

**2005 Ledyard Relays
Girls 300m H**

April 29-30, 2005

Place	Fname	Lname	School	Mark
1	Meg	Breault	Killingly	47.0
2	Shannon	Younger	Ledyard	50.8
3	Ashlee	James	Norwich Free Academy	51.2
4	Michelle	Warren	E.O.Smith	51.9
5	Sarah	Bennett	Bacon Academy	52.3
6	Nicole	Lenda	Montville	54.3
	Cassie	Jesmonth	Bacon Academy	55.9
	Nichole	Gervais	St Bernards	55.9
	Charity	Williams	Griswold	56.3
	Alexa	Britton	Fitch	56.9
	Katyln	Greenman	Waterford	57.0
	Megan	Flaherty	Daniel Hand	57.3
	Kendra	Gedney	Daniel Hand	57.4
	Kaitlyn	Johnson	Montville	58.0
	Emily	Lehet	Waterford	58.2
	Christie	Schulte	Daniel Hand	58.6
	Beth	D'Atri	Bacon Academy	58.9
	Lauren	Londregan	St Bernards	59.1
	Wanda	Szarek	Middletown	59.5
	Emma	Pellerin	East Lyme	59.6
	Susan	Bourque	Plainfield	59.7
	Sam	Kaplan	Montville	60.2
	Taylor	McCall	Ledyard	62.4
	Michelle	Godaire	Norwich Free Academy	nt
	Christine	Burton	Middletown	nt
	Kristen	Iwanicki	East Lyme	nt
	Katie	Naumec	Windham	nt
	Ashley	Edwards	Ledyard	nt
	Heroline	Lee	Middletown	nt
	Kathleen	Riding	Ledyard	nt
	Caitlin	Kelly	Ledyard	nt

**2005 Ledyard Relays
Girls 3200m Run**

April 29-30, 2005

Place	Fname	Lname	School	Mark
1	Meegan	Joly	Norwich Free Academy	11:47.9
2	Liz	Norrish	E.O.Smith	11:51.2
3	Bess	Ritter	Waterford	12:03.2
4	Alison	Fredericks	Middletown	12:06.0
5	Laura	Brustolon	Stonington	12:19.5
6	Katherine	Bossardet	Ledyard	12:26.3
	Sterling	Dumas	Norwich Free Academy	12:33.6
	Emilia	Gagnon	Windham	12:36.1
	Lauren	Moran	E.O.Smith	12:37.9
	Emily	Nassetta	St Bernards	12:43.4
	Kyley	Chornoby	Norwich Free Academy	12:45.6
	Krystyna	Chester	Griswold	12:50.8
	Brianna	Lachapelle	Woodstock	12:54.8
	Jessica	Hooker	Bacon Academy	12:58.8
	Janine	Aly	Griswold	13:00.1
	Nicole	Dombrowski	Montville	13:01.6
	Jillian	Wilczek	Griswold	13:03.4
	Britta	Kunkemoeller	Ledyard	13:11.0
	Chelsea	Leverette	Ledyard	13:11.4
	Terry	Frechette	Ledyard	13:13.7
	Caitlyn	Quinn	Montville	13:16.4
	Jordan	Duffy	Bacon Academy	13:46.8
	Amanda	Pinto	Bacon Academy	13:55.1
	Courtney	McCall	Ledyard	14:04.5
	Nina	Huang	Waterford	14:05
	Heather	Goodale	Middletown	14:12.2
	Becky	Liebal	Montville	14:38.3
	Tina	Brochu	Killingly	NT
	Ashley	Guimond	Plainfield	NT
	Shauna	Harrington	Griswold	NT
	Crystal	Molina	Ledyard	NT

**2005 Ledyard Relays
Girls Shuttles**

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Killingly	Meg Breault, Jen Swantek, Heather Malbeouf, Nicole Gelinas	73.9
2	Windham	Tanya Pare, Erica Sharpe, Katie Naumec, Jordan Ritchie	74.1
3	East Lyme	Alix MacDougall, Anna Pudimat, Emma Pellerin, Jani Springer	75.6
4	Ledyard	Julia Saccone, Maggie McCarthy, Lauren Candee, Courtney McCall	76.0
5	Daniel Hand	Rosalie DeLombaert, Jen Basler, Veronica Genco, Megan Flaherty	78.4
6	Montville	Nicole Lenda, Kaitlyn Johnson, Heather Geiler, Sam Kaplan	81.2
	E.O.Smith	Michelle Warren, Kira Pierce, Kara Williams, Emma Willenborg	81.3
	Norwich Free Academy	Michelle Godaire, Jackie Fan, Ashlee James, Jessica Bashelor	DNR
	Middletown	Christine Burton, Wanda Szarek, Heroline Lee, Kathy Lesiczka	DNR
	St Bernards	Kimberly Utz, Lauren Londregan, Cassie Parisi, Nichole Gervais	DNR

