2.49
				2.49 Improve. seconds
CROIGER, MADELEINE				
GIRLS Pole Vault	NM		NM	
GIRLS 200m Dash	32.00		29.82	2.18
				2.18 Improve. seconds
DAIGLE, CELINA				
GIRLS 300m Dash	46.66		48.73	
DEEB, JOHN				
BOYS 55m Dash	10.00		SCR	
BOYS Shot Put	22'00.00"		24'05.00"	2'05.00"
GARDINER, ABIGAIL				
GIRLS High Jump	4'04.00"		4'02.00"	
HAVILAND, THOMAS				
BOYS 600m Dash	2:06.00		2:00.59	5.41
BOYS Pole Vault	7'06.00"		SCR	
JACKSON, JAIME				
GIRLS 55m Dash	8.20		8.32	
JANSSENS, EVAN				
BOYS 55m Dash	7.40		7.93	
BOYS Shot Put	26'00.00"		28'03.00"	2'03.00"
KRENICKY, ELIZABETH				
GIRLS Pole Vault	NM		NM	
GIRLS 1000m Run	3:30.10		3:34.34	
KRONE, MIA				
GIRLS Pole Vault	NM		NM	
GIRLS 200m Dash	34.00		33.10	.90
				.90 Improve. seconds
LEWIS MILLS, A				
BOYS 1600m Sprint Medley RELAY	4:08.00		4:29.46	
GIRLS 1600m Sprint Medley RELAY	4:47.00		4:51.09	
MAHER, HOPE				
GIRLS 55m Dash	8.00		8.11	
GIRLS 300m Dash	45.09		45.92	
MAILLET, LINDSAY				
GIRLS 55m Dash	10.52		11.34	
GIRLS Shot Put	11'06.00"		10'10.50"	

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LEWIS MILLS	SEED	PRELIM	FINAL	IMPROVEMENT
MARCONI, BENJAMIN				
BOYS 800m Run	2:25.00		2:36.68	
BOYS 1600m Run	6:15.00		SCR	
MASCOLI, VINCENT				
BOYS 200m Dash	26.50		26.65	
MELLO, SYDNEY				
GIRLS Shot Put	37'00.00"		38'01.50"	1'01.50"
MOORE, ALLISON				
GIRLS 800m Run	2:40.00		2:54.88	
GIRLS 1000m Run	3:31.00		SCR	
MORRELL, SEAN				
BOYS Shot Put	15'00.00"		17'08.00"	2'08.00"
NORDSTROM, COLBY				
BOYS Shot Put	28'00.00"		35'00.00"	7'00.00"
O'CONNOR, AIDAN				
BOYS 200m Dash	24.90		25.39	
BOYS Pole Vault	13'00.00"		SCR	
O'CONNOR, RILEY GRACE				
GIRLS Pole Vault	NM		NM	
GIRLS 200m Dash	32.50		32.47	.03
				.03 Improve. seconds
PASQUALINI, ALYSE				
GIRLS 55m Hurdles	10.28		9.96	.32
				.32 Improve. seconds
PINETTE, NATHAN				
BOYS 800m Run	2:30.00		SCR	
SMITH, MATTHEW				
BOYS 55m Dash	9.30		8.45	.85
BOYS Shot Put	22'00.00"		26'10.00"	4'10.00"
SZTYLER-MAGEE, JASMINE				
GIRLS 55m Dash	8.04		8.09	
VIROVOY, CODY				
BOYS Shot Put	20'00.00"		23'00.00"	3'00.00"
WILLEY, MICHAELA				
GIRLS 55m Dash	11.00		9.64	1.36
GIRLS Shot Put	13'00.00"		17'01.00"	4'01.00"
WILMARTH, NATHAN				
BOYS 55m Dash	12.00		8.53	3.47
BOYS 200m Dash	40.00		31.60	8.40
				8.40 Improve. seconds

LEWIS MILLS	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	24	4	0	12	50.00%	26.46	1.10	2.21
INDIV FLD EVENTS	10		0	8	80%			
RELAY EVENTS	2	0	0	0	0%			

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LYMAN MEMORIAL	SEED	PRELIM	FINAL	IMPROVEMENT
ADAMS, MADISON				
GIRLS 55m Dash	9.48		SCR	
GIRLS 300m Dash	1:02.00		SCR	
BALDERACCHI, GIOVANNA				
GIRLS 55m Dash	9.46		9.46	
GIRLS 300m Dash	58.81		56.30	2.51
				2.51 Improve. seconds
BATISTA, SIERRA				
GIRLS 55m Hurdles	11.54		11.58	
GIRLS 200m Dash	32.35		32.22	.13
				.13 Improve. seconds
BLAKESLEE, HELEN				
GIRLS 800m Run	2:54.00		2:54.99	
CRAWFORD, ZACARY				
BOYS 200m Dash	25.60		26.00	
DOMANICO, PAIGE				
GIRLS 55m Dash	9.50		10.10	
GIRLS 200m Dash	35.25		37.68	
DUNNACK, OLIVIA				
GIRLS 55m Dash	8.18		8.30	
GOODRICH, CLAYTON				
BOYS Triple Jump	NM		40'03.00"	
BOYS 300m Dash	43.06		40.20	2.86
BOYS Long Jump	19'01.00"		19'06.50"	'05.50"
GOODRICH, KRISTEN				
GIRLS Triple Jump	NM		30'06.50"	
GIRLS High Jump	4'08.00"		4'08.00"	
HABEEB, COLE				
BOYS 200m Dash	25.20		25.57	
IENI, DILLON				
BOYS 200m Dash	29.87		28.40	1.47
BOYS 300m Dash	45.20		45.37	
				1.47 Improve. seconds
KUKUCKA, TYE				
BOYS 55m Dash	8.31		8.66	
BOYS Shot Put	22'06.00"		22'02.00"	
LYMAN MEMORIAL, A				
BOYS 1600m Sprint Medley RELAY	4:06.00		SCR	
GIRLS 1600m Sprint Medley RELAY	4:55.00		4:54.87	.13
				.13 Improve. seconds
MATHEWSON, CODY				
BOYS 1600m Run	5:00.00		4:57.29	2.71
				2.71 Improve. seconds
MORIN, BENJAMIN				
BOYS 55m Dash	8.29		9.51	
BOYS 300m Dash	47.00		DQ	

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LYMAN MEMORIAL		SEED	PRELIM	FINAL	IMPROVEMENT			
MURPHY, AMANDA								
GIRLS 55m Hurdles		10.82		14.03				
GIRLS 300m Dash		54.20		SCR				
STEWART, MORGAN								
GIRLS 200m Dash		29.92		30.15				
TOUSSAINT, GREGORY								
BOYS 55m Dash		7.52		7.91				
BOYS 200m Dash		30.20		28.30	1.90			
					1.90 Improve. seconds			
WIERZBICKI, KATHERINE								
GIRLS 55m Hurdles		10.68		10.60	.08			
GIRLS Long Jump		12'08.00"		12'10.00"	'02.00"			
LYMAN MEMORIAL								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	21	3	1	7	33.33%	11.66	.56	1.67
INDIV FLD EVENTS	6		0	2	33.33%			
RELAY EVENTS	1	1	0	1	100.00%	.13	.13	.13

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MONTVILLE	SEED	PRELIM	FINAL	IMPROVEMENT
ALARCON, JENNY GIRLS Shot Put	25'03.00"		23'07.00"	
ALARCON, JUNIOR BOYS Shot Put	34'08.00"		33'11.00"	
ANSELMO, ZOE GIRLS Shot Put	19'10.00"		19'08.00"	
BILHEIMER, KYLAH GIRLS 55m Dash	8.51		8.50	.01 .01 Improve. seconds
BOGUE, XAVIER BOYS 300m Dash	43.08		41.85	1.23 1.23 Improve. seconds
BOWER, FELICIA GIRLS Long Jump	11'00.00"		11'03.00"	'03.00"
BUTZGY, ISABELLA GIRLS Shot Put	17'05.00"		16'11.00"	
CASKEY, EMMA GIRLS 300m Dash	53.85		50.50	3.35 3.35 Improve. seconds
CASSIDY, KATHERINE GIRLS Long Jump	11'10.00"		12'05.00"	'07.00"
CHIARELLA, JOSEPH BOYS 200m Dash	28.00		27.15	.85 .85 Improve. seconds
CLARK, MACKENZIE GIRLS Triple Jump	NM		30'00.50"	
GIRLS 200m Dash	30.00		29.68	.32
GIRLS Long Jump	14'10.00"		14'08.00"	
CURRAN, AURORA GIRLS Shot Put	18'10.00"		17'08.50"	
DAWLEY, MADISON GIRLS Shot Put	16'05.00"		15'06.50"	
DELACRUZ, ROBERT BOYS 55m Dash	7.28		7.30	
DOYLE, TUCKER BOYS 300m Dash	41.21		41.37	
EDWARDS, ALEX BOYS 1600m Run	6:10.00		6:07.58	2.42 2.42 Improve. seconds
GIURLEO, EMMA GIRLS 800m Run	2:45.00		2:52.92	
GOULD, MADDIE GIRLS 1000m Run	3:28.00		3:32.94	
HALL, LUKE BOYS Shot Put	18'00.00"		SCR	
HANDLER, ZACK BOYS 600m Dash	1:47.00		1:42.28	4.72 4.72 Improve. seconds

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MONTVILLE	SEED	PRELIM	FINAL	IMPROVEMENT
IYER, RANJU				
BOYS 800m Run	2:55.00		2:56.69	
IYER, RISHABH				
BOYS 1000m Run	2:54.00		2:50.92	3.08
				3.08 Improve. seconds
KEENAN, ZACHARY				
BOYS 600m Dash	1:47.00		1:46.08	.92
				.92 Improve. seconds
KOBYLUCK, RYAN				
BOYS 600m Dash	2:03.00		1:59.66	3.34
				3.34 Improve. seconds
KRAMER, KENNETH				
BOYS 55m Hurdles	9.33		9.08	.25
				.25 Improve. seconds
KURUCHI, ASHWIN				
BOYS Triple Jump	NM		37'02.75"	
BOYS Long Jump	16'07.00"		17'09.50"	1'02.50"
LAJEUNESSE, GAVIN				
BOYS Shot Put	20'11.00"		21'11.00"	1'00.00"
LINDER, JAMILA				
GIRLS 300m Dash	48.94		DNS	
MACCRACKEN, KIERA				
GIRLS 55m Dash	8.69		8.80	
MACCRACKEN, MICHAELA				
GIRLS 200m Dash	28.00		28.08	
MACK, TYRONE				
BOYS Shot Put	49'09.00"		49'05.00"	
MARQUAND, JACK				
BOYS 1600m Run	6:00.00		SCR	
MEEHAN, ALEXIS				
GIRLS 55m Dash	8.59		8.67	
MONTVILLE, A				
BOYS 1600m Relay	4:10.00		4:11.26	
BOYS 1600m Sprint Medley RELAY	4:20.00		4:39.43	
GIRLS 1600m Relay	4:30.00		4:24.48	5.52
GIRLS 1600m Sprint Medley RELAY	5:00.00		5:17.67	
MONTVILLE, B				
BOYS 1600m Relay	4:10.00		4:05.89	4.11
				4.11 Improve. seconds
MURALLO, JILLIAN				
GIRLS 55m Dash	8.15		8.05	.10
				.10 Improve. seconds
MURALLO, SEAN				
BOYS 55m Dash	7.20		7.13	.07
				.07 Improve. seconds
OVALLE, FERNANDA				
GIRLS 800m Run	4:05.00		SCR	

