

# Connecticut Girls L Outdoor Track and Field Records

Last Updated: June 11, 2018

Event	Time/Dist	Performer	School	Year
100M	:11.76	Jiana Baker	Windsor	2016
200M	:24.1	Brenda Calhoun	Hamden	1976
400M	:55.0	Jeremy Edmonds	Glastonbury	1979
800M	2:08.66	Danae Rivers	Wilbur Cross-New Haven	2015
1600M	4:51.76	Meg Ryan	Fairfield Warde	2010
3200M	10:44.40	Katherine Wiser	Pomperaug	2018
100M Hurdles	:14.23	Gabriella Curtis	Wilbur Cross-New Haven	2016
300M Int Hurdles	:43.34	Gabriella Curtis	Wilbur Cross-New Haven	2016
4x100M Relay	:47.88	Camille McHenry, Sashana Hinds, Erika Hightower, Jiana Baker	Windsor	2016
4x400M Relay	3:54.33	Brianna Allen, Ashley Graves, Sydnee Over, Shayna Presley	Windsor	2010
4x800M Relay	9:19.87	Leah Rosenfeld, Elly Teitsworth, Katie Murdoch, Emily Heaslip	Ridgefield	2005
Long Jump	19-02.25	Tishona Miller	Hillhouse-New Haven	1994
Triple Jump	38-05.5	Tamara Highsmith	East Haven	2004
High Jump	5-09	Ronea Saunders	Lyman Hall-Wallingford	2011
Pole Vault	11-08	Madeleine Schneider	Darien	2014
Shot Put	42-01.5	Rosie Harris	Windsor	1992
Discus Throw	132-00	Jaye Quintaglie	Newington	1978
Javelin Throw (2002)	135-08	Julia Arduini	Fairfield Warde	2008
Javelin Throw	146-07	Maureen Hogan	North Haven	1980

(Based upon official results from CIAC . Complete Procedures and policies available at [MySportsResults.com](http://MySportsResults.com) RecordsBooks )

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## CIAC Class L Outdoor Track and Field Meet – Team Records

Year	School	Coach	Year	School	Coach
1975	North Haven	L. Anderson	1997	Hillhouse	G. Moore
1976	Fitch	J. Contoulis	1998	Hillhouse	G. Moore
1977	Hartford Public	J. Marshall	1999	Rockville, Simsbury	S. Brophy, R. Collins
1978	Hartford Public	J. Marshall	2000	East Lyme	C. Reichard
1979	Conard	E. Remigino	2001	East Lyme	C. Reichard
1980	Greenwich	G. Allen	2002	Wilbur Cross	E. Riveria
1981	Greenwich	G. Allen	2003	Wilbur Cross	E. Riveria
1982	Staples	J. Lawrence	2004	Simsbury	R. Collins
1983	Greenwich	G. Allen	2005	East Lyme	C. Reichard
1984	Weaver	W. Jones	2006	Simsbury	R. Collins
1985	Penney	R. Brimley	2007	East Lyme	C. Reichard
1986	William Hall	S. McAuliffe	2008	East Lyme	C. Reichard
1987	Wilbur Cross	J. Borkowski	2009	Simsbury	R. Collins
1988	Wilbur Cross	J. Borkowski	2010	Windsor	R. Wilson
1989	Fitch	J. Contoulis	2011	Windsor	R. Wilson
1990	Guilford	J. Criscuolo	2012	Windsor	R. Wilson
1991	Ridgefield	P. Richards	2013	Windsor	R. Wilson
1992	Ridgefield	Dan Gouin	2014	Simsbury	R. Collins
1993	Hillhouse	P. Raccaro	2015	Mercy	K. Schumann
1994	Hillhouse	P. Racarro	2016	Windsor	R. Wilson
1995	Simsbury	R. Collins	2017	Simsbury	M. Cohen
1996	Hillhouse	G. Moore	2018	Windsor	K. Kears