2005 Ledyard Relays
Girls 4x1600

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Daniel Hand	Kishori Mahulikar, Lesley Colburn, Chelsey Barrios, Taryn Kilkenny	23:55.9
2	Bacon Academy	Jordan Duffy, Sarah Bennett, Sara Barnowski, Meghan Berhent	25:09.5
3	Griswold	Jill Wilczek, Krystyna Chester, Shauna Harrington, Alyssa Wilzek	25:53.9
4	Fitch	Caitlin Kennedy, Rachel Baker, Katelyn Deetz, Kelsea Fortner	26:03.5
5	Norwich Free Academy	Alicia Poorman, Jessica Galligan, Hannah Carey, Kyley Chornoby	26:52.4
	St Bernards	Emily Nassetta, Eileen Benway, Caroline Riley, Lauren Riley	DNR
	E.O.Smith	Amanda Alger, Marlena Supina, Caitlin Alger, Marta Jamrozic	DNR
	Woodstock	Rachel Mullin, Emily Manz, Melinda Lachapelle, Emily Weaver	DNR
	East Lyme	Morgan O'Reilly, Hannah Cole-Chu, Lauren McNamara, Emily Parulis	DNR

2005 Ledyard Relays
Girls 4x100 V

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Middletown	Grace Labbe, Allison Jones, Nora Miller, Leandra Privott, Naomi Bragg	50.8
2	Daniel Hand	Amy Papantonio, Veronnica Genco, Alison Daub, Kim Simonsen	52.2
3	Ledyard	Jourdan Johnson, Chelsea Labrecque, Maggie McCarthy, Natalie Ford	53.1
4	East Lyme	Danielle DeBartolo, Angela Anton, Amanda Adams, Colleen Dolan	53.2
5	Fitch	Kyrah Augman, Courtney LeBlanc, Taylor Doyle, Shantae Sturdevant	53.7
6	E.O.Smith	Kora Shin, Samantha Binette, Melina Benson, Jocelyn Breton	54.2
	Norwich Free Academy	Sue Loser, Ashlee James, Becky Glenney, Jessica Sullivan	54.3
	Killingly	Jen Swantek, Shakia Seabrook, Najia Steele, Nicole Gelinis, Olivia Tsakiris	55.2
	St Bernards	Kenzie Komarinez, Lydia Knowles, Kimberly Utz, Cassie Parisi	63.1
	Montville	Nicole Troillet, Kira Henault, Kerry Gless, Brittany Bogan	54.3
	Stonington	Kellie Warner, Natasha Taylor, Lindsey Gomes, Morgan Rein	54.8
	Waterford	Katyln Greenman, Jill Giliotti, Alicia DelSantos, Nicole Hay	55.1
	Bacon Academy	Jessica Levasseur, Christine Middleton, Kim Lane, Sami Lee	56.3
	Woodstock	Sarah Desrosiers, Haley Savoie, Lauren Kisiel, Phoebe Riley	57.6
	Windham	Tanya Pare, Katie Naumec, Erica Sharpe, Jamie Martingano	DQ