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MONTVILLE	SEED	PRELIM	FINAL	IMPROVEMENT
PECK, ALEXANDRIA				
GIRLS 600m Dash	1:50.00		1:50.46	
PECK, MICHAELA				
GIRLS 55m Dash	8.75		8.81	
PLIKUS, KATELYN				
GIRLS 55m Dash	8.62		8.65	
POMERANKE, ADAM				
BOYS 200m Dash	29.00		28.54	.46
				.46 Improve. seconds
PRICE, KATELIN				
GIRLS 200m Dash	29.00		28.60	.40
				.40 Improve. seconds
PRICE, MADISEN				
GIRLS 300m Dash	52.63		50.73	1.90
				1.90 Improve. seconds
RASMUSSEN, ABIGAIL				
GIRLS 600m Dash	1:58.50		2:03.54	
ROSE, JACOB				
BOYS 300m Dash	42.00		39.54	2.46
				2.46 Improve. seconds
ROSS, LAUREN				
GIRLS Triple Jump	NM		30'07.50"	
GIRLS 55m Hurdles	9.56		9.44	.12
GIRLS High Jump	4'02.00"		4'10.00"	'08.00"
SOPZIK, REAGAN				
GIRLS 1000m Run	3:42.50		3:47.77	
STRICKLAND, DEREK				
BOYS 55m Hurdles	8.16		8.05	.11
				.11 Improve. seconds
SZCZYGIEL, LENNY				
BOYS 1600m Run	5:55.00		6:03.09	
TAYLOR, BROOKE				
GIRLS Shot Put	19'06.00"		17'06.00"	
THOMAS, ETHAN				
BOYS 800m Run	3:00.00		SCR	
VALDES, JULIAN				
BOYS Triple Jump	NM		38'02.50"	
BOYS High Jump	5'04.00"		5'08.00"	'04.00"
BOYS Long Jump	19'00.00"		18'01.00"	
VELEZ, MARCUS				
BOYS 55m Dash	7.06		SCR	
BOYS Long Jump	19'00.00"		18'11.00"	
VENTRESCA, SEAN				
BOYS 600m Dash	1:35.00		1:36.14	
WAINWRIGHT, MAGGIE				
GIRLS 300m Dash	51.26		49.18	2.08
				2.08 Improve. seconds

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MONTVILLE		SEED	PRELIM	FINAL	IMPROVEMENT			
WHITTAKER, MADY								
GIRLS 600m Dash		1:44.00		1:47.91				
WHITTAKER, MORGUN								
BOYS 1000m Run		3:20.00		3:26.10				
WINSTEAD, CHRISTYNA								
GIRLS 200m Dash		34.00		32.54	1.46			
					1.46 Improve. seconds			
YE, ALVIN								
BOYS 55m Dash		7.60		7.76				
BOYS 200m Dash		30.00		28.36	1.64			
					1.64 Improve. seconds			
YESHI, SHENPHEN								
BOYS 1000m Run		3:18.00		3:10.21	7.79			
					7.79 Improve. seconds			
ZHONG, JASON								
BOYS 55m Dash		8.33		8.33				
MONTVILLE								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	42	4	0	23	54.76%	39.08	.93	1.70
INDIV FLD EVENTS	21		0	6	28.57%			
RELAY EVENTS	5	0	0	2	40.00%	9.63	1.93	4.82

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NORWICH FREE ACADEMY	SEED	PRELIM	FINAL	IMPROVEMENT
ANDERSON, RYAN				
BOYS 1600m Run	5:45.00		SCR	
ANDRADE, NORINE				
GIRLS 55m Dash	9.00		SCR	
ANTOINE, JONATHAN				
BOYS High Jump	5'00.00"		SCR	
BOYS Long Jump	16'02.75"		SCR	
ARISTILDE, DANGELO				
BOYS 200m Dash	24.00		24.85	
BAZINET, JACOB				
BOYS Pole Vault	12'06.00"		13'00.00"	'06.00"
BELTON, CAMERON				
BOYS 55m Dash	6.95		7.07	
BOYS Shot Put	51'10.00"		49'10.00"	
BRANSFORD, JASMYN				
GIRLS 300m Dash	47.65		46.72	.93
				.93 Improve. seconds
BROWN, AIDAN				
BOYS 3200m Run	10:42.00		10:45.68	
BRYANT, TAHLIA				
GIRLS Long Jump	14'06.00"		14'05.50"	
BUCKRIDGE, GENEVIEVE				
GIRLS 800m Run	2:37.00		2:37.72	
GIRLS 3200m Run	12:40.00		13:07.60	
CARNEY, EVAN				
BOYS 1000m Run	3:15.00		3:31.05	
CHONG, ANTHONY				
BOYS Pole Vault	9'00.00"		SCR	
CONRAD, JUSTIN				
BOYS 55m Dash	7.50		7.76	
COSTICK, JUSTIN				
BOYS High Jump	5'06.00"		SCR	
COTNER, ZACHERY				
BOYS Pole Vault	8'00.00"		SCR	
CRABB, TYLER				
BOYS 1600m Run	5:06.00		5:05.62	.38
				.38 Improve. seconds
CROWLEY, JACOB				
BOYS Shot Put	34'09.50"		33'06.50"	
CROWLEY, KATHERINE				
GIRLS Pole Vault	7'00.00"		6'06.00"	
DAVEIGA, ADELINO				
BOYS Shot Put	49'01.00"		47'09.00"	
DAVIDSON, MAX				
BOYS Pole Vault	10'06.00"		NM	
DEVEGA, TYLER				
BOYS 1000m Run	2:59.00		3:01.46	

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NORWICH FREE ACADEMY	SEED	PRELIM	FINAL	IMPROVEMENT
EGGLER, DANIEL				
BOYS 600m Dash	1:39.00		1:38.48	.52 .52 Improve. seconds
ELLIOT, HANNAH				
GIRLS 55m Dash	8.21		SCR	
GIRLS Pole Vault	8'06.00"		SCR	
FONVIL, XAVIER				
BOYS Long Jump	17'06.00"		SCR	
FRITZSCHE, EMMALEE				
GIRLS 55m Dash	8.83		SCR	
GIRLS Long Jump	13'07.00"		SCR	
GAHRMAN, WYATT				
BOYS 800m Run	2:40.00		2:36.09	3.91 3.91 Improve. seconds
GODERE, MEREDITH				
GIRLS Shot Put	21'11.00"		24'00.00"	2'01.00"
GOMES, DAVIEN				
BOYS 600m Dash	1:45.00		1:43.35	1.65 1.65 Improve. seconds
GRANT, JULIA				
GIRLS Shot Put	17'07.50"		18'08.00"	1'00.50"
HILL, LAVERY				
BOYS Shot Put	37'04.75"		SCR	
HOSPOD, TESSA				
GIRLS 800m Run	2:48.00		2:47.81	.19
GIRLS 3200m Run	13:05.00		13:30.08	.19 Improve. seconds
HYDE, STEPHEN				
BOYS Shot Put	39'07.00"		35'11.00"	
JACOBS, MAEVE				
GIRLS 200m Dash	30.50		34.29	
GIRLS 300m Dash	57.32		54.78	2.54 2.54 Improve. seconds
JENCKS, TIMOTHY				
BOYS 1600m Run	5:11.00		5:10.07	.93 .93 Improve. seconds
JONES, JERMALE				
BOYS 200m Dash	25.50		SCR	
BOYS 300m Dash	43.02		40.57	2.45 2.45 Improve. seconds
JONES, SOPHIA				
GIRLS 800m Run	2:40.00		2:44.26	
GIRLS 3200m Run	13:00.00		13:25.85	
KELLEY, MAKAYLA				
GIRLS 1000m Run	3:45.00		SCR	
KOTULA, KEIRA				
GIRLS Shot Put	18'00.00"		SCR	

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NORWICH FREE ACADEMY	SEED	PRELIM	FINAL	IMPROVEMENT
LACOMBE, ALIYAH				
GIRLS 55m Hurdles	10.50		10.05	.45
GIRLS Long Jump	15'06.00"		16'01.50"	'07.50"
LADYGA, TAYLOR				
GIRLS 55m Dash	8.84		SCR	
GIRLS 200m Dash	29.00		SCR	
LEWIS, ALEXIS				
GIRLS 55m Dash	8.73		8.68	.05
GIRLS 300m Dash	55.00		51.37	3.63
				3.68 Improve. seconds
LEWIS, ALLYSON				
GIRLS 200m Dash	27.00		27.28	
GIRLS High Jump	5'06.00"		5'04.00"	
LUDLOW, PHILLIP				
BOYS 800m Run	2:17.00		2:13.57	3.43
BOYS 3200m Run	10:45.33		11:12.77	
				3.43 Improve. seconds
MCGUIRE, DYLAN				
BOYS 800m Run	2:16.00		2:18.23	
BOYS 1600m Run	4:59.00		4:56.83	2.17
				2.17 Improve. seconds
NORWICH FREE ACADEMY, A				
BOYS 1600m Sprint Medley RELAY	3:55.00		4:03.65	
BOYS 1600m Relay	4:15.00		4:26.52	
GIRLS 1600m Sprint Medley RELAY	4:28.00		4:30.92	
NORWICH FREE ACADEMY, B				
BOYS 1600m Relay	3:50.00		3:53.28	
OSAGIE, OSARETIN				
BOYS 55m Hurdles	8.02		8.06	
BOYS 300m Dash	38.50		39.37	
PARK, KAYLA				
GIRLS 600m Dash	1:43.00		1:42.14	.86
				.86 Improve. seconds
PAUL, NAZAI AH				
BOYS 300m Dash	42.57		38.31	4.26
				4.26 Improve. seconds
PIERRE, ASHLEY				
GIRLS 200m Dash	32.00		SCR	
GIRLS 300m Dash	54.00		SCR	
PREBLE, ANDREW				
BOYS Long Jump	16'01.00"		16'07.00"	'06.00"
PRIOR, GILLIAN				
GIRLS 55m Dash	9.29		SCR	
GIRLS Shot Put	23'04.00"		SCR	

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NORWICH FREE ACADEMY		SEED	PRELIM	FINAL	IMPROVEMENT			
RAMSEY, PEYTON								
BOYS 800m Run		2:12.00		2:11.48	.52			
BOYS 3200m Run		10:40.00		10:49.31				
					.52 Improve. seconds			
RIBEIRO, JORDAN								
BOYS Shot Put		26'09.00"		26'06.00"				
RICKETTS, EMMA GRACE								
GIRLS 600m Dash		1:48.00		1:51.21				
SEROUSSI, JADEN								
BOYS 600m Dash		1:42.00		1:40.78	1.22			
					1.22 Improve. seconds			
SHANNON, CATHERINE								
GIRLS 1600m Run		5:50.00		5:46.91	3.09			
					3.09 Improve. seconds			
SIECZKOWSKI, LYDIA								
GIRLS Shot Put		24'00.00"		27'03.00"	3'03.00"			
SMITH, JOSEPH								
BOYS 55m Dash		7.50		7.47	.03			
					.03 Improve. seconds			
SMITH, MALACHI								
BOYS 55m Dash		7.58		7.63				
BOYS 200m Dash		26.50		27.30				
SMITH, MICHAEL								
BOYS 1600m Run		5:27.00		5:30.20				
SPRUILL, JAHM								
BOYS 55m Dash		6.98		6.86	.12			
BOYS Long Jump		20'08.00"		19'00.00"				
SYLVERISTE, NEILA								
GIRLS Shot Put		26'07.00"		28'00.00"	1'05.00"			
TAWDEEN, NEVILLE								
BOYS 200m Dash		24.80		25.34				
TOUSSAINT, JAZLYNN								
GIRLS 55m Hurdles		11.50		10.35	1.15			
GIRLS Long Jump		12'06.00"		13'01.50"	'07.50"			
WASHINGTON, DASHAUN								
BOYS 55m Dash		7.47		7.41	.06			
BOYS 300m Dash		40.49		42.21				
					.06 Improve. seconds			
ZENG, JEFFREY								
BOYS 1000m Run		3:27.00		3:28.14				
NORWICH FREE ACADEMY								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	48	11	0	23	47.92%	34.54	.72	1.50
INDIV FLD EVENTS	17	1	0	8	47.06%			
RELAY EVENTS	4	0	0	0	0%			

