

# Connecticut Girls CIAC Open Indoor Track and Field Records

Last Updated: March 12, 2018

Event	Time/Dist	Performer	School	Year
55M Dash	:06.99	Cassidy Palmer	Bloomfield	2017
55M Hurdles	:08.11	Keshia Haughton	Hillhouse, New Haven	1999
300M Dash	:38.56	Precious Holmes	Hillhouse, New Haven	2012
500M Run	1:16.00	Monica Hargrove	Hillhouse, New Haven	2000
600M Run	1:31.23	Precious Holmes	Hillhouse, New Haven	2012
800M Run	2:19.76	Maxine Clark	Weaver, Hartford	1992
1000M Run	2:50.26	Danae Rivers	Wilbur Cross, New Haven	2016
1600M Run	4:52.29	Danae Rivers	Wilbur Cross, New Haven	2014
3200M Run	10:40.55	Hannah DeBalsi	Staples, Westport	2015
4x200m Relay	1:42.14	Maya. Walton, Teyanna Green, Nyoshee Lowry, Charisma Green	Danbury	2010
4x400m Relay	3:57.92	Johnesse Peterson, Jayvona McDaniel, Precious Holmes, Sydney Curtis	Hillhouse, New Haven	2012
4x800m Relay	9:21.45	Kaylen Hughes, Angela Braga, Grace Sparrow. Erin McGill	Glastonbury	2018
1600m Sprint Medley Relay	4:09.26	Chaslynn Saucier, Gabriella Curtis, Shea Connors, Danae Rivers	Wilbur Cross, New Haven	2014
Shot Put	46' 11.75"	Tynisha McMillan	Stamford	2006
High Jump	5' 7.25"	Janelle Johnson	Windham	1989
Long Jump	19' 9"	Tahari James	Branford	2004
Pole Vault	12' 0"	Jenna Calandro AmyErin Zadroga	Newtown Tolland	2014 2017

*(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at [MySportsResults.com](http://MySportsResults.com) RecordsBooks )*

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