**2005 Ledyard Relays
Girls 4x100mJV**

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	East Lyme	Leah Clement, Kelly Sasso, Kelsey Marshall, Michaela Fortunato	56.1
2	Daniel Hand	Kellie Morrissey, Hilary Daub, Nicole Proto, Sam Campbell	57.3
3	Woodstock	Sarah Patrylak, Nikki Strandson, Haley Savoie, Brittani Wilson	57.8
4	Montville	Nicole Lenda, Kaitlyn Johnson, Erica Morales, Berkeley Cecchini-Bond	58.1
5	E.O.Smith	Amanda Alger, Victoria Cowen, Kenzi Wilbur, Seanna McLaughlin	58.8
6	Fitch	Nikki Parikh, Fanta Robinson, Desiree Sebastian, Francis Wright	59.0
	Bacon Academy	Beth D'Atri, Jaymie Withee, Lauren Cobb, Amanda Woronecki	59.7
	Norwich Free Academy	Angela Turner, Renee Poorman, Amy Griffen, Kate Nystrom	60.3
	Ledyard	Lauren Candee, Kelly Ford, Lauren Sturm, Amanda Burns, Laura Grabner	62.2
	Stonington	Alyssa Cataldi, Keely Byron, Neala Larkin, Allissa Hein	64.8
	Windham	Melissa Quinn, Melanie Mather, Nana Aidoo, Brenna Dunnack	DQ

2005 Ledyard Relays
Girls 4x400 V

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Daniel Hand	Karlee Hackett, Kim Simonsen, Alison Daub, Veronica Genco	4:15.3
2	East Lyme	Colleen Dolan, Amanda Adams, Annie Scully, Allison Barner, Chelsea Hargis	4:15.6
3	Ledyard	Jourdan Johnson, Chelsea Labrecque, Shannon Younger, Maggie McCarthy	4:16.5
4	Middletown	Allison Jones, Sierra Goggins, Erica Fugger, Christina Burton, Brittany Jarrett	4:23.5
5	Stonington	Morgan Rein, Britton Taylor, Natasha Taylor, Katie Roy	4:31.2
6	Windham	Chelsea Ryan, Jordan Ritchie, Jamie Martingano, Tanya Pare	4:32.3
	Montville	Kerry Gless, Abby McGlinchey, Erica Rainville, Kira Henault	4:32.8
	Norwich Free Academy	Erika Sinko, Bianca DeCastro, Maura Zaneski, Cami Ferguson	4:42.9
	E.O. Smith	Laura Flynn, Kira Pierce, Cassidy Weyel, Emma Willenborg	4:52.2
	Fitch	Annie Rowland, Taylor Doyle, Alexa Britton, Shantae Sturdevant	DNR
	St Bernards	Lauren Londregan, Brittany Boebert, Kimberly Utz, Lauren Kozlowski	DNR

2005 Ledyard Relays
Girls 4x400 JV

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Woodstock	Ashley Bates, Brittani Wilson, Martha Larson, Danielle Hustus	4:36.6
2	Ledyard	Emily Way, Julia Saccone, Melissa Knickerbocker, Ashley Edwards	4:39.6
3	East Lyme	Lauren Bennett, Amanda Updyke, Angela Anton, Kendra Kohanski	4:40.1
4	Daniel Hand	Taryn Kilkenny, Kellie Morrissey, Andrea Bringardner, Chelsey Barrios	4:40.5
5	Windham	Melissa Quinn, Ashley Wingate, Brittany Keegan, Amanda Jenkins	4:48.1
6	Middletown	Leaya George, Kalila Hoggard, Mallory Nielson, Morgan Ziegler	4:48.8
	Fitch	Fanta Robinson, Shana Yearwood, Caitlin Kennedy, Nikki Parikh	4:52.4
	E.O.Smith	Victoria Cowen, Kenzi Wilbur, Jocelyn Breton, Grace Lu	4:55.4
	Waterford	Emily Lehet, Mandy Weiss, Molly Powell, Alicia DelaSantos	4:55.5
	Norwich Free Academy	Jordan Chappelle, Heather MacDonald, Sarah Rogers, Autumn Taylor	4:58.9
	Montville	Caitlyn Quinn, Carly Plourde, Erica Morales, Lyndsay Stergio	DNR
	Killingly	Kate Juber, Chloe Tsakiris, Charlaine Perron, Kelsey Heon	DNR