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OLD SAYBROOK	SEED	PRELIM	FINAL	IMPROVEMENT
BALINSKAS, ANTHONY				
BOYS Shot Put	40'06.00"		SCR	
BARNES, JON				
BOYS 55m Hurdles	8.40		9.06	
BOYS Long Jump	19'06.00"		18'05.25"	
BRODEUR, ANNA				
GIRLS 200m Dash	27.50		29.40	
GIRLS High Jump	4'06.00"		4'06.00"	
CHACON, CARLOS				
BOYS 55m Dash	6.75		7.05	
BOYS 200m Dash	23.50		25.24	
COLELLA, JACK				
BOYS 55m Dash	6.60		7.03	
BOYS 200m Dash	23.40		24.47	
GABLE MAN, JOHN				
BOYS 55m Hurdles	9.50		12.57	
BOYS Long Jump	18'06.00"		17'02.00"	
MOSHIER, DEVON				
BOYS 55m Dash	6.80		6.93	
BOYS 200m Dash	23.80		25.02	
NOSAL, AVERY				
GIRLS 55m Hurdles	9.60		9.99	
GIRLS Long Jump	15'06.00"		SCR	
NYGARD, MOLLY				
GIRLS 800m Run	2:45.00		2:52.90	
GIRLS 1000m Run	3:24.00		3:57.33	
RYAN, SHON				
BOYS 1000m Run	2:51.00		3:11.48	
BOYS 800m Run	NT		SCR	
SCHNEIDER, JACOB				
BOYS 800m Run	2:07.50		SCR	
BOYS 1000m Run	2:50.00		2:52.77	
SIGERSMITH, LILLY				
GIRLS 800m Run	2:50.00		2:50.08	
STRATTON, EMILY				
GIRLS 800m Run	2:28.00		SCR	
GIRLS 1000m Run	3:14.00		3:22.66	
STRATTON, JESSICA				
GIRLS 800m Run	2:24.00		SCR	
GIRLS 1000m Run	3:08.00		3:08.69	
SUMBY, HANNAH				
GIRLS Pole Vault	7'06.00"		SCR	
GIRLS Long Jump	15'01.00"		SCR	
SZUCS, AUTUMN				
GIRLS 55m Hurdles	9.30		10.79	
GIRLS 200m Dash	27.00		31.00	

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OLD SAYBROOK		SEED	PRELIM	FINAL	IMPROVEMENT
THOMAS, MAX					
BOYS 55m Dash		6.82		7.40	
BOYS 200m Dash		24.00		24.79	
VIGORITA, RACHEL					
GIRLS High Jump		5'02.00"		4'10.00"	
GIRLS Long Jump		14'06.00"		14'02.50"	
WILEY, CAITLIN					
GIRLS 1000m Run		3:18.00		3:23.00	
WILEY, JACK					
BOYS 800m Run		2:13.50		2:19.96	
BOYS 1000m Run		2:58.00		3:06.27	
OLD SAYBROOK			Percent	Total	Average Improvement
	# Events	# SCR	# DQ	# Improve	Improvement
INDIV TR EVENTS	24	4	0	0	0%
INDIV FLD EVENTS	5		0	0	0%
RELAY EVENTS	0	0	0	0	0%
					Improvement
					Per Run... Per Improved

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OXFORD	SEED	PRELIM	FINAL	IMPROVEMENT
ADAMES, DREW				
BOYS 200m Dash	24.00		25.74	
ALDO, MARK				
BOYS Pole Vault	8'06.00"		7'06.00"	
BATLLE, DYLAN				
BOYS 55m Dash	6.76		6.81	
BOYS 200m Dash	22.90		SCR	
CABEZAS, MELISSA				
GIRLS 55m Dash	8.78		8.71	.07
GIRLS 200m Dash	NT		32.81	
FOX, DEVIN				
GIRLS Shot Put	23'03.00"		24'07.00"	1'04.00"
GRILLO, KENDRA				
GIRLS 1000m Run	3:15.00		3:35.35	
LOBRAICO, EMMA				
GIRLS 1000m Run	3:22.60		3:44.08	
LOMBARDI, OLIVIA				
GIRLS High Jump	5'02.00"		5'00.00"	
GIRLS Long Jump	15'11.25"		SCR	
MANNING, ELI				
BOYS High Jump	5'08.00"		5'02.00"	
BOYS Long Jump	16'06.00"		15'00.00"	
MESIDOR, NIAH				
GIRLS 55m Dash	8.76		8.96	
GIRLS Shot Put	29'03.00"		27'08.00"	
MONTEIRO, ARIANNA				
GIRLS 55m Dash	8.63		SCR	
GIRLS 300m Dash	54.04		54.74	
MOWRY, PEYTON				
BOYS 1000m Run	3:23.65		3:07.08	16.57 16.57 Improve. seconds
OXFORD, A				
BOYS 1600m Sprint Medley RELAY	4:10.00		4:19.77	
GIRLS 1600m Sprint Medley RELAY	4:46.00		4:54.33	
PUDELKA, DYLAN				
BOYS Shot Put	42'02.50"		40'06.00"	
SEPANEK, LEANNE				
GIRLS 55m Hurdles	10.21		10.01	.20 .20 Improve. seconds
SMITH, SHONDA				
GIRLS Long Jump	NM		SCR	
GIRLS 200m Dash	NT		34.54	
STELLA-MACKIE, ETHAN				
BOYS 55m Dash	7.40		7.34	.06 .06 Improve. seconds

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OXFORD		SEED	PRELIM	FINAL	IMPROVEMENT			
VIRGALLA, BRENNNA								
GIRLS 1600m Run		6:31.73		SCR				
GIRLS 3200m Run		14:17.42		DNS				
WALLEN, EVERAL								
BOYS 300m Dash		43.91		42.31	1.60			
					1.60 Improve. seconds			
WICKENHEISSER, KATE								
GIRLS 55m Dash		8.23		8.20	.03			
					.03 Improve. seconds			
WOLF, SAMUEL								
BOYS Pole Vault		9'06.00"		8'06.00"				
OXFORD			Percent	Total	Average Improvement			
	# Events	# SCR	# DQ	# Improve	Improvement	Improvement	Per Run...	Per Improved
INDIV TR EVENTS	14	3	0	6	42.86%	18.53	1.32	3.09
INDIV FLD EVENTS	8		0	1	12.5%			
RELAY EVENTS	2	0	0	0	0%			

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SHEEHAN	SEED	PRELIM	FINAL	IMPROVEMENT
AMINAWUNG, CLARISSE				
GIRLS 55m Hurdles	10.26		10.11	.15 .15 Improve. seconds
AMODIO, ARIANNA				
GIRLS 800m Run	2:43.90		2:45.96	
GIRLS 1000m Run	3:43.25		3:39.71	3.54 3.54 Improve. seconds
ARNOLD, DERRICK				
BOYS 800m Run	2:12.30		2:16.43	
BOYS 1600m Run	4:54.39		4:58.07	
AVILA, ALBERTO				
BOYS 200m Dash	24.70		25.65	
BIELECZ, JACOB				
BOYS 600m Dash	1:45.05		1:39.85	5.20 5.20 Improve. seconds
BJORNBERG, RILEY				
BOYS Long Jump	18'03.00"		18'06.00"	'03.00"
BRENNAN, ERIN				
GIRLS Pole Vault	6'06.00"		NM	
GIRLS Long Jump	14'05.50"		15'01.00"	'07.50"
BROWN, LIZZIE				
GIRLS 800m Run	2:34.90		2:32.80	2.10 2.10 Improve. seconds
CAINES, EVAN				
BOYS 800m Run	2:14.80		2:24.57	
CAMARYO, JOSE A.				
BOYS 600m Dash	1:50.60		1:53.00	
CAMARYO, JOSE G.				
BOYS 600m Dash	1:43.20		1:48.08	
CASTALDO, AMANDA				
GIRLS 55m Hurdles	10.90		11.18	
CLAVE, KENNEDY				
BOYS 1000m Run	3:21.20		3:04.93	16.27 16.27 Improve. seconds
CONNOLLY, KYRA				
GIRLS High Jump	4'10.00"		4'10.00"	
GIRLS Pole Vault	9'06.00"		9'00.00"	
CRISPINO, JULIANNA				
GIRLS High Jump	4'02.00"		NM	
GIRLS Pole Vault	6'00.00"		NM	
DRUCKER, MADELEINE				
GIRLS 55m Dash	9.28		9.14	.14
GIRLS 200m Dash	34.00		33.75	.25 .25 Improve. seconds
DUBUC, OLIVIA				
GIRLS 600m Dash	1:39.20		SCR	

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SHEEHAN	SEED	PRELIM	FINAL	IMPROVEMENT
ETHIER, TREVOR				
BOYS 55m Hurdles	9.80		DNF	
BOYS High Jump	5'02.00"		NM	
FOX, LAUREN				
GIRLS Shot Put	28'02.75"		28'06.50"	'03.75"
GALICIA, MARISSA				
GIRLS 1000m Run	3:50.20		4:29.91	
GIRLS 1600m Run	5:56.30		8:04.94	
GEARY, DANNIELLE				
GIRLS Shot Put	23'04.50"		22'07.00"	
GUIDO, ALLY				
GIRLS 300m Dash	53.00		52.78	.22
GIRLS Pole Vault	6'00.00"		6'06.00"	'06.00"
GUIDO, WILL				
BOYS Shot Put	33'06.00"		NM	
KAIDER, ALLYSON				
GIRLS 55m Hurdles	12.35		SCR	
LEON-BARREIRO, LUCAS				
BOYS 55m Dash	8.64		8.16	.48
BOYS 200m Dash	29.60		29.27	.33
				.33 Improve. seconds
LINDBERG, LAUREN				
GIRLS Shot Put	22'11.50"		21'04.00"	
LUDDY, MAX				
BOYS High Jump	5'04.00"		5'02.00"	
BOYS Long Jump	19'07.50"		18'04.50"	
MALONE, EMMA				
GIRLS 800m Run	2:45.40		2:47.51	
GIRLS 1000m Run	3:37.90		3:29.82	8.08
				8.08 Improve. seconds
MANSFIELD, AMELIA				
GIRLS 200m Dash	29.20		30.07	
GIRLS Long Jump	13'03.00"		14'04.50"	1'01.50"
MANSFIELD, ANDREW				
BOYS Pole Vault	9'00.00"		8'00.00"	
MANSFIELD, JULIA				
GIRLS 200m Dash	27.37		28.05	
MANSFIELD, PATRICE				
GIRLS 55m Dash	8.25		8.42	
MARTINDALE, CYLE				
BOYS Shot Put	44'08.00"		43'07.00"	
MORRILL, MACKENZIE				
GIRLS Shot Put	29'00.00"		28'04.50"	
MUSHINSKI, GABRIELLE				
GIRLS 55m Dash	8.60		8.75	
GIRLS 300m Dash	51.56		DNS	

