

Connecticut Boys State Outdoor Track and Field Records

Last Updated: July 9, 2018

Event	Time/Dist	Performer	School	Year/Meet
100m	:10.48	Sheldon Simpson	East Hartford	1999 CIAC LL
200m	:20.86	Glenn McFadden	Hillhouse, New Haven	2001 CIAC Open
400m	:45.01	Jerome Young	AI Prince Tech, Hartford	1995 USATF Jr National
800m	1:48.83	Chris FitzSimons	Hamden	2010 USATF Jr National
1600m	4:07.26	Kevin King	Westhill, Stamford	1980 Keebler Invite
1-Mile	4:05.04	Henry Wynne	Staples, Westport	2013/2/5 Adidas IAAF Diamond League Meet
3000m	8:20.11	Eric van der Els	Brien McMahon, Norwalk	2016 Penn Relays 4/29
3200m	8:43.95	Alex Ostberg	Darien	2015/5/8 Loucks Games
2-Mile	8:53.49	Eric van der Els	Brien McMahon, Norwalk	2016 Brooks PR Invite 6/18
5000m	14:16.61	Alex Ostberg	Darien	2014 New Balance Nationals
10000m	30:16.50	Roy Mascolino	Staples, Westport	1983 USATF Jr National
2000m Steeplechase	5:58.55	Matthew Chisholm	Farmington	2014 New Balance Nationals
3000m Steeplechase	9:25.64	Everett Hackett	Wm. Hall, W. Hartford	2008 CIAC Open
110m Hurdles	:13.83	Tony Ortiz	Crosby-Waterbury	1995 CIAC L
300m Int. Hurdles	:36.48	Aaron Haynes	Wilbur Cross, New Haven	1994/6/11 Golden West Invite
400m Int. Hurdles	:51.42	Aaron Haynes	Wilbur Cross, New Haven	1994 USATF Jr National
4x100m Relay	:41.40	Sherrod Peay, Kahlin Bolden, Brian Sappleton, Tikuan Johnson	Windsor	2013 New Balance Nationals
4x220yd Relay	1:27.5		Hartford Public	1972 Greater Hartford Meet
4x200m Relay	1:27.03	Tim Epps, Kyshawn Bonner, Michael Mahon, Tyler Coyle	Windsor	2016/06/18 New Balance Nationals Outdoor
4x400m Relay	3:13.44	Rashad Ramsey, Kahlin Bolden, Montrelle Murphy and Brian Sappleton	Windsor	2013 New Balance Nationals
4x800m Relay	7:35.68	Nick Saba, Patrick Cyr, Isiah Whiting, Chris FitzSimons	Hamden	2010 New Balance Nationals
800m SM Relay (100,100,200,400)	1:29.69	Shane Earlington, Andre Campbell, Dwayne Thomas, Daundre Barnaby	Weaver, Hartford	2009 Nike Outdoor Nationals
1000m Sprint Medley Swedish Relay (100, 200, 300 400)	1:55.50	Sherrod Peay, Tikuan Johnson, Brian Sappleton, Kahlin Bolden	Windsor	2013 New Balance Nationals
1600m SM Relay	3:27.04	Jose Rodriquez, Terrell Lewis, Rayshan Coleman, Tiemarcie Ramos	Wilbur Cross, New Haven	2002 Adidas Nationals
4000m Dist Med Relay (1200, 400, 800, 1600)	9:56.50	Nick Saba, Kevinn Tran, Isiah Whiting, Chris FitzSimons	Hamden	2010 New Balance Nationals
4x1 mile Relay	17:23.42	Brendon Fish, Dave Cotton , Andrew Haff, Daniel Nestor	Daniel Hand, Madison	2010 New Balance Nationals
Long Jump	25-0.25	Josh Fournier	Bacon Academy, Colchester	2001 ECC Champs
Triple Jump	51-10.5	Rayford Sutton	Hillhouse, New Haven	1994/6/11 Golden West Invite
High Jump	7-00.25	Omari Braswell Shamont Hamer Safir Scott	Hartford Public Hillhouse, New Haven Greenwich	1994 CIAC Open 1994 CIAC Open 2017 New Balance Nationals 6/18
Pole Vault	16-03.50	Timothy Murphy	New Fairfield	2012 USATF-1 JO Champ
Shot Put	64-03	Andre Reid	South Windsor	2001 HPHS Invite
Discus Throw	189-2	Mel Taylor	Hartford Public	1969 Greater Hartford Meet
Javelin Throw (2002)	212-09	Stephen Simalchik	Danbury	2009 Nutmeg Games
Javelin Throw	237-4	Jack Hall	Pulaski, New Britain	1970 Golden West Invite
Hammer Throw	211-02	AJ Guerra	Woodstock Academy	2010 HPHS Invite
Decathlon (<1984)	7106	Mark Fournier	East Catholic, Manchester	1979 CIAC Decathlon
Decathlon (>1984)	7135	Brian Brophy	Manchester	1987/5/9-10 Eastern Championship, Emmitsburg MD

(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at MySportsResults.com RecordsBooks)