**2005 Ledyard Relays
Girls DMR**

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Fitch	Mhari O'Donnell, Alicia Upholz, Lizzie Littlewood, Beth Kosta	13:34.3
2	Griswold	Amanda Fisher, Marissa Gromko, Krystyna Chester, Shelby Donahue	13:57.0
3	St Bernards	Caroline Riley, Lauren Kozlowski, Nichole Gervais, Eileen Benway	14:09.8
4	E.O.Smith	Laura Flynn, Lauren Moran, Liz Norrish, Michelle Warren	14:11.6
5	Middletown	Emma Miller, Danielle Czesak, Erin Sternberg, Alison Fredericks	14:18.1
6	East Lyme	Mara Bennink, Lauren McNamara, Katie Cikatz, Taylor Rosendale	14:26.8
	Ledyard	Kelly Brennan, Natalie Ford, Courtney McCall, Terry Frechette	14:50.5
	Bacon Academy	Amanda Pinto, Karen Spatafora, Erika Lerro, Jessica Hooker	14:59.2
	Montville	Nicole Dombrowski, Carly Plourde, Abby McGlinchey, Caitlyn Quinn	15:06.9
	Daniel Hand	Karen LaRocca, Erin Paternoster, Laura Boyle, Blake Paradis	15:29.8
	Plainfield	Samantha Young, Sarah Langlois, April Piche, Ashley Guimond	16:03.8

2005 Ledyard Relays
Girls 4x800

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	East Lyme	Amanda Adams, Annie Scully, Allison Barner, Chelsea Hargis	10:05.8
2	Norwich Free Academy	Erin Fields, Allison Black, Carfa Tramontozzi, Jessica Dussault	10:41.0
3	Bacon Academy	Emily Puscus, Alicia Gray, Liz Kubas, Melinda Kelly	10:44.3
4	Fitch	Amanda Chapman, Margo Ward, Christine Olivier, Caroline Merz	10:51.6
5	Daniel Hand	Andrea Bringardner, Danielle Bartlett, Catherine Dokurno, Katie Baumgartel	11:12.9
6	E.O.Smith	Maria Kern, Emma Willenborg, Lisa Konieczny, Grace Lu	11:27.6
	Ledyard	Chelsea Leverette, Britta Kunkemoeller, Jessica Perry, Crystal Molina	12:17.4
	Killingly	Charlaine Perron, Kelsey Heon, Kate Juber, Abby Wintrow, Tina Brochu	13:35.8
	St Bernards	Emily Nassetta, Caroline Riley, Eileen Benway, Lauren Riley, alt. Alayne Reige	DNR
	Middletown	Leaya George, Julie Dykas, Sarah Brown, Jenna Rossi, Kalila Hoggard	DNR

2005 Ledyard Relays Girls SMR

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	East Lyme	Leah Clement, Angela Anton, Colleen Dolan, Kendra Kohanski	4:31.1
2	Ledyard	Chelsea Labrecque, Shannon Younger, Jourdan Johnson, Katherine Bossardet	4:31.3
3	Woodstock	Sarah Desrosiers, Phoebe Riley, Cara Bates, Ashley Bates	4:34.0
4	Stonington	Natasha Taylor, Morgan Rein, Lindsey Gomes, Laura Brustolon	4:34.6
5	Norwich Free Academy	Sue Loser, Octavia Valazquez, Ashley James Becky Glenney	4:35.0
6	St Bernards	Kenzie Komarinez, Cassie Parisi, Lauren Kozlowski, Lauren Riley	4:45.0
	Daniel Hand	Amy Papantonio, Kim Simonsen, Karlee Hackett, Alison Daub	4:49.1
	Montville	Kerry Gless, Kira Henault, Erica Morales, Erica Rainville	4:51.1
	Waterford	Nicole Hay, Jill Gigliotti, Katlyn Greenman, Kayla Castranova, Bess Ritter	4:54.4
	Bacon Academy	Jessica Levasseur, Kim Lane, Sara Barnowski, Cassie Jesmonth	4:56.1
	E.O.Smith	Cassidy Weyel, Jocelyn Breton, Melina Benson, Samantha Binette	5:13.9
	Fitch	Courtney LeBlanc, Shantae Sturdevant, Taylor Doyle, Annie Rowland	DQ
	Plainfield	Autumn Guimond, Natasha, Leigh-Anne Marshall, Sarah Langlois	DQ
	Windham	Katie Naumec, Chelsea Ryan, Brittany Keegan, Amanda Jenkins	DNR
	Middletown	Leandra Privott, Nora Miller, Grace Labbe, Mallory Nielson, Heather Goodale	DNR
	Killingly	Jen Swantek, Najia Steele, Olivia Tsakiris, Chloe Tsakiris	DNR
	Griswold	Shauna Harrington, Alyssa Wilczek, Shelby Donahue, Jordan DelGiudice	DNR