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		SEED	PRELIM	FINAL	IMPROVEMENT			
SHEEHAN								
PELLERIN, STEFAN								
BOYS 800m Run		2:20.30		2:45.38				
BOYS 1600m Run		5:24.90		SCR				
PINOS, MIGUEL								
BOYS Shot Put		37'10.25"		34'05.00"				
PISCITELLI, ALICEA								
GIRLS Pole Vault		6'00.00"		NM				
GIRLS Long Jump		13'04.50"		13'07.50"	'03.00"			
POET, DYLAN								
BOYS Shot Put		39'01.00"		37'09.00"				
RABBANI, MASHAL								
GIRLS Shot Put		25'06.50"		22'10.00"				
RIGOLAND, ROMANE								
GIRLS High Jump		4'06.00"		4'04.00"				
GIRLS Long Jump		14'03.00"		14'01.50"				
SEIBT, GRETCHEN								
GIRLS 600m Dash		2:06.46		2:07.51				
GIRLS High Jump		4'00.00"		NM				
SHEEHAN, A								
BOYS 1600m Sprint Medley RELAY		3:55.00		4:01.92				
GIRLS 1600m Relay		4:21.43		4:28.70				
BOYS 1600m Relay		4:35.40		4:25.02	10.38			
GIRLS 1600m Sprint Medley RELAY		4:43.00		4:45.93				
SKILLIN, KEVIN								
BOYS 1000m Run		3:40.42		3:29.90	10.52			
BOYS 1600m Run		5:48.07		6:00.37				
					10.52 Improve. seconds			
VENIOT, ETHAN								
BOYS 800m Run		2:12.50		2:15.87				
VILLANO, ALLISON								
GIRLS 55m Dash		8.03		8.12				
VIOLETTE, OLIVIA								
GIRLS 200m Dash		32.30		34.61				
GIRLS 300m Dash		49.80		54.58				
WINTERS, AVERY								
GIRLS 300m Dash		45.30		45.42				
WOLCHESKI, RILEY								
GIRLS Shot Put		31'09.00"		31'09.00"				
SHEEHAN								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	35	3	0	12	34.29%	47.28	1.35	3.94
INDIV FLD EVENTS	21		0	6	28.57%			
RELAY EVENTS	4	0	0	1	25.00%	10.38	2.60	10.38

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SOMERS		SEED	PRELIM	FINAL	IMPROVEMENT			
BUSHEY, BRYAN								
BOYS 55m Hurdles		9.09		9.15				
BOYS Pole Vault		10'00.00"		9'06.00"				
RAYMOND, KYLIE								
GIRLS 800m Run		2:35.00		2:34.63	.37			
GIRLS 1600m Run		5:20.00		5:24.80				
					.37 Improve. seconds			
SUTER, DOUGLAS								
BOYS 200m Dash		26.80		26.40	.40			
BOYS 600m Dash		1:41.00		1:41.97				
					.40 Improve. seconds			
SUTER, OLIVIA								
GIRLS 55m Hurdles		10.60		11.05				
GIRLS 200m Dash		28.10		28.71				
SOMERS								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	7	0	0	2	28.57%	.77	.11	.39
INDIV FLD EVENTS	1		0	0	0%			
RELAY EVENTS	0	0	0	0	0%			

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STAFFORD	SEED	PRELIM	FINAL	IMPROVEMENT
CHICKOSKY, SARAH				
GIRLS 600m Dash	2:07.53		SCR	
GIRLS 800m Run	3:10.00		SCR	
DUFFY, ERIN				
GIRLS 200m Dash	30.00		30.93	
GIRLS High Jump	4'04.00"		4'08.00"	'04.00"
DUFFY, RYAN				
BOYS 600m Dash	2:00.00		2:00.48	
FABERQUIST, SAM				
BOYS 1000m Run	3:45.00		3:24.84	20.16
				20.16 Improve. seconds
FRANK, JOHN				
BOYS 55m Dash	7.74		7.67	.07
BOYS Shot Put	34'10.00"		32'06.00"	
GAREFFA, ELLIE				
GIRLS 600m Dash	2:11.68		2:21.29	
GIRLS 800m Run	3:10.00		3:15.90	
GAREFFA, PIA				
GIRLS 55m Dash	8.64		8.81	
GIRLS Shot Put	22'07.00"		24'03.50"	1'08.50"
GILL, ANGELINA				
GIRLS 200m Dash	29.50		31.52	
GIRLS 600m Dash	1:47.66		1:57.16	
GILMAN, RYLEIGH				
GIRLS 55m Dash	8.50		SCR	
GIRLS 200m Dash	33.00		SCR	
GUTIERREZ, BRADEN				
BOYS 1600m Run	5:45.00		5:40.04	4.96
				4.96 Improve. seconds
KALLENBACH, MARISSA				
GIRLS 55m Hurdles	10.71		10.91	
GIRLS High Jump	4'04.00"		4'02.00"	
KIRCHHOFFER, MATT				
BOYS 55m Dash	8.60		8.43	.17
BOYS 200m Dash	29.50		30.04	
MACFEAT, KYLE				
BOYS 55m Dash	7.00		6.96	.04
BOYS 200m Dash	24.00		24.28	
MALLARD, MIKENNA				
GIRLS Long Jump	10'00.00"		SCR	
MALONEY, LYNESAY				
GIRLS 800m Run	3:00.00		2:52.56	7.44
GIRLS Long Jump	12'08.00"		SCR	
MARTORELLI, MICHAELA				
GIRLS 55m Dash	9.46		9.71	
GIRLS Shot Put	24'02.00"		22'07.00"	

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STAFFORD		SEED	PRELIM	FINAL	IMPROVEMENT			
MISSELL, JAMES								
BOYS 55m Hurdles		8.90		9.05				
BOYS High Jump		5'06.00"		5'06.00"				
MURDOCK, COLE								
BOYS 200m Dash		26.50		25.63	.87			
BOYS Shot Put		29'00.00"		29'01.00"	'01.00"			
MURDOCK, MACKENZIE								
GIRLS 600m Dash		2:07.28		SCR				
GIRLS 800m Run		3:05.00		SCR				
NORRIS, DEVON								
BOYS 200m Dash		30.50		SCR				
PANCIERA, KAITLIN								
GIRLS 200m Dash		36.00		SCR				
PROUTY, JOHN								
BOYS 600m Dash		1:55.00		1:49.27	5.73			
BOYS Long Jump		13'00.00"		SCR				
SIERRA, ALEX								
GIRLS 55m Dash		8.50		8.39	.11			
GIRLS Shot Put		19'00.00"		22'00.00"	3'00.00"			
SPRAGUE, MURIEL								
GIRLS 1600m Run		6:21.17		6:21.48				
VAUGHN, ABIGAIL								
GIRLS 55m Dash		9.50		9.63				
GIRLS Shot Put		22'00.00"		21'04.00"				
WALBRIDGE, EMMA								
GIRLS 55m Dash		8.60		8.97				
GIRLS Long Jump		11'06.00"		SCR				
WOLCZUK, AIDEN								
BOYS 600m Dash		1:57.76		SCR				
STAFFORD								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	24	9	0	9	37.50%	39.55	1.65	4.39
INDIV FLD EVENTS	9		0	4	44.44%			
RELAY EVENTS	0	0	0	0	0%			

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STAPLES	SEED	PRELIM	FINAL	IMPROVEMENT
ADLER, JAX				
BOYS Pole Vault	8'06.00"		8'06.00"	
ALTIS, HUNTER				
BOYS 200m Dash	30.00		29.71	.29
BOYS 600m Dash	1:52.48		1:49.54	2.94
				3.23 Improve. seconds
BULLOCK, ADAM				
BOYS 55m Dash	7.50		7.49	.01
BOYS 300m Dash	42.50		41.29	1.21
				1.22 Improve. seconds
BURG, JACK				
BOYS Pole Vault	11'00.00"		SCR	
CAPLAN, JASON				
BOYS Shot Put	40'08.00"		SCR	
CHEUNG, AARON				
BOYS High Jump	4'08.00"		SCR	
DEROCCO, WILLIAM				
BOYS 1000m Run	3:04.00		3:02.54	1.46
				1.46 Improve. seconds
ELLIS, CHET				
BOYS High Jump	6'08.00"		SCR	
BOYS Long Jump	19'08.00"		SCR	
FIERRO, MORGAN				
BOYS 3200m Run	9:42.68		9:53.04	
GLADSTONE, ZACH				
BOYS Shot Put	45'07.50"		SCR	
GUIDULI, BRUNO				
BOYS 600m Dash	1:54.00		1:45.52	8.48
				8.48 Improve. seconds
HAAS, HENRY				
BOYS 1000m Run	2:46.71		2:43.40	3.31
				3.31 Improve. seconds
HARRINGTON, ALEX				
BOYS 1600m Run	5:06.96		5:05.64	1.32
				1.32 Improve. seconds
HARRINGTON, KYLE				
BOYS 1600m Run	5:08.58		5:17.11	
LORENZ, JONATHAN				
BOYS 1000m Run	3:00.34		SCR	
LORENZ, LUKE				
BOYS 3200m Run	9:42.53		DNS	
MOODY, PETER				
BOYS High Jump	5'04.00"		5'02.00"	
BOYS Long Jump	16'06.00"		15'08.50"	
MORO, DEAN				
BOYS Shot Put	34'04.00"		33'08.00"	
MOTYL, MATT				
BOYS Pole Vault	10'06.00"		SCR	

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STAPLES		SEED	PRELIM	FINAL	IMPROVEMENT
MUELLER, JADEN					
BOYS 600m Dash		1:48.24		SCR	
BOYS High Jump		5'00.00"		4'10.00"	
O'KANE, TEDDY					
BOYS 3200m Run		9:46.93		9:57.37	
PIRKL, ALEX					
BOYS 55m Dash		7.80		7.93	
BOYS Long Jump		16'00.00"		14'09.50"	
ROBISON, ELIJAH					
BOYS 1600m Run		4:59.70		SCR	
ROSE, AIDEN					
BOYS 55m Dash		7.06		7.06	
BOYS 300m Dash		39.54		39.94	
STAPLES, A					
BOYS 1600m Relay		3:48.00		3:55.26	
STAPLES, B					
BOYS 1600m Relay		3:52.00		4:15.64	
TAUBENHEIM, NICHOLAS					
BOYS 3200m Run		9:44.96		9:54.82	
VOSPER, AIDAN					
BOYS 600m Dash		1:40.20		SCR	
ZUCKERMAN, ANDREW					
BOYS 1600m Run		4:35.21		4:40.15	
STAPLES			Percent	Total	Average Improvement
	# Events	# SCR	# DQ	# Improve	Improvement
INDIV TR EVENTS	16	4	0	8	50.00%
INDIV FLD EVENTS	6		0	0	0%
RELAY EVENTS	2	0	0	0	0%
					Improvement
					Per Run...
					Per Improved
					1.19
					2.38

