

Connecticut Girls CIAC L Indoor Track and Field Records

Last Updated: February 23, 2017

Event	Time/Dist	Performer	School	Year
55M Dash	:07.10	Shantea Calhoun	Wilbur Cross, New Haven	2004
55M Hurdles	:08.31	Lauren Ventrella	Norwalk	2009
300M Dash	:39.98	Caroline O'Neil	Daniel Hand, Madison	2016
500M Run	1:17.56	Dominique Sanon	Bridgeport Central	2001
600M Run	1:36.65	Julia Rozier	Fitch, Groton	2004
800M Run	2:20.43	Jessica Mitchel	Stamford	1994
1000M Run	2:52.97	Danae Rivers	Wilbur Cross, New Haven	2016
1600M Run	4:55.52	Danae Rivers	Wilbur Cross, New Haven	2014
3200M Run	10:58.29	Kaleigh Roberts	Mercy. Middletown	2014
4x200m Relays	1:44.56	Jiana Baker, Erika Hightower, Annicka McDonald, Sashana Hinds	Windsor	2016
4x400m Relay	4:05.45	Claudia Schatz, Shea Connors, Gabriella Curtis, Leah Rivers	Wilbur Cross, New Haven	2014
4x800m Relay	9:38.43	Leah Rosenfeld, Elizabeth Navarro, Elly Teitsworth, Emily Heaslip	Ridgefield	2005
1600m Sprint Medley Relay	4:09.88	Chaslynn Saucier, Gabriella Curtis, Shea Conors, Danae Rivers	Wilbur Cross, New Haven	2014
Shot Put	39' 00"	Garynn Jackson	East Lyme	2005
High Jump	5' 5"	Janelle Johnson	Windham	1989
Long Jump	18' 8"	Kafi Davis	Norwich Free Academy	1997
Pole Vault	11' 08"	Madeleine Schneider	Darien	2015

(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at [MySportsResults.com RecordsBooks](http://MySportsResults.com/RecordsBooks))

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