2005 Ledyard Relays
Girls Weight

April 29-30, 2005

Place	School	Relay Team Members	Mark
1	Daniel Hand	Jessica Hunt, Sarah Kinne, Sarah Cook, Rachel Hogue	61.4
2	Griswold	Katie Mandeville, Laura Vargo, Rachael Geaglone, Brittany Bauer	63.6
3	Ledyard	Nicole McNeese, Caitlin Edwardsen, Jessica Perry, Karyn Eckert	65.0
4	Montville	Kristen Hummel, Shannon Brown, Ashley Fortenberry, Regina Zelinsky	66.9
5	St Bernards	Amy Babcock, Megan Babcock, Melanie Corna, Courtney Green	70.6
	Bacon Academy	Emma Cox, Megan Duffy, Nichole Jenkins, Christine Middleton	DNR
	Middletown	Charlotte Lee, Asia Jackson, Erica Rivera, Rena Holder	DNR

2005 Ledyard Relays
Girls Shot Put

April 29-30, 2005

Place	School	Athlete Name	Best
1	East Lyme	Tess Kohanski	37' 03"
2	NFA	Kelsey Borner	35' 11.25"
3	Fitch	Cania Carter	34' 07.5"
4	East Lyme	Kayla Broderick	34' 01.5"
5	East Lyme	Jennifer Krodel	32' 11"
6	NFA	Sam Devore	32' 00"
	Fitch	Stephanie Johnson	31' 08"
	Hand	Jessica Hunt	31' 03.5"
	Bacon	Christine Middleton	30' 07"
	E.O. Smith	Gretchen Tucker	29' 09.25"
	NFA	Kala Kachmar	29' 08"
	Windham	Kate Switchenko	29' 07"
	Montville	Sarah Alger	29' 01"
	Fitch	Kelly Landry	28' 11"
	Ledyard	Nicole McNeese	28' 10"
	Waterford	Kara Plaxa	28' 07.5"
	Hand	Sharon Langevin	28' 02.5"
	Griswold	Jackie Missey-Higgins	27' 08"
	Montville	Shannon Brown	27' 04"
	St Bernards	Courtney Green	27' 01"
	Ledyard	Caitlin Edwardsen	27' 00"
	Montville	Ashley Fortenberry	26' 10.5"
	Hand	Sarah Kinne	26' 06"
	Middletown	Asia Jackson	26' 01"
	Waterford	Liz Mauro	25' 08.75"
	New London	Amanda Marshall	24' 11.5"
	E.O. Smith	Meredith Krogh	24' 10"
	Stonington	Liz Bolduc	24' 09.5"
	Woodstock	Emily Kimball	24' 06"
	Griswold	Katie Mandeville	24' 01"
	St Bernards	Megan Babcock	23' 09"
	St Bernards	Melanie Corna	23' 02.5"
	Stonington	Amanda Penrose	22' 05"
	Stonington	Kristina Banker	22' 04"
	Windham	Jessica Lowney	22' 03.5"
	Griswold	Alicia Silbert	22' 01.5"
	Windham	Melanie Mather	22' 01"
	Ledyard	Karyn Eckert	21' 10.5"
	Woodstock	Emily Manz	21' 06"
	Bacon	Nichole Jenkins	21' 05"
	Killingly	Kelsey Heon	21' 00"
	Woodstock	Meaghan Kelly	20'08"
	Bacon	Karen Spatafora	20' 10"
	E.O. Smith	Lindsay Sundberg	20' 09.5"
	Middletown	Rena Holder	20' 03"
	New London	Alexandra Williams	20' 02.5"
	Killingly	Charlaine Perron	19' 11.5"
	Middletown	Tisbeth Solis	19' 06.5"
	New London	Stacey Nunez	18' 07.25"

2005 Ledyard Relays
Girls Shot Put

April 29-30, 2005

Place	School	Athlete Name	Best
1	East Lyme	Tess Kohanski Kayla Broderick Jennifer Krodel	104' 03.5"
2	NFA		097' 07.25
3	Fitch		095' 02.5"
4	Hand		086' 00"
5	Montville		083' 03.5"
6	Ledyard		077' 08.5
	E.O. Smith		075' 04.75"
	St Bernards		074' 00.5"
	Windham		073' 11.5"
	Griswold		073' 10.5
	Bacon		072' 10"
	Stonington		069' 06.5"
	Woodstock		066' 08"
	Middletown		065' 10.5
	New London		063' 09.25"