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SUFFIELD	SEED	PRELIM	FINAL	IMPROVEMENT
AUDET, BROOKE				
GIRLS Pole Vault	NM		NM	
BANNISH, NATE				
BOYS 800m Run	2:29.35		2:25.18	4.17
BOYS 1600m Run	5:08.30		5:22.32	4.17 Improve. seconds
BASCOVE, OLIVIA				
GIRLS 55m Dash	10.02		SCR	
GIRLS Shot Put	18'07.00"		SCR	
BISHOP, CAROLINE				
GIRLS 800m Run	2:59.00		3:14.13	
GIRLS 1600m Run	6:30.03		6:56.38	
BRYDGES, CHARLES				
BOYS 3200m Run	10:07.96		11:02.07	
BRYDGES, EMILY				
GIRLS 1000m Run	3:25.00		SCR	
GIRLS 3200m Run	12:34.33		11:53.32	41.01
				41.01 Improve. seconds
BULAT, CHRIS				
BOYS 200m Dash	28.00		28.17	
BOYS 300m Dash	45.60		44.31	1.29
				1.29 Improve. seconds
CASHMAN, WYATT				
BOYS 200m Dash	30.00		30.77	
BOYS 300m Dash	46.00		49.64	
CASINGHINO, ANNA				
GIRLS 300m Dash	47.43		49.03	
GIRLS 600m Dash	1:47.25		1:50.63	
CASINGHINO, DANIEL				
BOYS Pole Vault	NM		NM	
BOYS 200m Dash	32.34		31.05	1.29
				1.29 Improve. seconds
COGGINS, EMMA				
GIRLS Long Jump	13'00.00"		SCR	
GIRLS Shot Put	30'04.00"		31'10.00"	1'06.00"
DAVIDSON, NATE				
BOYS 800m Run	2:06.00		2:09.76	
BOYS 3200m Run	10:09.44		10:18.49	
DAVIS, ALLI				
GIRLS Pole Vault	NM		NM	
GIRLS 55m Hurdles	11.62		11.56	.06
				.06 Improve. seconds
DION, JOHN				
BOYS 55m Dash	7.92		7.92	
BOYS Shot Put	34'01.00"		34'05.00"	'04.00"

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SUFFIELD	SEED	PRELIM	FINAL	IMPROVEMENT
DIONNE, NADIA				
GIRLS 55m Dash	9.04		8.99	.05
GIRLS 200m Dash	30.50		32.87	
GADOMSKI, HAYLEY				
GIRLS High Jump	NM		4'00.00"	
GIRLS Long Jump	NM		12'09.50"	
GAZSI, AVA				
GIRLS Shot Put	NM		12'09.00"	
GLEASON, PETER				
BOYS 55m Dash	8.33		SCR	
BOYS Shot Put	18'02.50"		SCR	
GONZALEZ, DESTINY				
GIRLS 55m Dash	8.51		8.53	
GIRLS Long Jump	13'07.00"		NM	
HARDY, MAISON				
BOYS 800m Run	2:40.43		2:46.00	
BOYS 1600m Run	5:47.19		5:59.89	
HEYSE, BRITNEY				
GIRLS Shot Put	NM		21'02.00"	
GIRLS 55m Hurdles	11.64		SCR	
GIRLS Pole Vault	7'00.00"		NM	
HIGGINBOTHAM, GARY				
BOYS Pole Vault	NM		NM	
BOYS 300m Dash	43.44		41.54	1.90
				1.90 Improve. seconds
KAWALEC, SAMANTHA				
GIRLS 600m Dash	2:07.58		2:07.15	.43
GIRLS High Jump	4'04.00"		4'04.00"	
KENT, VICTORIA				
GIRLS 55m Dash	8.40		8.02	.38
GIRLS 300m Dash	49.13		49.17	
				.38 Improve. seconds
LAMBERT, CHRISTINA				
GIRLS 55m Hurdles	12.86		DNS	
GIRLS 200m Dash	31.00		SCR	
LAWSON, LAILA				
GIRLS Long Jump	NM		SCR	
GIRLS 300m Dash	50.15		DNS	
LAWSON, LEROY				
BOYS High Jump	5'02.00"		SCR	
BOYS Long Jump	17'04.00"		SCR	
MARGIATTO, CHRIS				
BOYS 55m Hurdles	10.83		10.89	
BOYS Long Jump	14'08.00"		13'10.00"	

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MCCUE, CONNOR				
BOYS 55m Dash	8.00		7.69	.31
BOYS Long Jump	16'10.50"		16'08.50"	
MILLER, CAMDEN				
BOYS 600m Dash	1:31.43		1:28.69	2.74
				2.74 Improve. seconds
MOCKALIS, BRETT				
BOYS High Jump	5'06.00"		5'04.00"	
PLATT, KATHERINE				
GIRLS 300m Dash	46.65		46.84	
GIRLS Shot Put	29'09.50"		29'01.00"	
SATTAN, MIKE				
BOYS High Jump	4'09.00"		5'00.00"	'03.00"
SEGER, ASHLEY				
GIRLS 55m Dash	8.65		8.56	.09
GIRLS 200m Dash	30.10		31.14	
SEVIGNY, AUDREY				
GIRLS 800m Run	3:20.00		3:16.53	3.47
GIRLS 1600m Run	6:41.80		7:23.34	
				3.47 Improve. seconds
SEVIGNY, OLIVIA				
GIRLS 800m Run	2:45.90		2:50.94	
GIRLS 1600m Run	6:03.81		6:21.40	
SHARP, JARED				
BOYS 600m Dash	1:26.01		1:24.91	1.10
BOYS Pole Vault	11'06.00"		11'00.00"	
SHARP, KARINN				
GIRLS 600m Dash	1:49.98		1:49.91	.07
GIRLS High Jump	4'04.25"		4'06.00"	'01.75"
SINOFSKY, NICK				
BOYS 1000m Run	2:37.00		2:40.36	
BOYS 3200m Run	10:05.00		10:00.89	4.11
				4.11 Improve. seconds
SUFFIELD, A				
BOYS 1600m Sprint Medley RELAY	4:00.78		3:55.95	4.83
				4.83 Improve. seconds
TOMPKINS, KEVIN				
BOYS 55m Hurdles	10.11		10.59	
BOYS Pole Vault	8'06.00"		7'06.00"	
UZDARWIN, JENNA				
GIRLS 600m Dash	2:01.51		1:59.65	1.86
GIRLS Long Jump	13'11.00"		12'08.00"	
WEHELIE, IMAN				
BOYS 55m Dash	12.15		13.79	
BOYS Shot Put	22'11.50"		21'04.00"	

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SUFFIELD	SEED	PRELIM	FINAL	IMPROVEMENT
WERENSKI, AIDEN				
BOYS Long Jump	NM		18'09.00"	
YOUNG, HALEY				
GIRLS 800m Run	2:38.30		2:37.13	1.17
GIRLS 1600m Run	5:40.00		5:50.34	
				1.17 Improve. seconds
ZELLER, GABRIELLE				
GIRLS 1000m Run	3:27.42		3:29.07	
GIRLS 3200m Run	12:01.06		11:51.31	9.75
				9.75 Improve. seconds

SUFFIELD	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	47	5	0	19	40.43%	75.25	1.60	3.96
INDIV FLD EVENTS	18		0	4	22.22%			
RELAY EVENTS	1	0	0	1	100.00%	4.83	4.83	4.83

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TERRYVILLE	SEED	PRELIM	FINAL	IMPROVEMENT
BROWN, COLBY				
BOYS 1600m Run	4:59.00		SCR	
BOYS 3200m Run	10:25.00		10:36.64	
CAMARILLO, DILLON				
BOYS 55m Dash	9.00		8.41	.59
BOYS 200m Dash	35.00		30.48	4.52
				4.52 Improve. seconds
CHRISTIANA, BELLA				
GIRLS 55m Dash	9.00		SCR	
GIRLS 200m Dash	32.00		SCR	
COLLETTE, JACOB				
BOYS 800m Run	2:25.00		2:20.60	4.40
BOYS 1600m Run	5:30.00		5:14.40	15.60
				20.00 Improve. seconds
COOK, RYAN				
BOYS 200m Dash	35.00		31.98	3.02
BOYS 300m Dash	55.00		52.49	2.51
				5.53 Improve. seconds
DEFOREST, CHRIS				
BOYS 800m Run	2:09.00		2:09.47	
BOYS 3200m Run	9:58.00		10:01.79	
DEFOREST, KAITLYN				
GIRLS 3200m Run	12:00.00		DNS	
FERNET, KYLIE				
GIRLS 200m Dash	35.00		33.85	1.15
GIRLS 300m Dash	55.00		54.64	.36
				1.51 Improve. seconds
GARRITY, CONOR				
BOYS 300m Dash	46.00		41.64	4.36
BOYS 600m Dash	1:34.00		1:36.41	
HART, CJ				
BOYS 300m Dash	45.00		42.15	2.85
BOYS 800m Run	2:13.00		2:14.65	
MASKE, MADISON				
GIRLS 55m Dash	9.50		8.82	.68
GIRLS Long Jump	12'00.00"		12'03.00"	'03.00"
MCCOY, NOAH				
BOYS 800m Run	2:30.00		SCR	
BOYS 1600m Run	5:48.00		6:00.38	
MCLELLAN, DEVON				
BOYS Shot Put	27'00.00"		SCR	
MORGAN, EMILY				
GIRLS 300m Dash	55.00		53.84	1.16
GIRLS High Jump	4'08.00"		4'06.00"	

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TERRYVILLE		SEED	PRELIM	FINAL	IMPROVEMENT			
PILBIN, JORDAN								
GIRLS 55m Hurdles		12.00		SCR				
GIRLS Shot Put		18'00.00"		21'10.00"	3'10.00"			
POULIN, KELLY								
GIRLS 200m Dash		36.00		34.87	1.13			
GIRLS Shot Put		17'00.00"		20'09.00"	3'09.00"			
SENIOR, ORENDA								
GIRLS 55m Dash		9.50		9.46	.04			
					.04 Improve. seconds			
STAGER, RIELLY								
GIRLS 55m Dash		9.40		8.66	.74			
GIRLS 200m Dash		33.00		30.71	2.29			
					2.29 Improve. seconds			
TERRYVILLE								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	22	5	0	16	72.73%	45.40	2.06	2.84
INDIV FLD EVENTS	4		0	3	75%			
RELAY EVENTS	0	0	0	0	0%			

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THOMASTON	SEED	PRELIM	FINAL	IMPROVEMENT
BLASKO, ABBY				
GIRLS 600m Dash	2:01.00		2:01.44	
GIRLS Long Jump	10'09.00"		12'01.00"	1'04.00"
BRODY, CONNOR				
BOYS 200m Dash	29.90		SCR	
BROSTEK, ALYSSA				
GIRLS 55m Dash	9.06		9.04	.02
GIRLS High Jump	4'00.00"		3'10.00"	
CASH, HAILLE				
GIRLS Shot Put	21'07.00"		19'10.00"	
DAUTI, MARINA				
GIRLS 1000m Run	3:42.82		4:13.60	
DESMARAIS, MAEGAN				
GIRLS 1600m Run	5:38.50		5:50.05	
DIDONATO, MACKENZIE				
GIRLS 55m Hurdles	11.30		11.50	
HYRES, PAT				
BOYS Triple Jump	NM		35'04.50"	
BOYS 55m Dash	7.05		6.93	.12
				.12 Improve. seconds
KNOX, BIANCA				
GIRLS 55m Dash	8.35		8.37	
KOCISZEWSKI, EMMA				
GIRLS 1000m Run	3:51.74		SCR	
GIRLS 1600m Run	6:38.49		SCR	
KOMONAJ, ARIANA				
GIRLS 55m Dash	8.50		8.31	.19
GIRLS 55m Hurdles	11.41		11.32	.09
				.09 Improve. seconds
KOWALSKI, ALEXA				
GIRLS 300m Dash	59.46		SCR	
GIRLS 600m Dash	2:26.53		2:25.77	.76
				.76 Improve. seconds
KUTLLOVCI, VLERA				
GIRLS 55m Dash	8.70		9.07	
LAONE, HANNAH				
GIRLS 55m Dash	8.91		8.85	.06
GIRLS Long Jump	11'00.00"		12'02.00"	1'02.00"
LECLAIR, COURTNEY				
GIRLS Shot Put	18'10.00"		SCR	
MCCARTHY, MADISON				
GIRLS 55m Hurdles	10.94		11.18	
MCMAHON, JACK				
BOYS 1600m Run	4:57.21		SCR	
MELLA, ANTHONY				
BOYS 55m Dash	7.34		7.36	

