

Connecticut Boys State Indoor Track and Field Records

Last Updated: March 20, 2017

Event	Time/Dist	Performer	School	Year	Meet
55M Dash	:06.23	Sheldon Simpson	East Hartford	2000	State Open
55M Hurdles	:07.26	Myles Bradley	Norwich Free Academy	2005	State Open
60M Dash	:06.81	Terrell Wilks	Hillhouse, New Haven	2007	NBNSIC 3/11
60M Hurdles	:7.88	Myles Bradley	Norwich Free Academy	2005	NIN 3/15
200M Dash	:21.05	Glen McFadden	Hillhouse	2001	NSIC
300M Dash	:33.66	Glen McFadden	Hillhouse	2000	
400M Dash	:46.80	Jerome Young	Prince Tech, Hartford	1995	
500M Run	1:03.20	Jerome Young	Prince Tech, Hartford	1995	
600M Run	1:18.72	Cas Loxsom	Wilbur Cross, New Haven	2009	New Englands
800M Run	1:51.94	Chris FitzSimons	Hamden	2010	NIN 3/14
1000M Run	2:25.55	Henry Wynne	Staples, Westport	2013	New Englands 3/2
1500M Run	3:57.13	Kevin King	Westhill, Stamford	1980	State Open
1600M Run	4:13.29	Willie Ahearn	Danbury	2008	State Open
1 Mile Run	4:08.15	Henry Wynne	Staples, Westport	2013	New Balance Indoor Nationals 3/10
3000M Run	8:30.86	Kevin King	Westhill, Stamford	1980	
3200M Run	9:07.63	Christian Alvarado	Fairfield Prep	2014	CIAC State Open 2/17
2 Mile Run	8:48.88	Alex Ostberg	Darien	2015	New Balance Indoor Nationals 3/15
5000M Run	14:42.41	Eric van der Els	Brien McMahon, Norwalk	2016	New Balance Indoor Nationals -3/11
4x200m Relay	1:28.57	Akiel Smith, Tyreise Swain Jr, Darius Wise, Brendon Stewartson	Hillhouse, New Haven	2015	Eastern States, 3/3
4x400m Relay	3:21.32	Antonio Harrison, Elonzo Young, Steven Rochester, and Leon Breece	Danbury	2004	NSIC 3/12
4x800m Relay	7:48.90	Clint Corso, Ethan Realander, Kristian Sogaard, Johnathan Keating	Ridgefield	2015	New Balance Indoor Nationals 3/14
4x220yds Relay	#1:31.7		Weaver, Hartford	1997	
1600m Sprint Medley Relay	3:29.40	Zach Mitchell, Max Hoberman, Jon Heil, Henry Wynne	Staples, Westport	2012	New Balance Indoor Nationals, 3/10
Distance Medley Relay (4k)	10:05.47	Armstrong Noonan (3:06.53), Carter Ashcraft (52.74), Arthur Kennedy (1:59.40), Alex Ostberg (4:06.80)	Darien	2015	New Balance Indoor Nationals 3/13
4x1-Mile Relay	17:28.47	Joey Bubniak, Justin Rau, Parker Boudreau, Willie Ahearn	Danbury	2008	NSIC 3/15
Shot Put	63' 3"	Melmoth Taylor	Hartford Public, Hartford	1969	
Long Jump	24' 2.25"	Myles Bradley	Norwich Free Academy	2005	State Open
Triple Jump	49' 3.50"	Omari Braswell	Hartford Public, Hartford	1995	NSIC 3/11-12
High Jump	7' 0"	David Kris	Trumbull	1992	
Pole Vault	15' 10.00"	Chris Rough Joseph Fogarasi	Westhill, Stamford Windham	2015	New Balance Indoor Nationals 3/14
25# Weight Throw	69'7.25"	Robert Guider	Danbury	2009	NE Wt Champs
Pentathlon	3939 pts	Brian Brophy	Manchester	1987	NSIC 3/15 1st
Notes: # = Hand Times					

(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at MySportsResults.com RecordsBooks)