2005 Ledyard Relays
Girls Discus

April 29-30, 2005

Place	School	Athlete Name	Best
1	NFA	Kelsey Borner	104' 02"
2	East Lyme	Jennifer Krodel	94' 10"
3	Fitch	Stephanie Johnson	90' 08"
4	East Lyme	Tess Kohanski	89' 01"
5	E.O. Smith	Gretchen Tucker	87' 09"
6	East Lyme	Sharmaine Gregor	87' 08"
	Fitch	Cania Carter	86' 05"
	Stonington	Kayla MacDonald	85' 03"
	Stonington	Kristina Banker	84' 10"
	Fitch	Kelly Landry	80' 06"
	Stonington	Liz Bolduc	78' 05"
	Hand	Sarah Cook	74' 04"
	Middletown	Asia Jackson	73' 08"
	NFA	Melody Pothier	71' 00"
	Ledyard	Caitlin Edwardsen	70' 04"
	Ledyard	Nicole McNeese	70' 10"
	Windham	Melanie Mather	69' 07"
	Waterford	Kara Plaxa	69' 04"
	Montville	Amanda Green	67' 06"
	Middletown	Charlotte Lee	65' 00"
	Griswold	Katie Mandeville	62' 06"
	NFA	Kala Kachmar	62' 03"
	Ledyard	Jessica Perry	61' 07"
	Montville	Ashley Fortenberry	61' 02"
	Middletown	Erica Rivera	58' 11"
	Killingly	Kristi Brochu	58' 01"
	E.O. Smith	Jessica Banning	56' 04"
	Bacon	Liz Kubas	56' 04"
	St Bernards	Amy Babcock	56' 03"
	Hand	Mary Lorenz	56' 02"
	Bacon	Megan Duffy	55' 02"
	Montville	Kristen Hummel	55' 00"
	St Bernards	Melanie Corna	54' 11"
	E.O. Smith	Meredith Krogh	53' 11"
	St Bernards	Megan Babcock	51' 03"
	Waterford	Liz Mauro	50' 01"
	Bacon	Emma Cox	49' 04"
	Griswold	Brittany Bauer	48' 01"
	Killingly	Jess Messier	47' 06"
	Killingly	Meg Hebert	42' 05"
	Griswold	Rachael Geaglone	40' 05"

2005 Ledyard Relays
Girls Discus

April 29-30, 2005

Place	School	Athlete Name	Best
1	East Lyme	Jennifer Krodel Sharmaine Gregor Tess Kohanski	271' 07"
2	Fitch		257' 07"
3	NFA		237' 05"
4	Stonington		218' 06"
5	Ledyard		202' 09"
6	E.O. Smith		198' 00"
	Middletown		197' 07"
	Montville		183' 08"
	St Bernards		162' 05"
	Bacon		160' 10"
	Griswold		151' 00"
	Killingly		148' 00"

2005 Ledyard Relays
Girls Javelin

April 29-30, 2005

Place	School	Athlete Name	Best
1	Hand	Jessica Hunt	116' 00"
2	NFA	Kelsey Borner	115' 02"
3	Middletown	Jen Aldieri	105' 11"
4	Windham	Amanda Nappi	98' 05"
5	Griswold	Jackie Missey-Higgins	93' 10"
6	Stonington	Kayla MacDonald	92' 01"
	East Lyme	Tess Kohanski	91' 10"
	E.O. Smith	Kora Shin	84' 00"
	New London	Amanda Marshal	82' 07"
	East Lyme	Jennifer Krodel	80' 04"
	Montville	Charisse Laughery	78' 11"
	Hand	Sarah Kinne	78' 10"
	Stonington	Liz Bolduc	78' 08"
	Ledyard	Allison Gimbert	77' 03"
	Montville	Shannon Brown	76' 07"
	NFA	Katelyn Ritacco	76' 02"
	Montville	Lyndsey Stergio	73' 09"
	Hand	Sharon Langevin	69' 09"
	Griswold	Laura Vargo	69' 09"
	Stonington	Kristina Banker	69' 00"
	Windham	Jessica Lowney	68' 01"
	Griswold	Kyrsta Brehant	67' 09.5"
	East Lyme	Kayley Pantazis	66' 05"
	Middletown	Jenna Rossi	65' 05"
	Middletown	Erica Rivera	62' 09"
	E.O. Smith	Meredith Krogh	61' 10"
	NFA	Sam Devore	61' 05"
	Bacon	Megan Duffy	60' 10"
	E.O. Smith	Gretchen Tucker	55' 03"
	Ledyard	Laura Fluet	51' 08"
	Ledyard	Kacy Labelle	49' 02"
	Woodstock	Leslie Lupien	46' 08"
	Bacon	Nichole Jenkins	45' 07"
	Windham	Ashley Wingate	44' 00"
	Woodstock	Lauren Kiesiel	40' 11"
	Bacon	Emma Cox	36' 05"
	Woodstock	Nikki Strandson	31' 11"
Place	School	Athlete Name	Best
1	Hand	Jessica Hunt Sarah Kinne Sharon Langevin	264' 07"
2	NFA		252' 09"
3	Stonington		239' 09"
4	East Lyme		238' 07"
5	Middletown		234' 01"
6	Griswold		231' 04.5"
	Montville		229' 03"
	Windham		210' 06"
	E.O. Smith		201' 01"
	Ledyard		178' 01"
	Bacon		142' 10"
	Woodstock		119' 06"