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THOMASTON		SEED	PRELIM	FINAL	IMPROVEMENT			
NOLAN, ALEX								
BOYS 800m Run		2:26.12		2:24.90	1.22			
BOYS 1000m Run		3:34.00		3:13.46	20.54			
					21.76 Improve. seconds			
PAWLIK, OLIVIA								
GIRLS 55m Hurdles		11.00		10.87	.13			
GIRLS Long Jump		13'00.00"		13'03.00"	'03.00"			
RODRIGUEZ, GEREMY								
BOYS 1600m Run		5:24.39		5:14.62	9.77			
					9.77 Improve. seconds			
STANCAVAGE, MAC								
BOYS 800m Run		2:52.00		2:47.69	4.31			
BOYS 1600m Run		6:03.82		6:10.04				
					4.31 Improve. seconds			
SUNDELL, KIERSTEN								
GIRLS 1600m Run		6:17.12		6:06.73	10.39			
					10.39 Improve. seconds			
SZYMANSKI, RYAN								
BOYS 300m Dash		47.08		44.31	2.77			
					2.77 Improve. seconds			
THERIAULT, ALEXIS								
GIRLS 600m Dash		2:05.00		2:07.35				
THOMASTON, A								
BOYS 1600m Relay		4:00.00		DQ				
BOYS 1600m Sprint Medley RELAY		4:12.00		4:21.48				
GIRLS 1600m Relay		4:50.00		4:42.37	7.63			
GIRLS 1600m Sprint Medley RELAY		5:05.00		5:09.37				
TREGLIA, SAL								
BOYS 800m Run		2:40.00		2:44.69				
BOYS 1600m Run		5:43.08		5:58.45				
VALERO, ALFRED								
BOYS 300m Dash		45.33		43.76	1.57			
					1.57 Improve. seconds			
VILLONE, RILEY								
GIRLS 300m Dash		1:03.22		SCR				
GIRLS 600m Dash		2:23.00		SCR				
VITARELLI, DEREK								
BOYS 55m Dash		7.60		7.73				
THOMASTON								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	27	7	0	14	51.85%	51.94	1.92	3.71
INDIV FLD EVENTS	6		0	3	50%			
RELAY EVENTS	3	0	1	1	33.33%	7.63	2.54	7.63

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WATERFORD	SEED	PRELIM	FINAL	IMPROVEMENT
ABRAMOWICZ, LILLIE				
GIRLS 55m Dash	8.10		8.15	
GIRLS 300m Dash	50.50		49.86	.64
				.64 Improve. seconds
BEARD, DANTE				
BOYS 55m Dash	7.50		7.48	.02
BOYS 200m Dash	25.00		26.66	
BUCOY, MICHAEL JOHN				
BOYS 300m Dash	45.00		50.67	
BOYS Long Jump	17'00.00"		FOUL	
BUCOY, VINCE ANDRE				
BOYS Shot Put	25'00.00"		21'04.00"	
CHAPPELLE, JALEN				
BOYS 55m Hurdles	8.87		8.82	.05
BOYS 300m Dash	39.00		39.55	
				.05 Improve. seconds
COLLIER, DEVON				
BOYS 800m Run	2:40.00		2:35.64	4.36
BOYS 1000m Run	3:10.00		3:26.49	
				4.36 Improve. seconds
CORMAN, SEAN				
BOYS 800m Run	2:40.00		2:24.72	15.28
BOYS 1600m Run	5:10.00		5:14.56	
				15.28 Improve. seconds
DIAZ, JELIANY				
GIRLS Shot Put	18'00.00"		12'06.00"	
DIAZ, WILLMAR				
BOYS 55m Dash	7.90		7.93	
BOYS Shot Put	36'00.00"		35'11.00"	
ELBAUM, AIDAN				
BOYS Shot Put	30'00.00"		30'05.50"	'05.50"
ELLIOTT, MARCUS				
BOYS 55m Dash	7.00		7.10	
BOYS 200m Dash	25.00		25.19	
GATES, EMILY				
GIRLS 200m Dash	30.74		31.95	
GIRLS 300m Dash	50.50		51.80	
GIRARD, AIMEE				
GIRLS 55m Dash	8.60		8.91	
GIRLS 600m Dash	2:20.00		2:11.77	8.23
				8.23 Improve. seconds
GONZALEZ, EVAN				
BOYS 200m Dash	24.80		26.83	
BOYS Long Jump	18'00.00"		15'10.00"	

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WATERFORD	SEED	PRELIM	FINAL	IMPROVEMENT
JOHNSON, SARAH				
GIRLS 800m Run	2:40.00		2:47.52	
GIRLS 1000m Run	3:35.00		3:38.01	
KARLBERG, JULIA				
GIRLS 55m Dash	8.50		8.58	
GIRLS 55m Hurdles	10.10		10.29	
KETH, JENNIFER				
GIRLS 55m Dash	7.70		7.87	
GIRLS Pole Vault	7'06.00"		7'06.00"	
LENES, SAMUEL				
BOYS 3200m Run	10:40.00		10:54.02	
LI, NICOLE				
GIRLS 55m Dash	8.50		8.99	
GIRLS 200m Dash	30.74		33.62	
LOKKEN, ELLIE				
GIRLS High Jump	4'08.00"		4'06.00"	
GIRLS Pole Vault	7'06.00"		6'06.00"	
LOKKEN, ROBERT				
BOYS 1600m Run	5:10.00		SCR	
LOVELL, JARED				
BOYS 55m Hurdles	8.54		8.57	
BOYS 300m Dash	40.00		40.48	
LOVELL, MARCUS				
BOYS 55m Dash	7.10		7.18	
BOYS 200m Dash	24.50		26.06	
MARTINEZ, VIVIANA				
GIRLS 800m Run	2:50.00		3:00.76	
GIRLS 1600m Run	6:36.00		6:52.00	
MAYNARD, ABIGAIL				
GIRLS 200m Dash	30.74		33.20	
GIRLS Long Jump	13'00.00"		11'08.00"	
MAZZELLA, CHASE-LOGAN				
BOYS 1000m Run	3:40.00		3:24.63	15.37
				15.37 Improve. seconds
PEPIN, AIDAN				
BOYS 3200m Run	10:40.00		10:28.16	11.84
				11.84 Improve. seconds
PEREZ, JULIAN				
BOYS 1000m Run	3:40.00		3:54.01	
PUCCIO, JACQUELINE				
GIRLS 200m Dash	30.74		32.21	
GIRLS 300m Dash	50.50		52.03	
RYAN, TALLAH				
GIRLS 800m Run	2:48.00		2:57.41	
GIRLS 1600m Run	6:36.00		6:51.69	

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WATERFORD	SEED	PRELIM	FINAL	IMPROVEMENT				
SAJID, SARSHAR								
BOYS 1000m Run	3:40.00		3:53.03					
SANDERS, ALICIA MAE								
GIRLS 55m Dash	8.00		8.47					
GIRLS 300m Dash	49.00		47.81	1.19				
				1.19 Improve. seconds				
SELTZER, OWEN								
BOYS 800m Run	2:40.00		2:20.93	19.07				
BOYS 1600m Run	5:10.00		5:15.91					
				19.07 Improve. seconds				
SMITH, CHRISTOPHER								
BOYS 55m Dash	7.00		6.80	.20				
BOYS Long Jump	20'00.00"		18'05.50"					
SOBANKO, KAITLYN								
GIRLS 55m Hurdles	12.90		13.84					
VINCENT, MICHAEL								
BOYS 55m Hurdles	8.74		8.80					
BOYS 300m Dash	39.70		39.51	.19				
				.19 Improve. seconds				
WELCH, ETHAN								
BOYS Shot Put	36'00.00"		33'10.00"					
WATERFORD								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	50	1	0	12	24.00%	76.44	1.53	6.37
INDIV FLD EVENTS	11		0	1	9.09%			
RELAY EVENTS	0	0	0	0	0%			

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WATERTOWN	SEED	PRELIM	FINAL	IMPROVEMENT
ARNOLD, JORDAN				
BOYS 55m Hurdles	9.76		10.03	
BOYS Long Jump	17'03.00"		16'00.00"	
BEAN, CALEB				
BOYS 200m Dash	30.00		SCR	
BOYS Pole Vault	7'06.00"		SCR	
BUTWELL, CASEY				
BOYS 55m Dash	8.10		7.95	.15
BOYS Long Jump	15'01.00"		15'01.50"	'00.50"
CALABRESE, LUKE				
BOYS 200m Dash	26.50		27.30	
BOYS Pole Vault	10'06.00"		9'06.00"	
CALIGIURI, JULIA				
GIRLS 55m Dash	10.71		10.03	.68
GIRLS 200m Dash	38.00		37.31	.69
				.69 Improve. seconds
CAOUCETTE, KEITH				
BOYS 600m Dash	1:32.02		1:27.79	4.23
				4.23 Improve. seconds
CROKE, MALACHY				
BOYS 1600m Run	5:22.67		5:29.76	
DAIGNEAULT, MADDIE				
GIRLS 1000m Run	3:46.00		3:39.23	6.77
				6.77 Improve. seconds
DAPONTE, NICK				
BOYS 200m Dash	27.00		28.17	
BOYS Pole Vault	8'00.00"		NM	
DAYTON, RAFAEL				
BOYS 55m Dash	7.51		SCR	
DEJESUS, KELSEY				
GIRLS Pole Vault	9'03.00"		8'06.00"	
GIRLS Long Jump	15'06.50"		14'09.50"	
DISTEFANO, AUBREY				
GIRLS 600m Dash	2:03.31		2:07.38	
GIRLS Shot Put	19'10.00"		20'10.00"	1'00.00"
DISTEFANO, TORI				
GIRLS 800m Run	2:50.00		2:49.71	.29
GIRLS 3200m Run	13:00.00		DNS	
				.29 Improve. seconds
DODGE, MORGAN				
GIRLS 55m Hurdles	9.42		9.44	
GIRLS Long Jump	15'02.75"		15'09.00"	'06.25"
DODGE, SPENCER				
BOYS 1600m Run	5:00.00		4:58.08	1.92
BOYS 3200m Run	10:26.98		10:52.96	
				1.92 Improve. seconds

