

Connecticut Boys State Indoor Track and Field Records

Last Updated: March 12, 2018

Event	Time/Dist	Performer	School	Year	Meet
55M Dash	:06.23	Sheldon Simpson	East Hartford	2000	State Open
55M Hurdles	:07.26	Myles Bradley	Norwich Free Academy	2005	State Open
60M Dash	:06.81	Terrell Wilks	Hillhouse, New Haven	2007	NBNSIC 3/11
60M Hurdles	:7.88	Myles Bradley	Norwich Free Academy	2005	NIN 3/15
200M Dash	:21.05	Glen McFadden	Hillhouse	2001	NSIC
300M Dash	:33.66	Glen McFadden	Hillhouse	2000	
400M Dash	:46.80	Jerome Young	Prince Tech, Hartford	1995	
500M Run	1:03.20	Jerome Young	Prince Tech, Hartford	1995	
600M Run	1:18.72	Cas Loxsom	Wilbur Cross, New Haven	2009	New Englands
800M Run	1:51.94	Chris FitzSimons	Hamden	2010	NIN 3/14
1000M Run	2:25.55	Henry Wynne	Staples, Westport	2013	New Englands 3/2
1500M Run	3:57.13	Kevin King	Westhill, Stamford	1980	State Open
1600M Run	4:13.29	Willie Ahearn	Danbury	2008	State Open
1 Mile Run	4:08.15	Henry Wynne	Staples, Westport	2013	New Balance Nationals Indoor 3/10
3000M Run	8:28.80	Eric van der Els	Brien McMahon, Norwalk	2016	34th Yale Interscholastic Track Classic 1/16
3200M Run	9:07.63	Christian Alvarado	Fairfield Prep	2014	CIAC State Open 2/17
2 Mile Run	8:48.88	Alex Ostberg	Darien	2015	New Balance Nationals Indoor 3/15
5000M Run	14:42.41	Eric van der Els	Brien McMahon, Norwalk	2016	New Balance Nationals Indoor -3/11
4x200m Relay	1:28.57	Akiel Smith, Tyreise Swain Jr, Darius Wise, Brendon Stewartson	Hillhouse, New Haven	2015	Eastern States, 3/3
4x400m Relay	3:21.32	Antonio Harrison, Elonzo Young, Steven Rochester, and Leon Breece	Danbury	2004	NSIC 3/12
4x800m Relay	7:48.90	Clint Corso, Ethan Realander, Kristian Sogaard, Johnathan Keating	Ridgefield	2015	New Balance Nationals Indoor 3/14
4x220yds Relay	#1:31.7		Weaver, Hartford	1997	
1600m Sprint Medley Relay	3:28.36	Malachi Lorick, Glenroy Ford, Sean-Michael Parkinson, Malcolm Going	Danbury	2018	New Balance Nationals Indoor, 3/10
Distance Medley Relay (4k)	10:05.47	Armstrong Noonan (3:06.53), Carter Ashcraft (52.74), Arthur Kennedy (1:59.40), Alex Ostberg (4:06.80)	Darien	2015	New Balance Nationals Indoor 3/13
4x1-Mile Relay	17:28.47	Joey Bubniak, Justin Rau, Parker Boudreau, Willie Ahearn	Danbury	2008	NSIC 3/15
Shot Put	63' 3"	Melmoth Taylor	Hartford Public, Hartford	1969	
Long Jump	24' 5.50"	Dyshon Vaughn	Career Magnet New Haven	2018	New Balance Nationals Indoor 3/10
Triple Jump	49' 3.50"	Omari Braswell	Hartford Public, Hartford	1995	NSIC 3/11-12
High Jump	7' 0"	David Kris	Trumbull	1992	
Pole Vault	15' 10.00"	Chris Rough Joseph Fogarasi	Westhill, Stamford Windham	2015	New Balance Nationals Indoor 3/14
25# Weight Throw	69'7.25"	Robert Guider	Danbury	2009	NE Wt Champs
Pentathlon	3939 pts	Brian Brophy	Manchester	1987	NSIC 3/15 1st
Notes: # = Hand Times					

(Performances in a meet with 5 or more schools, run in accordance with CIAC and National Federation Rules or in post-season competition. Complete Procedures and policies available at MySportsResults.com RecordsBooks)