2005 Ledyard Relays
Girls Long Jump

April 29-30, 2005

Place	School	Athlete Name	Best
1	Fitch	Jenna Christie	16' 03"
2	Woodstock	Leslie Lupien	15' 06"
3	Griswold	Marissa Gromko	15' 04"
4	NFA	Jacke Fan	15' 03.5"
5	East Lyme	Jani Springer	14' 09"
6	NFA	Jessica Sullivan	14' 08"
	Griswold	Amanda Fisher	14' 07"
	Griswold	Shelby Donahue	14' 06.5
	Fitch	Alicia Upholz	14' 04"
	Woodstock	Sarah Desrosiers	14' 00.5"
	Woodstock	Haley Savoie	13' 10"
	Hand	Melissa DeLombaert	13' 09"
	Fitch	Kyrah Augman	13' 08.5"
	NFA	Miranda Wallace	13' 07"
	Plainfield	Susan Bourque	13' 06"
	East Lyme	Anna Pudimat	13' 00.5"
	Middletown	Wanda Szarek	13' 00.5"
	Hand	Hilary Daub	12' 11"
	Waterford	Liz Wagely	12' 10"
	Ledyard	Felisha Bellefleur	12' 08"
	Waterford	Kate Martell	12' 08"
	Hand	Nicole Proto	12' 05.5"
	Stonington	Alaina Hallisey	12' 04.5"
	Montville	Jacquelyn Rose	12' 01"
	Ledyard	Jennie Austin	12' 00.5"
	Ledyard	Ashley Kleven	12' 00"
	Montville	Mary Perkins	11'06"
	Montville	Heather Geiler	11' 04"
	Windham	Keila Garrido	11' 02.5"
	Windham	Brittany Keegan	10' 06"
	Killingly	Abby Wintrow	10' 04.5"
Place	School	Athlete Name	Best
1	Griswold	Marissa Gromko	44' 05.5"
		Amanda Fisher	
		Shelby Donahue	
2	Fitch		44' 03.5
3	NFA		43' 06.5
4	Woodstock		43' 04.5"
5	Hand		39' 01.5
6	Ledyard		36' 08.5"
	Montville		34' 11"