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EGAN, ERIN				
GIRLS 55m Dash	8.26		8.32	
GIRLS High Jump	4'02.00"		4'04.00"	'02.00"
FARRELL, KAILIN				
GIRLS 55m Hurdles	12.24		12.67	
FARRELL, LIAM				
BOYS 1000m Run	3:08.00		3:02.18	5.82
BOYS High Jump	5'00.00"		NM	
FISHER, SHAYLYN				
GIRLS 200m Dash	35.00		34.40	.60
GIRLS Shot Put	18'01.00"		17'08.50"	
GALLAGHER, EMMA				
GIRLS 1600m Run	6:20.00		6:06.42	13.58
				13.58 Improve. seconds
GEISE, EMMA				
GIRLS 200m Dash	34.00		33.38	.62
				.62 Improve. seconds
GIUSTO, GABE				
BOYS 300m Dash	43.30		41.12	2.18
				2.18 Improve. seconds
GORSKI, JACK				
BOYS 55m Dash	7.70		7.53	.17
BOYS Pole Vault	8'00.00"		NM	
GRENIER, KYLE				
BOYS 1600m Run	5:05.51		5:11.72	
GUERRERA, SOPHIA				
GIRLS 800m Run	2:55.00		3:06.55	
GIRLS 3200m Run	13:00.00		14:03.66	
HEROUX, TIM				
BOYS 800m Run	2:30.00		2:28.67	1.33
BOYS 1600m Run	5:27.02		5:25.09	1.93
				3.26 Improve. seconds
HUGHES, JOHN				
BOYS 600m Dash	1:41.76		1:43.21	
JUDD, IAN				
BOYS 300m Dash	42.94		40.35	2.59
				2.59 Improve. seconds
LACAPRA, MALINA				
GIRLS 300m Dash	45.54		46.36	
LACAPRA, MASON				
BOYS Long Jump	13'00.00"		15'07.00"	2'07.00"
LAWLOR, ALYSSA				
GIRLS 600m Dash	2:12.00		SCR	
MANCINI, OLIVIA				
GIRLS 200m Dash	33.00		34.14	
GIRLS Shot Put	18'06.00"		18'05.00"	

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WATERTOWN	SEED	PRELIM	FINAL	IMPROVEMENT
MCWHIRT, GABBY				
GIRLS 800m Run	3:00.00		3:01.85	
MUSTAFI, SARA				
GIRLS 55m Dash	9.00		SCR	
OMAR, SHAHD				
GIRLS Shot Put	20'02.00"		19'11.00"	
OTTOWITZ, DAN				
BOYS 1000m Run	2:59.58		2:51.75	7.83 7.83 Improve. seconds
PHELAN, TY				
BOYS 800m Run	2:30.00		2:31.05	
BOYS Long Jump	14'02.50"		16'06.00"	2'03.50"
POLLETTA, ARIANNA				
GIRLS Triple Jump	NM		29'08.75"	
GIRLS 300m Dash	48.84		49.26	
GIRLS Long Jump	15'01.00"		13'09.00"	
POLLETTA, JOHN				
BOYS 1000m Run	2:51.99		2:46.68	5.31 5.31 Improve. seconds
POTTS, MELIA				
GIRLS 55m Dash	9.05		SCR	
GIRLS Long Jump	12'09.50"		SCR	
REMISZEWSKI, EVAN				
BOYS 55m Dash	8.80		9.10	
BOYS 200m Dash	32.00		33.67	
SALI, LAURA				
GIRLS 300m Dash	1:00.00		59.86	.14
GIRLS Pole Vault	6'00.00"		NM	
SANTANGELI, ERICA				
GIRLS 55m Hurdles	12.38		12.54	
SHAHID, SHAZIM				
BOYS 600m Dash	1:47.74		1:41.60	6.14 6.14 Improve. seconds
SHIRK, JON				
BOYS Pole Vault	11'00.00"		11'00.00"	
SKOWRONSKI, JOE				
BOYS 55m Dash	7.03		7.18	
BOYS 300m Dash	38.76		40.28	
STRONG, ALEXANDRA				
GIRLS 600m Dash	2:18.00		SCR	
TERNI, TATIANA				
GIRLS 55m Dash	9.67		9.52	.15 .15 Improve. seconds
THRALL, KAITLYNN				
GIRLS 1000m Run	3:32.00		3:31.53	.47 .47 Improve. seconds

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WATERTOWN		SEED	PRELIM	FINAL	IMPROVEMENT				
VRANGA, STEISI									
GIRLS 55m Dash		8.72		SCR					
WATERTOWN, A									
BOYS 1600m Relay		3:55.00		3:53.54	1.46				
BOYS 1600m Sprint Medley RELAY		4:00.00		4:03.48					
GIRLS 1600m Relay		4:38.00		4:32.64	5.36				
GIRLS 1600m Sprint Medley RELAY		5:40.00		5:33.30	6.70				
					6.70 Improve. seconds				
WATERTOWN, B									
BOYS 1600m Relay		4:05.00		4:07.54					
GIRLS 1600m Relay		5:20.00		4:58.24	21.76				
					21.76 Improve. seconds				
ZACCAGNINI, EMMA									
GIRLS 300m Dash		44.78		45.06					
GIRLS 600m Dash		1:48.00		1:45.64	2.36				
					2.36 Improve. seconds				
WATERTOWN		# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
								Per Run...	Per Improved
INDIV TR EVENTS	47	7	0	23	48.94%	65.95	1.40	2.87	
INDIV FLD EVENTS	16		0	6	37.5%				
RELAY EVENTS	6	0	0	4	66.67%	35.28	5.88	8.82	

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WESTON	SEED	PRELIM	FINAL	IMPROVEMENT
ASCHER, AVA				
GIRLS 1000m Run	3:25.00		3:28.17	
BIGELOW, LAUREN				
GIRLS 200m Dash	27.50		28.51	
GIRLS 300m Dash	46.00		44.58	1.42
				1.42 Improve. seconds
BILL, TOBEY				
BOYS 300m Dash	38.50		38.87	
BOYS 600m Dash	1:28.50		1:26.63	1.87
				1.87 Improve. seconds
BLUMENSTOCK, MICHAEL				
BOYS Pole Vault	11'00.00"		12'00.00"	1'00.00"
BRAUN, BLAKE				
BOYS 300m Dash	40.50		41.26	
BOYS 1000m Run	2:52.00		2:51.80	.20
				.20 Improve. seconds
CAMPOS, VAUGHN				
BOYS Pole Vault	12'00.00"		12'00.00"	
BOYS Long Jump	19'01.00"		18'11.75"	
CASSOL, CAROLINE				
GIRLS 55m Hurdles	11.00		10.53	.47
GIRLS 200m Dash	29.00		30.62	
CASSOL, JOHN				
BOYS 55m Hurdles	8.15		8.38	
BOYS Long Jump	18'00.00"		FOUL	
CHICHA, DYLAN				
BOYS 55m Hurdles	10.00		11.03	
CHICHA, SAM				
BOYS 55m Hurdles	8.20		8.55	
BOYS High Jump	6'00.00"		6'02.00"	'02.00"
CLEMONS, COOPER				
BOYS 200m Dash	27.00		27.92	
BOYS 600m Dash	1:38.00		1:38.58	
ESCANDON, ARI				
BOYS 55m Dash	7.20		7.65	
BOYS 200m Dash	27.00		27.26	
ESSLINGER, RACHEL				
GIRLS Pole Vault	7'06.00"		7'06.00"	
GIRLS Shot Put	25'00.00"		26'00.00"	1'00.00"
FINE, JAKE				
BOYS 1000m Run	3:10.00		SCR	
FINE, LUCY				
GIRLS High Jump	4'08.00"		SCR	
GIRLS Pole Vault	7'06.00"		SCR	

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WESTON	SEED	PRELIM	FINAL	IMPROVEMENT
GOODMAN, BARUCH				
BOYS 55m Dash	6.80		6.99	
BOYS 300m Dash	37.00		37.06	
GUTOWSKI, MICHELLE				
GIRLS 600m Dash	1:49.00		1:49.82	
GIRLS 800m Run	2:30.00		2:32.37	
KIMURA, COLETTE				
GIRLS 1600m Run	5:50.00		6:03.59	
GIRLS 3200m Run	12:45.00		DNS	
KYLE, AIDAN				
BOYS 300m Dash	38.80		38.79	.01
BOYS 600m Dash	1:27.50		1:27.22	.28
				.28 Improve. seconds
LEWIS, CHRIS				
BOYS Pole Vault	12'00.00"		11'00.00"	
MAYA-LAFORT, ANTONIO				
BOYS 1000m Run	3:05.00		2:59.42	5.58
				5.58 Improve. seconds
METVINER, ELLIOT				
BOYS High Jump	5'10.00"		5'08.00"	
MULLER, HARRISON				
BOYS 600m Dash	1:41.50		SCR	
MURPHY, ELIZABETH				
GIRLS High Jump	4'08.00"		4'08.00"	
GIRLS Long Jump	14'00.00"		13'05.00"	
OLEYNICK, ANDREW				
BOYS 55m Dash	7.00		7.07	
BOYS 200m Dash	24.50		25.08	
OLEYNICK, GEORGE				
BOYS 55m Dash	7.00		7.17	
BOYS 200m Dash	24.50		25.54	
ROSENBERG, JULIA				
GIRLS 300m Dash	45.50		45.15	.35
GIRLS 600m Dash	1:43.00		1:42.04	.96
				.96 Improve. seconds
RUSSELL, ELISE				
GIRLS 55m Dash	7.80		SCR	
GIRLS Pole Vault	11'00.00"		10'00.00"	
STANKIEWICZ, SANDRA				
GIRLS 55m Dash	8.10		8.80	
GIRLS 200m Dash	29.90		31.75	
SZTACHELSKI, NICOLE				
GIRLS 300m Dash	44.00		44.26	
GIRLS 600m Dash	1:44.50		1:43.00	1.50
				1.50 Improve. seconds

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WILSON, MADISON								
GIRLS 200m Dash		28.90		SCR				
GIRLS 600m Dash		1:50.00		SCR				
ZIELINSKI, AVA								
GIRLS 300m Dash		43.50		44.44				
GIRLS 1000m Run		3:10.00		3:09.06	.94			
					.94 Improve. seconds			
ZYCH, OLIVER								
BOYS Pole Vault		12'00.00"		12'00.00"				
BOYS Long Jump		18'06.00"		17'10.00"				
WESTON			Percent	Total	Average Improvement			
	# Events	# SCR	# DQ	# Improve	Improvement	Improvement	Per Run...	Per Improved
INDIV TR EVENTS	36	5	0	11	30.56%	13.58	.38	1.23
INDIV FLD EVENTS	13		0	3	23.08%			
RELAY EVENTS	0	0	0	0	0%			

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WETHERSFIELD	SEED	PRELIM	FINAL	IMPROVEMENT
ABDURRAZZAAQ, ABDULLAH				
BOYS 1600m Run	6:20.00		SCR	
AMOROSO, LUCAS				
BOYS 1600m Run	5:42.00		5:59.27	
AMOROSO-WHITTLES, LOUISA				
GIRLS 200m Dash	31.75		36.12	
BANET, MACKENZIE				
GIRLS 55m Dash	9.20		10.03	
GIRLS 300m Dash	56.80		1:02.70	
BOBIN, MIKE				
BOYS 300m Dash	44.00		DNS	
BOYS Pole Vault	10'00.00"		NM	
BROWN, ANNIKA				
GIRLS Shot Put	21'08.00"		21'09.00"	'01.00"
CARLSON, RILEY				
BOYS 800m Run	2:10.00		2:16.11	
CHAUDHARY, SANIA				
GIRLS 800m Run	3:10.00		SCR	
CONDON, KAYLA				
GIRLS 1000m Run	3:24.00		3:16.36	7.64
				7.64 Improve. seconds
DALTON-KAY, GRETA				
GIRLS 55m Dash	9.00		9.53	
GIRLS 200m Dash	58.50		SCR	
DILUVIO, CENIA				
GIRLS 55m Dash	8.00		SCR	
DUNN, MIKE				
BOYS 1000m Run	2:39.00		2:46.72	
FELICIANO, BRANDON				
BOYS 55m Dash	7.98		8.93	
BOYS 200m Dash	28.00		29.25	
GIANNINI, SCOTT				
BOYS 600m Dash	1:46.50		SCR	
BOYS Pole Vault	9'00.00"		9'06.00"	'06.00"
GISCOMBE, AMAYIA				
GIRLS Shot Put	28'09.50"		28'11.00"	'01.50"
GONZALEZ, JULIAN				
BOYS 300m Dash	44.50		43.29	1.21
BOYS Long Jump	17'09.00"		16'07.50"	
GUERRERA, ANTHONY				
BOYS 55m Dash	7.55		7.25	.30
				.30 Improve. seconds
HALLA, JEREMY				
BOYS 300m Dash	47.00		50.32	
BOYS Pole Vault	8'06.00"		8'06.00"	

