

# Connecticut Girls CIAC LL Indoor Track and Field Records

Last Updated: February 15, 2018

Event	Time/Dist	Performer	School	Year
55M Dash	:07.12	Shellyann Lindo	Brien McMahon	2012
55M Hurdles	:08.35	Vickie Milledge	Simsbury	2016
300M Dash	:40.35	Aisha Gay	Hamden	2018
600M Dash	1:35.29	Annelies Gamble	Amity	2008
1000M Run	2:54.49	Brianna Lenehan	Norwich Free Acad	2013
1600M Run	4:55.36	Claire Howlett	Westhill	2014
3200M Run	10:19.26	Hannah DeBalsi	Staples	2014
4x200m Relay	1:44.57	Maya. Walton, Teyanna Green, Nyoshee Lowry, Charisma Green	Danbury	2010
4x400m Relay	4:02.43	Danielle Brinckman, Olivia Allen, Morocca Wiley, Erin McGill	Glastonbury	2017
4x800m Relay	9:23.67	Leah Rosenfeld, Elly Teitsworth, Heather Stephens, Emily Heaslip	Ridgefield	2006
1600m Sprint Medley Relay	4:17.55	Kristen Dragotta, Morgan Walker, McKenzie Hollenbaugh, Cara Dorris	Glastonbury	2011
Shot Put	45' 1"	Tynisha McMillan	Stamford	2006
High Jump	5' 6"	Elizabeth Lodge Allyson Lewis	Manchester Norwich Free Acad	2016 2018
Long Jump	18' 4.25"	Maya Walton	Danbury	2011
Pole Vault	11' 8"	Megan Biscoglio	Southington	2018

*Class LL Established 2004*

*(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at [MySportsResults.com](http://MySportsResults.com) RecordsBooks)*

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