2005 Ledyard Relays
Girls Triple Jump

April 29-30, 2005

Place	School	Athlete Name	Best
1	East Lyme	Sarah Bennett	31' 07.5"
2	East Lyme	Alix MacDougall	31' 07.25"
3	Griswold	Amanda Fisher	31' 05"
4	Killingly	Meg Breault	30' 06.5"
5	Montville	Brittany Bogan	30' 03"
6	Killingly	Olivia Tsakiris	29' 09"
	Killingly	Jen Swantek	29' 09"
	Fitch	Nicki Hallisey	29' 09"
	Hand	Amy McCullough	29' 05"
	Stonington	Britton Taylor	29' 03"
	E.O. Smith	Kora Shin	28' 07.5"
	Hand	Nicole Proto	28' 04"
	Griswold	Jill Wilczek	28' 02.5"
	East Lyme	Kristen Iwanicki	27' 08.25"
	E.O. Smith	Cassidy Weyel	27' 07.5"
	Ledyard	Molly Hildebrandt	27' 01"
	E.O. Smith	Victoria Cowen	26' 09.25"
	Fitch	Alicia Upholz	26' 08.75"
	Waterford	Kate Martell	26' 08.5"
	Waterford	Liz Wagely	26' 03.75"
	Plainfield	Susan Bourque	25' 09"
	Ledyard	Jennie Austin	25' 05.25"
	Fitch	Desiree Sebastian	25' 01"
	Ledyard	Brittany Hildebrand	24' 11.5"
	Hand	Sam Campot	24' 07"
	Stonington	Alaina Hallisey	23' 11"
	Montville	Lisa Harris	23' 10"
	Montville	Mary Perkins	22' 02.5"
Place	School	Athlete Name	Best
1	East Lyme	Sarah Bennett	90' 11"
		Alix MacDougall	
		Kristen Iwanicki	
2	Killingly		86' 01"
3	E.O. Smith		83' 0.25"
4	Fitch		81' 06.75"
5	Ledyard		78' 05.75"
6	Montville		76' 03.5"

2005 Ledyard Relays Girls High Jump

April 29-30, 2005

Place	School	Athlete Name	Best
1	Ledyard	Molly Hildebrandt	4' 8"
2	East Lyme	Sharmaine Gregor	4' 8"
3	NFA	Becky Glenney	4' 8"
4	Stonington	Lindsey Gomes	4' 8"
5	NFA	Jackie Fan	4' 6"
6	East Lyme	Sarah Bennett	4' 6"
	NFA	Sarah Rogers	4' 4"
	East Lyme	Anna Pudimat	4' 4"
	Hand	Heather Gilmore	4' 4"
	Stonington	Kayla MacDonald	4' 4"
	Ledyard	Julia Saccone	4' 4"
	Windham	Brenna Dunnack	4' 2"
	Fitch	Beth Kosta	4' 2"
	Hand	Chelsey Morin	4'
	Hand	Katie Rose	4'
	Windham	Amanda Nappi	4'
	Fitch	Courtney LeBlanc	4'
	Fitch	Alexa Britton	4'
	Bacon	Alicia Gray	4'
	Bacon	Cassie Jesmonth	4'
	Bacon	Sara Barnowski	4'
	Ledyard	Becky Riding	3' 10"
	Waterford	Liz Wagely	3' 10"
Place	School	Athlete Name	Best
	East Lyme	Sharmaine Gregor	13' 6"
		Sarah Bennett	
		Anna Pudimat	
	NFA		13' 6"
	Hand		12' 4"
	Fitch		12' 2"
	Ledyard		12' 10"
	Bacon		12'

2005 Ledyard Relays
Girls Pole Vault

April 29-30, 2005

Place	School	Athlete Name	Best
1	East Lyme	Alix MacDougall	9' 6"
2	Ledyard	Erin Jones	8' 6"
3	NFA	Jessica Sullivan	8' 0"
4	Ledyard	Becky Riding	7' 6"
5	Windham	Amanda Nappi	7' 6"
6	Windham	Erica Sharpe	7' 6"
	Windham	Jordan Ritchie	7' 0"
	Montville	Jacquelyn Rose	7' 0"
	Hand	Emily Savoca	7' 0"
	Hand	Clare Goodwin	7' 0"
	Middletown	Emma Miller	7' 0"
	NFA	Merlynda Sol	6' 6"
	Stonington	Britton Taylor	6' 6"
	Stonington	Katie Roy	6' 6"
	E.O. Smith	Robin Merritt	6' 6"
	E.O. Smith	Marlena Supina	6' 6"
	Bacon	Alicia Gray	6' 6"
	Killingly	Nicole Gelinias	6' 6"
	Ledyard	Molly Hildebrandt	6' 0"
	Montville	Mary Perkins	6' 0"
	Stonington	Keely Byron	6' 0"
	Fitch	Nicki Hallisey	6' 0"
	Fitch	Francis Wright	6' 0"
	Montville	Kaplan	5' 6"
	E.O. Smith	Alicia Wasynzk	5' 6"
	Fitch	Nikki Parikh	5' 6"
Place	School	Athlete Name	Best
1	Windham	Amanda Nappi Erica Sharpe Jordan Ritchie	22'
2	Ledyard		22'
3	Stonington		19'
4	E.O. Smith		18' 6"
5	Fitch		17' 6"
6	Montville		13'