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HATTIE, KATIE				
GIRLS 200m Dash	30.00		31.78	
GIRLS 300m Dash	52.40		52.29	.11
				.11 Improve. seconds
JARA, ALEXANDER				
BOYS 800m Run	3:00.00		2:57.42	2.58
				2.58 Improve. seconds
JORDAN, KAYLEY				
GIRLS 300m Dash	59.50		SCR	
KENNEDY, BRIGID				
GIRLS 55m Dash	9.25		10.01	
LANGDON, MAX				
BOYS Shot Put	28'00.00"		25'06.00"	
LAPERRIERE, MIKE				
BOYS 55m Dash	8.00		SCR	
BOYS 200m Dash	29.80		30.04	
LAWRENCE, SEAN				
BOYS 55m Hurdles	12.15		10.94	1.21
BOYS High Jump	4'08.00"		4'10.00"	'02.00"
MANDUJANO, JOURDAN				
BOYS 200m Dash	27.20		SCR	
MANTILLA, ADRIANA				
GIRLS 800m Run	2:50.00		SCR	
MCNEICE, EVAN				
BOYS 800m Run	2:10.00		2:11.44	
NARDELLA, CAITLIN				
GIRLS Long Jump	16'05.25"		16'01.50"	
NOCK, CLARISSA				
GIRLS Shot Put	34'01.00"		NM	
PIERCE, MATT				
BOYS 300m Dash	46.00		48.03	
PRATT, CONNOR				
BOYS 1600m Run	5:22.00		5:26.38	
PREVALLA, DORIAN				
BOYS 55m Hurdles	10.20		10.26	
PREVALLA, RIANNA				
GIRLS 300m Dash	58.00		SCR	
REILLY, SHANNON				
GIRLS 55m Dash	9.00		SCR	
RODRIGUES, RYAN				
BOYS Shot Put	28'00.00"		27'10.50"	
SARDARYAN, DAVID				
BOYS 55m Hurdles	12.30		11.85	.45
				.45 Improve. seconds
SOUSA, EMILY				
GIRLS 200m Dash	31.80		31.97	

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WETHERSFIELD		SEED	PRELIM	FINAL	IMPROVEMENT			
SOUSA, MEGHAN								
GIRLS	Shot Put	15'00.00"		13'00.00"				
STEC, AIDAN								
BOYS	1600m Run	5:24.00		5:50.37				
TILTON, LIAM								
BOYS	55m Hurdles	10.40		10.37	.03			
BOYS	200m Dash	26.82		29.15				
TOLA, TEA								
GIRLS	55m Dash	9.10		9.99				
GIRLS	200m Dash	32.00		38.69				
WETHERSFIELD, A								
BOYS	1600m Relay	3:43.00		3:50.08				
BOYS	1600m Sprint Medley RELAY	3:55.00		4:03.01				
GIRLS	1600m Sprint Medley RELAY	4:46.00		5:04.27				
GIRLS	1600m Relay	5:02.00		DNS				
WETHERSFIELD, B								
BOYS	1600m Relay	4:04.00		3:57.64	6.36			
GIRLS	1600m Relay	5:30.00		5:45.37				
WHITE, XAVIER								
BOYS	1000m Run	3:12.00		3:32.28				
WONG, SHUN								
BOYS	55m Dash	7.45		7.44	.01			
					.01 Improve. seconds			
ZAVARELLA, ANTHONY								
BOYS	55m Dash	7.75		8.10				
WETHERSFIELD								
	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	33	11	0	9	27.27%	13.54	.41	1.50
INDIV FLD EVENTS	10		0	4	40%			
RELAY EVENTS	5	0	0	1	20.00%	6.36	1.27	6.36

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WILBY	SEED	PRELIM	FINAL	IMPROVEMENT
ALLEN, DONOVAN				
BOYS Shot Put	NM		SCR	
AUSTIN, ELISEA				
GIRLS 55m Dash	8.30		8.30	
GIRLS 300m Dash	52.01		50.07	1.94
				1.94 Improve. seconds
DAGRACA, LEONARDO				
BOYS 55m Dash	7.40		7.08	.32
				.32 Improve. seconds
DAUNIS, ALANA				
GIRLS 55m Dash	8.80		8.13	.67
GIRLS 300m Dash	49.00		47.84	1.16
				1.83 Improve. seconds
DESSALINES, CROSSBY				
BOYS 55m Dash	7.50		7.46	.04
BOYS 300m Dash	45.00		42.21	2.79
				2.83 Improve. seconds
GARCIA, JESUS				
BOYS 600m Dash	1:45.00		SCR	
GATLING, ARIEL				
GIRLS 600m Dash	2:05.00		2:20.93	
HARLING, MESSIAH				
BOYS 55m Dash	6.74		6.75	
JOHNSON, SAMIRA				
GIRLS 55m Dash	9.10		9.03	.07
GIRLS 300m Dash	58.03		54.14	3.89
				3.96 Improve. seconds
LOPEZ, ALICEA				
GIRLS 55m Dash	9.72		9.80	
GIRLS 300m Dash	58.05		55.31	2.74
				2.74 Improve. seconds
NAVARRO, DANIEL				
BOYS 55m Dash	7.23		7.13	.10
				.10 Improve. seconds
PEREZ, CHRIS				
BOYS Long Jump	18'11.00"		17'06.75"	
SANCHEZ, LIAN				
BOYS 600m Dash	1:46.71		1:46.22	.49
				.49 Improve. seconds
WILBY, A				
BOYS 1600m Sprint Medley RELAY	4:03.94		3:58.34	5.60
				5.60 Improve. seconds

WILBY	# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
							Per Run...	Per Improved
INDIV TR EVENTS	15	1	0	11	73.33%	14.21	.95	1.29
INDIV FLD EVENTS	1		0	0	0%			
RELAY EVENTS	1	0	0	1	100.00%	5.60	5.60	5.60

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WOLCOTT	SEED	PRELIM	FINAL	IMPROVEMENT
BENDTSEN, NICHOLAS				
BOYS 800m Run	2:10.00		2:09.36	.64
BOYS 1600m Run	4:36.66		4:37.86	
				.64 Improve. seconds
BENNET, ERICA				
GIRLS 55m Dash	8.90		8.89	.01
GIRLS High Jump	4'00.00"		SCR	
BRISSETTE, CAMRYN				
GIRLS 55m Dash	8.21		8.65	
GIRLS 200m Dash	29.34		31.42	
BRISSETTE, ETHAN				
BOYS 55m Dash	8.31		7.91	.40
BOYS Long Jump	14'03.50"		15'05.00"	1'01.50"
BURBY, SHANNON				
GIRLS Shot Put	24'00.00"		24'09.00"	'09.00"
CALABRO, ALEC				
BOYS 55m Dash	7.73		7.54	.19
BOYS 200m Dash	29.00		27.82	1.18
				1.18 Improve. seconds
CAMMARATA, JOSIE				
GIRLS Shot Put	25'00.00"		20'01.50"	
CARICHNER, SEAN				
BOYS 55m Dash	8.65		SCR	
CHASSE, RYAN				
BOYS 600m Dash	2:06.00		1:57.39	8.61
BOYS 1600m Run	6:26.00		6:11.65	14.35
				22.96 Improve. seconds
COTE, JACOB				
BOYS Long Jump	13'00.00"		SCR	
DURLING, TYLER				
BOYS 55m Dash	7.94		7.74	.20
				.20 Improve. seconds
DVORCHAK, ANDREW				
BOYS Shot Put	26'00.00"		SCR	
GOLDSTONE, ZACHARY				
BOYS 200m Dash	32.00		SCR	
HYRN, VERANIKA				
GIRLS 600m Dash	1:59.00		1:49.77	9.23
GIRLS High Jump	4'00.00"		4'04.00"	'04.00"
IRIZARRY, JASON				
BOYS 55m Dash	7.32		7.19	.13
				.13 Improve. seconds
JENSEN, ERIK				
BOYS 1600m Run	5:40.00		SCR	
KAZEMEKAS, LAUREN				
GIRLS 55m Dash	8.34		SCR	
GIRLS 200m Dash	31.50		SCR	

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KONARESKI, KYAN				
BOYS 800m Run	3:20.00		2:33.20	46.80
				46.80 Improve. seconds
LOUGHMAN, DANIEL				
BOYS 1600m Run	5:38.05		5:39.59	
MAISTO, JACOB				
BOYS 300m Dash	38.00		48.72	
BOYS 1000m Run	3:47.61		3:47.69	
MANCINI, JOE				
BOYS Shot Put	27'10.00"		SCR	
MCGINNIS, RYAN				
BOYS Shot Put	29'11.00"		SCR	
MILES, SHOBAN				
BOYS 1600m Run	5:55.00		6:21.14	
O'MEARA, ALEXANDRA				
GIRLS 55m Dash	9.97		10.07	
GIRLS High Jump	4'00.00"		4'00.00"	
PERAZELLA, JAMES				
BOYS Shot Put	25'10.50"		SCR	
PERRAULT, MEGAN				
GIRLS 200m Dash	35.00		SCR	
GIRLS Long Jump	12'00.00"		SCR	
REGAN, COLBY				
BOYS 200m Dash	29.00		SCR	
RODRIGUES, KATHRYN				
GIRLS 1600m Run	5:11.56		5:19.19	
GIRLS 3200m Run	11:27.95		11:33.38	
RUBBO, ROBERT				
BOYS 200m Dash	32.64		30.20	2.44
BOYS Long Jump	12'09.00"		13'05.50"	'08.50"
TAPLEY, BENJAMIN				
BOYS High Jump	5'06.00"		5'04.00"	
BOYS Shot Put	31'05.00"		33'07.00"	2'02.00"
TRICARICO, EMILY				
GIRLS 55m Dash	9.22		SCR	
GIRLS 200m Dash	35.42		SCR	
WARNER, VICTORIA				
GIRLS 55m Dash	9.00		SCR	
GIRLS Shot Put	15'10.00"		19'03.50"	3'05.50"
WOLCOTT, A				
BOYS 1600m Sprint Medley RELAY	5:20.00		4:50.96	29.04
				29.04 Improve. seconds
WRIGHT, HANNAH				
GIRLS 1600m Run	6:50.00		6:35.19	14.81
GIRLS 3200m Run	14:14.77		DNS	
				14.81 Improve. seconds

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WOLCOTT		SEED	PRELIM	FINAL	IMPROVEMENT				
ZHUTA, EDONA									
GIRLS Long Jump		11'04.00"		SCR					
WOLCOTT		# Events	# SCR	# DQ	# Improve	Percent Improvement	Total Improvement	Average Improvement	
								Per Run...	Per Improved
INDIV TR EVENTS	23	10	0	13	56.52%	98.99	4.30	7.61	
INDIV FLD EVENTS	9		0	6	66.67%				
RELAY EVENTS	1	0	0	1	100.00%	29.04	29.04	29.04	